

Values and beliefs

A decorative graphic in the top right corner consisting of two overlapping circles. The larger circle is a light blue color, and the smaller circle is a darker blue color, matching the background. They are positioned in the upper right quadrant of the page.

Values and beliefs

WHAT ARE YOUR VALUES?

- What values are most important to you and why?

- How do your values influence your daily decisions and actions?

WHAT ARE YOUR BELIEFS?

- What are your core beliefs and where do they originate from?

- How do your beliefs influence your daily decisions and actions?

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