

The Power of the Tongue



Choose Life

Our words are prophetic. They are the “amen” to what is in our hearts, telling the story and painting the picture of where we’ve been and where we’re going. They carry power to create, heal, and build. They also carry power to tear down, cripple and destroy. Words work for, or against us. We pray you live with strong conviction as you release the power inside of you, for the glory of God!

What we speak causes great impact on those around us, especially our children. Parents, your voice becomes your children’s inner voice. Their ears are listening, and sooner or later, what you are declaring over them **will manifest**.

Are your words reflecting your born-again heart? Maybe you have found yourself trapped in patterns of cursing, murmuring or complaining. Take courage, it is not too late to break those patterns! Change your words, and you’ll change your life. Let faith arise, and all discouragement be lifted today!

By faith in the Word of God, you are an overcomer. By these truths, you are filled with power to change. Your declaration to victory and life starts now. Regardless of how you feel, you can speak life over the situations you face. As you speak life, watch the transformation take place, not only in your situation, but also in **you**.

Scriptures: Proverbs 18:21, Mark 11:22-23, 2 Corinthians 4:13, 1 Peter 3:8-12

- *Share a testimony about how speaking life has created change in your life, or the life of someone around you. Discuss ways to be pro-active in your declarations of life.*

You are the Gatekeeper of Your Mouth

When we speak, the visual is us reaching down into our hearts and pulling up what’s inside to give to the listener. This is why it’s important to know the power of our salvation and born-again heart! James says no ***man*** can tame the tongue, this is a work of the Spirit of God on the inside of us. Give your heart and your speech to HIM, and He will train you to speak what is right.

As we grow in knowing God, we grow in knowing the sound of His voice. Jesus only spoke what He heard His Father speak. As we hear our Father, we too only speak what He speaks! This is a good root that always leads to victorious and glorious fruit.

As we let Him work in us, we are still responsible for what proceeds out of our mouths. As true born-again believers, the devil can’t have our heart, but he will try to bait us into speaking his language.

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People may have horribly mis-treated you, you may have received a negative doctors report, or there may be a situation in your life that seems to “never change”... however, your tongue still holds the power of life and death. ***You don't have to bite the devil's bait.*** No matter the circumstances, you can **speak life** into your situation.

Live with a conscious awareness of the words you release into the atmosphere. Seek counsel in Spirit-filled believers rather than those that will gossip with you. Release worship instead of complaining. Bless and do not curse. And when you need to speak words of correction and rebuke, do so by the Spirit of God, not by the flesh.

Scriptures: Luke 6:43-45, Ephesians 4:29, James 1:26, James 3:8-10

- *Discuss the importance of talking about issues with Spirit filled believers rather than gossipers, or those that speak negatively. Are you willing to worship rather than complain? Bless instead of curse? Will you let God tame your tongue? Discuss bringing correction with words of the Spirit and not the flesh.*
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The Word of God is the Perfect Confession

In every season of your life, you can ask God for a scripture to stand upon. He will give you the Word that you need to succeed. Apply your faith to His Word, and be like your Father; **speak it out loud!** Release the power of God's Word into the atmosphere and over your life! Write it down, meditate on it day and night and let it fulfill it's purpose. Don't let go of the promise, stand firm as you watch the authority of Heaven back your confession.

Let us not waste any time. What mountains are you facing? Are you speaking about them, or are you speaking to them? “Don't tell God how big your storm is, tell your storm how big your God is.” Rise up and declare the Word of the Lord with passion and power. Put the devil in his place as you exercise kingdom dominion on this earth!

Scriptures: Joshua 1:8, Isaiah 55:11, Isaiah 59:21, Romans 10:8-11

- *Discuss the importance of speaking to the mountains and the storms, rather than complaining about them. Have you found that God joins in with you in times of complaining, murmuring, gossiping, or negative speech? Let's talk about speaking God's language - what does it sound like? What does it produce? Have you sought the Lord for a scripture to stand on, and how has that helped you?*
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