

Benefits of Playing Dice Games

1. Fun.
2. Stress relief; provides brain with different challenges and takes mind off everyday stresses.
3. Social opportunities to connect with others and bond in a relaxed environment.
4. Multiple opportunities to practice:
 - a. Good sportsmanship.
 - b. Communication skills.
 - c. Low-risk decision making.
5. Mind stimulation.
6. Exposure to the wonders of probability.
7. Math calculation skills practice.
8. Visual perception.
9. Manual dexterity.
10. Lots of variety in games that can be played
 - a. Some require some strategy.
 - b. Others are purely chance, which evens the playing field.
11. Easy to learn; all ages can play together.
 - a. Preschoolers can learn number quantity and number recognition skills.
 - b. Children learn patience and taking turns.
12. Inexpensive; requires few supplies and little storage space.

