



# New England Learning Center's (NELC) Health Policy

**We love having you at NELC, and you love being here, but please stay home if you or an immediate family member is experiencing any of the following:**

- A fever within the last 24 hours.
  - Return to NELC once you/your family member are fever free for 24 hours **without** the aid of medicine like Tylenol, Motrin, etc.
- Vomiting or diarrhea within the last 48 hours.
  - Please do not return to NELC until you are able to hold down food for at least 2 solid meals ( please note - only holding down liquids doesn't count as a meal).
- Rash that is itchy or accompanied by a fever or behavior change.
  - Don't return until you are free from itching, fever, or a medical professional has evaluated you and deemed you non-contagious. Mosquito bites do not apply.
- Head lice: including an itchy head, or active head lice.
  - Please keep the entire family home if you have head lice in your home.
  - You may return when you have been treated with appropriate lice treatment and there are no longer lice or itching and you have been given the all clear.
- Eye infection, including redness, itching, and/or crusty drainage from the eye
  - You may come to NELC if you know for sure it is just allergies
  - You may return to NELC when the infection has passed. If you have seen a doctor, wait until they have given you the all clear.
- Sinus issues including a stuffy/runny nose, congestion, or frequent nose blowing
  - This is a common allergy issue, so parents, please use judgment as to whether it is "just allergies" or something more. If you are in doubt, please stay home.
- Sore throats and strep
  - If someone in your house has a sore throat that is not just allergies, and has been diagnosed with strep, please stay home.
  - You may return to NELC when you have been given the all-clear from a medical professional, or until you're pain free for 24 hours.
- Been in the hospital or ER
  - You may come back to NELC once you have been given the all-clear from a medical professional.
- If you or anyone in your household has been advised to quarantine for any reason, please stay home for the duration of the quarantine.
- If you or anyone in your household has COVID, or questions exposure, please stay home.
- Even though illnesses often skip members of the same family, we ask that if one member is sick, that the entire family stays home.

***This list does not cover all sickness possibilities, but please use your best judgment when deciding if you should come to NELC, and try not to spread sicknesses of any kind.***