



NIHILANI HALE OHANA

LOCAL THINGS

to do & see

PLACES TO SEE



THE KALALAU TRAIL

Ha'ena State Park

One of the most adventurous hiking trails in the world. The first 2 miles of the trail to Hanakapi'ai Beach is a popular day hike. Day-use reservations are required to access the trail, visit www.gohaena.com

The trail begins at Ke'e beach, this is a beautiful beach with a lifeguard posted.



KILAUEA LIGHTHOUSE

At 3500 Kilauea Road, Kilauea, HI 96754

The lighthouse is 52 feet situated 180 feet above the Pacific Ocean. The lighthouse was commissioned in 1913.

Hours:

Wed-Sat 10:00am-4:00pm

Fees:

Adult \$10.00

Child Under 16 are free

Reservations
required

Book at
recreation.gov



HANAIEI PIER

Weke Road, Hanalei

One of the most beautiful spots on the island. The beach provides a relaxing spot in the bay to spend the day. The Hanalei Pier is highly photographed. In the summer, the water is calm and warm. Parking is limited, be sure to follow parking signs.



ANAINA HOU COMMUNITY PARK

5-2723 Kuhio Highway, Kilauea, HI 96754

Anaina Hou community park offers a large playground, mini golf, and weekly farmers markets.

Mini golf hours: Wed - Sun 10am-4pm, reservations recommended www.anainahou.org

Farmers Market is on Saturdays 9am -12 pm

Playground is open daily 9am - 5pm

NORTH SHORE

PLACES TO EAT



TAHITI NUI - Lunch / Dinner

A5-5134 Kuhio Hwy, Hanalei, HI

They opened in 1963 and is family run. They have the best Mai Tai's in the world. Tahiti Nui is the place to for delicious food with a fun, casual vibe. They have live music nightly 6:30pm-9pm

Hours:

MWTh 3p-9p

Tue&Th 11a-9p

Sa Closed

Sun 9a-9p

THE DOLPHIN - Dinner

5-5016 Kuhio Hwy, Hanalei

The Dolphin has been a favorite since the 1970's, with fresh seafood and a great location it makes a great spot for a nice dinner. The restaurant does get busy and operates on a first come first serve basis.

DHours:

7 days a week
opens at 5pm

**They also have a Fish Market
open 7 days a week 10am-7pm*



FOOD TRUCKS - Hanalei

AtKuhio Hwy, Hanalei

There are a variety of food trucks that keep their own hours. Fresh Bite Kauai, Hanalei Burger, Da Fazends, Cafe Tumeric, Holy Grail Donurs, Hanalei Taro Co., and Wishing Well

PAT'S TAQUERIA

Black Pot Beach/Hanalei Pier

If you are lucky enough to catch Pat's truck at the beach stop by and pick up some lunch. Our favorite is the kalua pork taco. The truck is cash only.

Hours:

Mon-Fri Noon - 3pm

*Pat may not always
be there



LOCAL THINGS TO DO

SOUTH SHORE / POIPU



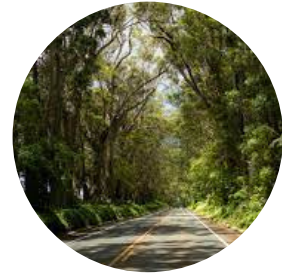
SPOUTING HORN

A blow hole located near Poipu. It is impressive to watch the ocean rise through the lava rock.



POIPU BEACH

A popular beach with a shallow, protected swimming area. Turtle sightings are common here.



TREE TUNNEL

A lush canopy provides a beautiful entrance to the South Shore.



PUKA DOG

A unique Kauai experience. A polish dog or vegan dog with delicious relish/sauces inside steamed bun.



ANAKE'S JUICE BAR

The islands best acai bowl with fresh fruit. It is located inside Kukuiula Market.



KOLOA FOOD TRUCKS

Local eats found as you drive into Koloa town.

LOCAL THINGS TO DO

EAST SIDE / KAPAA



WAILUA FALLS

Beautiful waterfall that you can drive up to and park to enjoy the view.



BIKE PATH

A bike path along the coconut coast stretching 7.3 miles.



LYDGATE BEACH PARK

Located in Wailua, a popular beach that has two rock-enclosed ponds creating a safe haven from the ocean.



PASSION BAKERY

An east side bakery with delicious goodies such as malasadas and macadamia nut sweet rolls. Malasadas are only available on Tues, Thurs, and Sat.



OPAEKAA FALLS

A waterfall that is easily accessed by car alongside the Wailua River.



WAILUA RIVER

The river is on the east side of the island. It offers many activities like kayaking, hiking or the fern grotto. Make kayak rentals in advance.

LOCAL THINGS TO DO

WEST SIDE / WAIMEA



HANAPEPE

Kauai's "Biggest Little Town". The Swinging Bridge is great to see. There are also several art galleries to visit.



WAIMEA CANYON

Known as the Grand Canyon of the Pacific. There are many beautiful lookouts and hikes



POLIHALE

The final beach along the Na Pali Coast. This is a beautiful long stretch of beach. The road can be rough.



KAUAI COFFEE

The largest coffee farm in the U.S. You can take a free walking tour.



SALT POND BEACH

A beautiful lifeguarded beach. Swimming is usually safe in the sem-protected ocean water.



JOJO'S SHAVE ICE

Traditional and homemade, Jojo's is a great place to cool off with a delicious shave ice.