



Get ready for ***THE BIG ONE!***

# Preparedness, Health, and Safety

**MARCH 13 - 14, 2020**

**FRIDAY 2:00 PM TO 8:00 PM, SATURDAY 9:00 AM TO 6:00 PM**  
**MOUNTAIN AMERICA EXPO CENTER, 9575 SOUTH STATE STREET, SANDY, UTAH**

**Keynote Speaker:**  
**Richard A. Heaps,**  
**Ph.D., ABPP**

**"Understanding and Coping  
with Painful, Traumatic, or  
Hurtful Events"**

- 9/11 and Hurricane Katrina disaster responder
- Survivor counselor for many natural disasters in a dozen states
- Managed 2002 Winter Olympics mental health responders
- Clinical psychologist
- Disaster volunteer with the Red Cross and the Utah Critical Incident Stress Management Team
- Emeritus professor at BYU's Counseling and Psychological Services



**Only \$5 per day!**  
**12 and under FREE!**

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**\$4.00 Online Special until Feb 1!**

## Workshops include:

- Communication
  - S.A.F.E. Neighborhoods
  - Water Storage
  - Food Storage
  - Sanitation
  - Active Shooter
  - Cooking without Power
  - Small Space Preparedness
  - Suicide Prevention
  - Flood and Earthquake Preparedness
  - Stop the Bleed
  - Vaping Dangers
  - Human Trafficking
  - Home Security
  - Internet Safety
  - Bullying
  - Mental Health
  - You Are the Help Until Help Arrives
  - Disaster Discovery Center with hands-on activities for everyone
- ...and MUCH more!

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