



Readiness Resources

1. **U.S. Department of Homeland Security (DHS)**, Washington, D.C.: www.ready.gov
 - a. *Are You Ready? An In-depth Guide to Citizen Preparedness* (204 pages): Download online at www.ready.gov/are-you-ready-guide or call FEMA Distribution Center at 1-800-480-2520 to order.
 - b. Disaster-specific information: www.ready.gov/natural-disasters
2. **Federal Emergency Management Agency (FEMA)**, Jessup, MD: www.fema.gov
3. **American Red Cross**, Washington D.C.: www.redcross.org
 - a. Disaster safety checklists, info, kits, First Aid & CPR classes: www.redcross.org/prepare/disaster
 - b. *Repairing Your Flooded Home* (57 pages): www.redcross.org/images/MEDIA_CustomProductCatalog/m4540081_repairingFloodedHome.pdf
 - c. Emergency Fast Facts: www.readyrating.org/HowItWorks/ReasonstoPrepare.aspx
 - d. **Register** to let family/friends know you are okay **following a disaster**: 1-800-733-2767 or www.redcross.org/find-help/contact-family/register-safe-listing
4. **National Oceanic and Atmospheric Administration (NOAA)**, Washington D.C.: www.noaa.gov
 - a. Weather advisories, warnings, and watches: <http://iwin.nws.noaa.gov/iwin/nationalwarnings.html>
 - b. Publications, brochures, booklets: www.nws.noaa.gov/om/brochures.shtml
 - c. "Thunderstorms, Tornadoes, Lightning ... Nature's Most Violent Storms" (18 pages): www.nws.noaa.gov/om/severeweather/resources/ttl6-10.pdf
 - d. Lightning: www.lightningsafety.noaa.gov
5. **National Weather Service (NWS)**, Silver Spring, MD—Alerts, forecasts: www.weather.gov
 - Weather-related hazards and mitigation: www.weather.gov/safety
6. **Be Ready Utah Campaign**, Salt Lake City, UT—Literature specific to Utah: www.beready.utah.gov
7. **National Flood Insurance Program (NFIP)** Referral Center (branch of FEMA)—Flood risk by location, locate agents that offer flood insurance: 1-888-FLOOD29 or 1-888-356-6329 or www.floodsmart.gov
8. **Insurance Institute for Business & Home Safety**, Tampa, FL—Potential disasters by zip code, risks, mitigation steps for various disasters (bracing water heaters): www.ibhs.org
9. **U.S. Geological Survey (USGS)**, Denver, CO—Streamflow conditions, landslide monitoring, latest earthquakes, volcano alerts, disease info: www.usgs.gov or 1-888-275-8747
10. **Centers for Disease Control and Prevention (CDC)**, Atlanta, GA: www.cdc.gov or 1-800-311-3435
 - a. *Extreme Cold* guide: www.bt.cdc.gov/disasters/winter/pdf/extreme-cold-guide.pdf
 - b. **National Institute for Occupational Safety and Health (NIOSH)**—*Guidance for Filtration and Air-Cleaning Systems to Protect Building Environments from Airborne Chemical, Biological, or Radiological Attacks*: www.cdc.gov/niosh/docs/2003-136/pdfs/2003-136.pdf or 1-800-35NIOSH
11. **National Capital Poison Control**, Washington D.C.—Household chemicals and dangerous plants: www.poison.org or 1-800-222-1222
12. **Disaster Resistant Communities Group**, Tallahassee, FL—Just in Time **Disaster Training videos** (short, how-to videos on a wide variety of topics organized into 4 categories: mitigation, preparedness, response, and recovery): www.drc-group.com/project/jitt.html
13. **National VOAD** (Voluntary Organizations Active in Disaster), Alexandria, VA: www.nvoad.org
14. **National Mass Care Strategy**: www.masscarestrategy.org

15. Free **Household and Personal Property Inventory Book** from the University of Illinois, Champaign, IL: www.aces.uiuc.edu/vista/pdf_pubs/houseinv.pdf
16. "Putting Down Roots in EQ Country" (36 pages): http://ussc.utah.gov/publications/roots_earthquake.pdf
17. **Questar Gas**, Salt Lake City, UT: www.questergas.com or 1-800-323-5517
- 24-hour emergency number for leaks, odors, or line breaks: 1-800-767-1689
 - Emergency and safety info: www.questargas.com/AboutNaturalGas/SafetyInfo/emergencies.php
 - "Earthquake preparedness and natural gas" leaflet: www.drc-group.com/project/jitt.html
18. **Rocky Mountain Power**: www.rockymountainpower.net or 1-888-221-7070
- Report outages: www.rockymountainpower.net/outage or 1-877-508-5088
19. Sandy City **Preparedness booklet** (27-page PDF): <http://sandy.utah.gov/government/emergency-management/personal-disaster-preparedness-planner.html>
20. "**Triangle of Life**" email—Send this link to sender and ask them to forward it to everyone they sent the original email: www.earthquakecountry.info/dropcoverholdon/
21. **United Way 2-1-1**—Information about health and human services, including referral services: www.211ut.org or www.uw.org
- Child care/youth resources
 - Health/dental care
 - Behavioral/substance abuse
 - Legal aid/tax assistance
 - Government services
 - Emergency food pantries
 - Utility assistance
 - One-time and ongoing volunteer opportunities for individuals, families, corporations, and groups
 - Utah Special Needs Registry** (SNR)—Individuals who require special assistance in an emergency can register with the state at www.specialneedsutah.org or by calling 2-1-1
- In the event of an emergency, call **2-1-1** for:

 - Shelter information
 - Evacuation routes
 - Points of distribution (PODs)
 - Disaster relief information
22. **9-1-1**—Call for any emergency situation requiring **immediate help** from police, fire, or ambulance: www.911.gov/whencall.html
- Fire
 - Crime in progress
 - Car crash, especially if someone is injured
 - Downed power line
 - Medical emergency
 - 1) Not breathing or gasping for air
 - 2) Allergic reaction
 - 3) Chest pain
 - 4) Uncontrolled bleeding
- Be prepared to give the call taker the:

 - Location of the emergency (street address)
 - Phone number you are calling from (in case you get disconnected)
 - Nature of the emergency
 - Physical description of the situation

If dialed by mistake, explain what happened to the call taker. Do NOT hang up.
23. Call **8-1-1** Before You Dig—Free service, call 48 hours prior to any digging to have buried lines marked
24. **Local governments**—Check to see if your city offers classes or holds Citizen Corps Council meetings.
- Sandy Citizen Corps Council** meets on the 2nd Thursday at 7:00 p.m. in the multipurpose room at Sandy City Hall. All residents are welcome to attend.
25. **Sandy City Classes**—Station 31 (9010 S. 150 E.), all classes are from 7–9:30 p.m., call 801-568-2944 to register: www.sandy.utah.gov/government/fire-department/cprfirst-aidcert-classes/class-information.html
- First Aid/CPR/AED**—2nd or 3rd Wednesdays of each month, \$25 class fee (free for CERT grads)
 - Basic Life Support for the Healthcare Professional**—1st Wednesday each month, \$25 fee
 - CERT** (Community Emergency Response Team)—7-week series, Tuesday evenings, free for Sandy residents, \$25 non-Sandy residents for the series