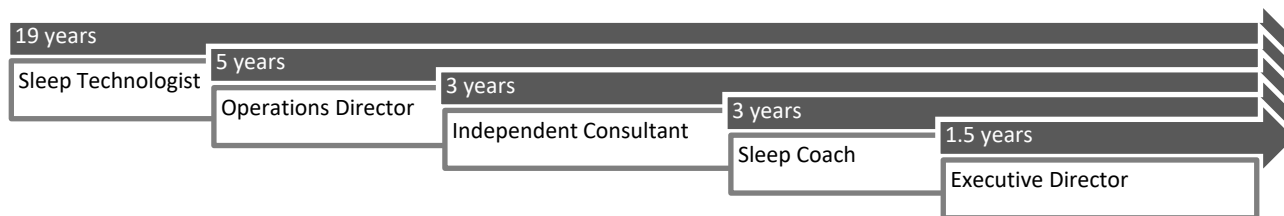

CAREER TIMELINE



WORK EXPERIENCE

ProSleep Solutions

Executive Director

- Oversee day-to-day business operations
- Develop and direct organizational strategy
- Draft organizational policies and philosophies

New York, NY

Jan 2022 – Present

OneSleep

Owner

- Provide consulting solutions for:
 - Business/Product Development
 - Project/Change Management
 - Process Improvement
 - System Implementation

New York, NY

Jun 2021– Present

Sleep Better NYC

Sleep Coach, Operations Lead

- Direct-to-consumer sleep coaching
- Develop educational content and operational workflows
- Participate in live and recorded promotional content

New York, NY

Sep 2020 – Present

Mount Sinai Health System

Director of Operations, Sleep Program

- Provided oversight of sleep program operations at multiple sites
- Developed and implemented ongoing performance/process improvement programming
- Leveraged knowledge of insurance policies, regulatory guidelines, and reimbursement pathways to increase revenue generation over 5-fold over 4 years:
 - \$1.6 million growth to \$8.8 million
- Designed and maintained a post-COVID remote respiratory patient monitoring program
- Initiated and coordinated administrative and technical aspects of the program development, including new clinical and initiatives, new organizational structures, and improvements to patient access

New York, NY

Jan 2017 – Oct 2022

Multiple Nationally Recognized Academic Sleep Programs

Polysomnographic Technologist (supervisor, scoring, pediatrics)

- Weill Cornell Pediatric Sleep Lab - Sep 2015-Jan 2017
- Columbia University Medical Center Cardiopulmonary Sleep Lab - Nov 2018-Jan 2017
- NYU Winthrop University Hospital Sleep Center - May 2011-Sep 2015

New York, NY

May 2011 – Jan 2017

TRAINING & VOLUNTEERING

American Academy of Sleep Medicine (AASM)

Jul 2022 - Present

Chair - Sleep Tech / Respiratory Therapist Assembly

- Develop and recommend educational resources in support of priorities for the assembly members
- Serve as subject matter experts by reviewing the Choose Sleep section of the AASM website, as needed

Board of Registered Polysomnographic Technologists (BRPT)

Dec 2016 - Jun 2018

Subject Matter Expert - Exam Development Committee

- Developed and selected test questions, reviewing statistical data from previous exams to evaluate item discrimination
- Assigned appropriate domains and clinical references to exam items and modified as needed
- Reviewed analyses of candidate responses to active and "pretest" questions

SHARP Internship at Mount Sinai Health System

Sep 2018 - Dec 2018

Bridging the Gap: Connecting Strategy with Execution

- Designed ambulatory sleep testing center, which has been assimilated into standard clinical practice as part of the system-wide sleep program

LICENSES & CERTIFICATIONS

Board of Registered Polysomnographic Technologists

- **Registered Polysomnographic Technologist** (RPSGT #10338) Jun 2007 – Present
- **Certification in Clinical Sleep Health** (CCSH #420) Sep 2016 – Present
- **Clinical Sleep Educator Certificate** Feb 2016

New York State Office of the Professions

- **Authorized Polysomnographic Technologist** (License #000631) Feb 2016 – Present

PUBLICATIONS & APPEARANCES

- Contributing Author: **OAT for Sleep Technologists "Patient Journey" module.** AASM, 2023
- Co-Speaker: **The Scope of the CCSH Practice.** SBSM Annual Conference, 2022
- Co-Speaker: **Sleep Coaching in the Clinical Setting.** *SomSummit (SomnoMed)*. 2022; Scottsdale
- Co-Author: **The Sleep Coach.** *Sleep Lab Magazine*, 2022
- Author: **The Kids Are Alright.** *Sleep Lab Magazine*, 2022
- Speaker: **Remote Patient Monitoring: What, Why and How.** *Philadelphia Sleep Conference*. 2022; Philadelphia
- Contributing Author: **CCSH A-STEP "Non-PAP OSA Therapies" module.** AASM, 2021
- Speaker: **Sleep Medicine: Past, Present, Future.** *SomSummit (SomnoMed)*. 2021; Scottsdale
- First Author: **Copeland, D., Eisenberg, E., Edwards, C., Shah, N. A., & Powell, C. A. (2021).** [Post COVID-19 Remote Patient Monitoring Following Discharge from NYC Hospital.](#) *American Journal of Respiratory and Critical Care Medicine* (Online Abstracts Issue).
- Speaker: **Money Talks: The Economics of Sleep.** AASM Practice Management Conference. 2021. Virtual
- First Author: **Copeland et al. (2020)** [Repurposing bi-level ventilators for use with intubated patients while minimizing risk to health care works during insufficient supply of conventional ventilation for patients with COVID-19.](#) Protocol published online for maximum utilization during initial COVID-19 surge
- Speaker: **Sleep Hygiene: What Can *I* Do to Improve My Sleep.** *Woman To Woman Conference*. 2018; New York
- Speaker: **Taking the Fear Out of Sleep Testing.** *LinkedIn NY Sleep Fair*. 2017; New York

TECHNICAL SKILLS

Microsoft Office power user (Word, Excel, PowerPoint), Microsoft O365 power user (SharePoint, Teams, Power Platform), Adobe Acrobat, EPIC, experience with HL7/API integrations, SQL database management, various business intelligence, task management, graphic design & video editing platforms