



Maralin Hoff, *Be Ready Utah* Community Outreach Specialist

With additional ideas from the live webinar on November 18, 2021, hosted by the Disaster Discovery Center

Start a new holiday tradition by giving the **gift of safety and peace of mind** for you and your loved ones. Give family, friends, neighbors, and even pets something to add to their car, office, home, or pet disaster supply kit. Find more disaster supply kit ideas at <http://ow.ly/Sv4730rRdKL>.

Tips for affordable, simple, and practical gift-giving:

- Keep a list of what you give each year, so you don't duplicate it. You could use the white space on this sheet.
- Buy in bulk and split into giftbags.
- Watch for sales, and check dollar/bargain stores, camping sections, warehouse stores, and home improvement stores for items.
- Use an information sheet from the Be Ready Utah website (<https://beready.utah.gov/family-preparedness/>) as your theme for the year and give some of the items described on the sheet.

Stocking stuffers:

- 1. Flashlight or headlamp with a set of extra batteries
- 2. Whistle on lanyard (Take to any outdoor activity. Teach kids to use for stranger danger.)
- 3. Small pad and pen
- 4. Hand sanitizer
- 5. Hand/foot warmers (Buy in bulk and split up.)
- 6. Toothpaste/toothbrush and trial-size toiletries
- 8. Tissues
- 9. Gloves
- 10. Small first aid kit
- 11. Multitool
- 12. Socks

Pets (List at https://extension.usu.edu/preparedness/files/uploads/Animal_and_Pet_Preparedness.pdf):

- 1. Toys and treats
- 2. Washcloth
- 3. Leash/collar
- 4. Pet first aid book and kit

Vehicle:

- 1. Flares
- 2. Folding camp shovel
- 3. Umbrella
- 4. Flashlight with point for breaking windows
- 5. Battery jump starter
- 6. Handwarmers
- 7. First aid kit with bandages and ointments (Put in zipper lunchbox with mylar lining or small cooler to protect from summer heat.)

Home:

- 1. Good radio with a weather band, antenna, and extra batteries
- 2. Sleeping bags
- 3. Water purification tablets
- 4. 5-gallon water jug (with instructions to fill on the outside or use the Water Storage and Treatment <http://ow.ly/LxK930rXt2B>—Fill with treated tap water. Use an RV hose if you don't want to move 42.7 pounds. Leave a couple inches of head space if it's stored in a location that could freeze.)
- 5. 5- or 6-gallon bucket filled with items for evacuating (Put backpacks containing food in bucket with a gamma seal to prevent bugs, mice, or dirt getting in. Use 2-gallon bucket for children.):
 - List of contents and expiration dates
 - Water pouches
 - Canned tuna/chicken
 - Peanut butter
 - Oatmeal
 - Freeze-dried food
 - Important documents (<http://ow.ly/Bngm30rU3iQ>)
- 6. Lighting for power outages (Economical to buy in bulk and split into giftbags.)
 - Lanterns
 - Flashlights
 - Plug-in power outage lights
- 7. Plastic container or zip-top storage bag with cards or dice and game instructions. (Give 5 dice per family member with the game instructions from www.disasterdiscoverycenter.org. "Shelter Games with 5 Dice" is a single page document that can be printed, folded in half, and laminated. Dice take up little room and add little weight to a disaster supply kit, but can provide hours of fun and relaxation.)
- 8. Fire extinguisher with instructions on how to use (fits nicely in wine bottle gift bags)
- 9. 5- or 6-gallon bucket with toilet seat and filled with sanitation items:
 - Night light (Velcro on inside of lid)
 - Hand wipes
 - Disinfectant wipes
 - Heavy-duty, 8-gallon trash bags
 - Kitty litter (Put in 2-liter soft drink bottle.)
 - Toilet paper
 - Pop-up privacy shelter
 - Hygiene and Sanitation sheet (<http://ow.ly/yIQo30rZ38J>)
 - 2-gallon bucket for Kiddie Potty with kitty litter in small soda bottle
- 10. Carbon monoxide detectors
- 11. Smoke alarms
- 12. Things to secure possessions
 - Furniture straps (Include the Home Hazard Hunt <http://ow.ly/5nva30rRduV>)
 - TV wall mount kit (May include your offer to help install it.)
 - Water heater safety straps kit (Home improvement stores)
 - Roll of rubber-grip shelf liner to keep lamps and knickknacks from sliding (also available in round cutouts)
 - Bungee cords to keep things on shelves
 - Locking hooks for pictures
 - Earthquake putty or museum wax to secure objects
- 13. Fishing tackle box filled with first aid supplies
- 14. Home Emergency Status kit with green, yellow, red, and black sheets (Include instructions <http://ow.ly/K71F30s14qR>.)