

Lighthouse Soccer Club

Dear Parent/ Coach: Thank you for volunteering to do this very important job this summer. It will be fun and enjoyable for all.

Barker Central School and its playing fields are a smoke-free zone. For the health and safety of our children, and in respect for our sponsors, please refrain from all smoking while in attendance at practices and games.

GENERAL INFORMATION SHEET

1. The season starts Tuesday, June 29 and ends July 29. We meet every Tuesday and Thursday evening.
2. Shin guards MUST be worn at all times on the playing field. Ordinary sneakers are fine.
3. All games will be played at the Barker Central School athletic fields.
4. Each night will run from approximately 6:30 – 8:30 and will include a one-hour game and a one-hour practice. (Mini games will be approximately 45 minutes long with a 45-minute practice.)
5. Bring a water bottle each night.
6. There WILL be soccer, unless you are told otherwise by the League. (Cancellations are posted on our website at www.lighthousesoccer.com. If you have no Internet access, please let your coaches know and other arrangements will be made.) As a general guide, we will play unless there is lightning.
7. Ask the players to arrive at least 15 minutes early (the first night only). The coaches and assistants should be at the field no later than 6:00PM the first night. Tell your team to meet you at the designated area as assigned for the first night.

Parents will receive notification of said area approximately on week prior to the start of the season.

Our NEW Squirts Class will be dependent on sign-ups.

If you have any questions, please contact us accordingly.

Amanda Austin (716) 930-3565 (text messages are welcome!)

Thank you for volunteering your time. We could not do this without you.
Have fun and enjoy the soccer season!

GENERAL INFORMATION

Remember, you are **responsible** for your players during the two hours you have them.

At the end of your game/practice, make sure your kids are with an adult. Do not leave the field unless all the kids are with a parent or guardian.

After your game/practice, police your area for any leftover articles or garbage. We will have a Lost and Found in the Snack Shack.

Use the activity guides and the FIFA rulebook to help guide your team.

If you need to leave your team in another person's charge, make sure they have a roster, practice schedule and list of any special medical conditions.

Bathrooms are provided in the field house. Minis should be accompanied by a parent.

Games will start **as close to** their specified time as possible. If you are playing a 6:30 game and it is not over by 7:30, please adjust playing time so that the next game can start within reason.

Minis and Intermediates will be allowed 1-2 coaches from each team on the field during the game.

Minis, Intermediates, Juniors, and J-teens will be playing four quarters. Please substitute at the end of each quarter. Try to give everyone equal playing time. Each player must play at least half a game.

Mini games are 6 players, including goalie

Intermediate games are 7 players, including goalie

Junior games are 9 players, including goalie (these numbers may be adjusted based on team size.)

J-teen games are 11 players, including goalie (these numbers may be adjusted based on team size.)

This program is meant to be noncompetitive and recreational. There will be no standings, trophies, or overtime. The learning should vastly outweigh the competition. Please encourage good sportsmanship.

Also, because this is recreational level soccer and because the teams are coed, **slide tackling**, although done at the professional and competitive levels of soccer, will **NOT** be permitted. Contact should also be strongly discouraged.

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Additional rules specific to particular age divisions:

MINIS:

1. *Goalkeepers, only, will be permitted to pick up the ball inside their penalty area.*
2. *No permanent goalkeepers.*
3. *All free kicks are indirect.*
4. *Attacking players are not permitted inside the arc at any time during play.*
5. *Offside is not in effect.*
6. *Improper throw-ins will be retaken. Instructions should be given.*
7. *Two coaches from each team will be permitted on the field of play.*
8. *Backpass rule is suspended.*

INTERMEDIATES:

1. *Goalkeepers, only, will be permitted to pick up the ball inside their penalty area.*
2. *No permanent goalkeepers.*
3. *1-2 coaches from each team will be permitted on the field of play.*
4. *Offside should be flexible.*
5. *Improper throw-ins will be retaken. Instructions should be given.*
6. *Backpass rule is suspended.*
7. *No penalty kicks.*

JUNIORS:

1. *No permanent goalkeepers.*
2. *One coach from each team will be permitted on field of play to act as referees.*
3. *Improper throw-ins will be retaken.*

All other FIFA rules will be applied at the J - teen level.

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Summary of Major Rules

<u>Length of Games:</u>	Minis	6-a-side	8 min. Quarters
	Intermediates	7-a-side	11 min. Quarters
	Juniors	9-a-side	13 min. Quarters
	J-teens	11-a-side	15 min. Quarters

Substitutions: Player rotations occur at the end of each quarter. No player should sit consecutive quarters. Every player must play at least half a game.

Uniforms: All field players on the same team must wear the same colored jerseys.]
Goalies' jerseys must be different in color from all field players, except on the mini teams.

Player Equipment:

1. Shin guards are **mandatory** for all age divisions.
2. No jewelry of any kind.
3. Hard casts are prohibited.

FOULS - A direct kick (or penalty kick) shall be awarded for intentional:

1. Hand ball
2. Tripping
3. Kicking or attempting to kick another player
4. Striking or attempting to strike another player
5. Charging in a violent or dangerous manner
6. Spitting
7. Jumping at a player
8. Holding
9. Pushing
10. Charging from behind
11. Slide tackling

FOULS - an indirect kick shall be awarded for all other infractions including:

1. Dangerous play
2. Intentional obstruction
3. Charging the goalkeeper when in possession of the ball received
4. Off side
5. Goalkeeper taking more than 4 steps when in possession of the ball
6. Goalkeeper picking up ball from teammate

CAUTION - (Yellow cards). A player shall be cautioned if:

1. He/She enters the field of play without referee's permission.
2. He/She persistently infringes the laws of the game.
3. He/She shows by word or action dissent from referee's decision.
4. He/She is guilty of unsportsmanlike conduct.

An indirect free kick would be awarded after a caution is issued.

EJECTION - (Red Cards). A player shall be sent off the field if:

1. He/She is guilty of violent conduct.
2. He/She is guilty of serious foul play.
3. He/she uses foul or abusive language.
4. He/she persists in misconduct after receiving a caution.