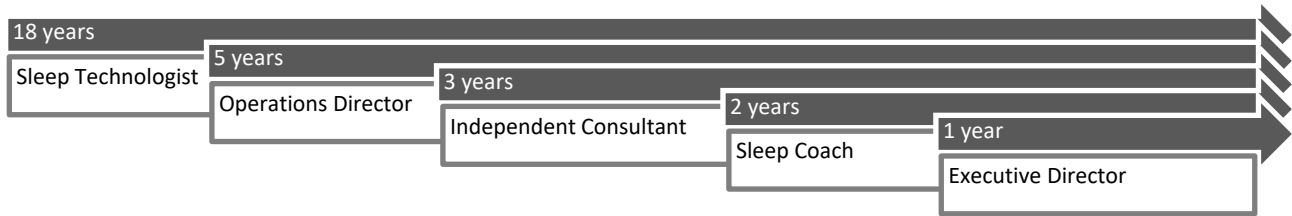

CAREER TIMELINE



WORK EXPERIENCE

ProSleep Solutions

Executive Director

- Oversee day-to-day business operations
- Develop and direct organizational strategy
- Draft organizational policies and philosophies

New York, NY

Jan 2022 – Present

OneSleep

Owner

- Provide consulting solutions for:
 - Business/Product Development
 - Project/Change Management
 - Process Improvement
 - System Implementation

New York, NY

Jun 2021– Present

Sleep Better NYC

Sleep Coach, Operations Lead

- Direct-to-consumer sleep coaching
- Develop educational content and operational workflows
- Participate in live and recorded promotional content

New York, NY

Sep 2020 – Present

Mount Sinai Health System

Director of Operations, Sleep Program

- Provided oversight of sleep program operations at multiple sites
- Developed and implemented ongoing performance/process improvement programming
- Leveraged knowledge of insurance policies, regulatory guidelines, and reimbursement pathways to increase revenue generation over 5-fold over 4 years:
 - \$1.6 million growth to \$8.8 million
- Designed and maintained a post-COVID remote respiratory patient monitoring program
- Initiated and coordinated administrative and technical aspects of the program development, including new clinical and initiatives, new organizational structures, and improvements to patient access

New York, NY

Jan 2017 – Oct 2022

Multiple Nationally Recognized Academic Sleep Programs

Polysomnographic Technologist (supervisor, scoring, pediatrics)

- Weill Cornell Pediatric Sleep Lab - Sep 2015-Jan 2017
- Columbia University Medical Center Cardiopulmonary Sleep Lab - Nov 2018-Jan 2017
- NYU Winthrop University Hospital Sleep Center - May 2011-Sep 2015

New York, NY

May 2011 – Jan 2017

TRAINING & VOLUNTEERING

American Academy of Sleep Medicine (AASM)

Jul 2022 - Present

Chair - Sleep Tech / Respiratory Therapist Assembly

- Designed ambulatory sleep testing center, which has been assimilated into standard clinical practice as part of the system-wide sleep program

Board of Registered Polysomnographic Technologists (BRPT)

Dec 2016 - Jun 2018

Subject Matter Expert - Exam Development Committee

- Developed and selected test questions, reviewing statistical data from previous exams to evaluate item discrimination and maintain validity.
- Assigned appropriate domains and clinical references to exam items and modify as needed.
- Reviewed analyses of candidate responses to active and "pretest" questions

SHARP Internship at Mount Sinai Health System

Sep 2018 - Dec 2018

Bridging the Gap: Connecting Strategy with Execution

- Designed ambulatory sleep testing center, which has been assimilated into standard clinical practice as part of the system-wide sleep program

LICENSES & CERTIFICATIONS

Board of Registered Polysomnographic Technologists

- **Registered Polysomnographic Technologist** (RPSGT #10338) Jun 2007 – Present
- **Certification in Clinical Sleep Health** (CCSH #420) Sep 2016 – Present
- **Clinical Sleep Educator Certificate** Feb 2016

New York State Office of the Professions

- **Authorized Polysomnographic Technologist** (License #000631) Feb 2016 – Present

PUBLICATIONS & APPEARANCES

- Author: **The Sleep Coach**. *Sleep Lab Magazine*, 2022
- Author: **The Kids Are Alright**. *Sleep Lab Magazine*, 2022
- Speaker: **Remote Patient Monitoring: What, Why and How**. *Philadelphia Sleep Conference*. 2022; Philadelphia
- Speaker: **Sleep Medicine: Past, Present, Future**. *SomSummit (SomnoMed)*. 2021; Scottsdale
- First Author: **Copeland, D., Eisenberg, E., Edwards, C., Shah, N. A., & Powell, C. A.** (2021). [Post COVID-19 Remote Patient Monitoring Following Discharge from NYC Hospital](#). *American Journal of Respiratory and Critical Care Medicine* (Online Abstracts Issue).
- Speaker: [Money Talks: The Economics of Sleep](#). *AASM Practice Management Conference*. 2021. Virtual
- First Author: **Copeland et al.** (2020) [Repurposing bi-level ventilators for use with intubated patients while minimizing risk to health care workers during insufficient supply of conventional ventilation for patients with COVID-19](#). Protocol published online for maximum utilization during initial COVID-19 surge
- Speaker: **Sleep In Peace**. *Mount Sinai Human Resources Town Hall*. 2019; New York
- Speaker: **Sleep Hygiene: What Can *I* Do To Improve My Sleep**. *Woman To Woman Conference*. 2018; New York
- Speaker: **Taking the Fear Out of Sleep Testing**. *LinkedIn NY Sleep Fair*. 2017; New York

TECHNICAL SKILLS

Microsoft Office power user (Word, Excel, PowerPoint), Microsoft O365 power user (SharePoint, Teams, Power Platform), Adobe Acrobat, EPIC, experience with HL7 integrations, SQL database management, HTML coding