

# Nova Forest Kitchen

ORDERS OVER £200  
INCLUDE FREE DELIVERY

## COLD ITEMS

### YOGHURT GRANOLA £3

Berry compote & greek Yoghurt

### OVERNIGHT OATS £3

Biscoff overnight oats

### CHIA MANGO POTS £3

Coconut & mango

### CROISSANTS £3

Jam & Butter

### ALMOND CROISSANT £3.50

### PISTACHIO CROISSANT £3.75

### PAIN AU CHOC £3.50

### CINNAMON SWIRLS £3



023 80 82353830

## BREAKFAST



## HOT BREAKFAST

### FULL ENGLISH £14

New Forest Pork sausage, thick cut streaky bacon, scrambled eggs, hash brown, house beans & toast

### SMOKED SALMON HASH £14

Fried potatoes, steamed greens, poached egg, hollandaise, smoked salmon, avocado,

### AMERICAN BREAKFAST £14

Crispy bacon or grilled halloumi fluffy pancakes, maple syrup, scrambled eggs, hash browns

### SHAKASHUKA £12

Spiced tomato & peppers, poached eggs, feta, fresh herbs, dukkah, grilled toast

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## BAPS

### BACON BAP £7.50

### SAUSAGE BAP £7.50

### VEGGIE SAUSAGE BAP £7.50

### BREAKFAST BAP £12

Bacon, egg, sausage, hash brown & breakfast sauce

### BLACK BREAKFAST £13

Bacon, egg sausage, black pudding, hash brown & breakfast sauce

### SMOKED SALMON BAP £13

Smoked salmon, steamed greens, scrambled eggs, hash brown



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## CLASSIC LUNCH

MINIMUM ORDER 15  
£14.50PP

### SANDWICHES

#### HAM SALAD

Ham, Mustard, Lettuce, Cucumber, Tomato, Mayo

#### CORONATION CHICKEN

Spiced Chicken, Lettuce

#### CHEESE & ONION

Cheddar, spring onion, Chutney

#### CUCUMBER & RADISH

Cucumber, radish & cream cheese

### SAVOURIES

SAUSAGE ROLL

CRISPS

### SWEETS

COOKIE

FRUIT POT



## PREMIUM LUNCH

MINIMUM ORDER 15  
£16.50PP

### SANDWICHES

#### CHICKEN BACON AVOCADO

Grilled Chicken, crispy bacon lettuce, tomato, mayo, avocado.

#### ASIAN EGG & CRESS

Free range egg, Japanese mayo crispy chilli & Cress

#### SMOKED SALMON CREAM CHEESE

Dill & Caper Cream Cheese

#### CHEDDAR & APPLE

Hot Honey Roasted Apple with Rocket

### SAVOURIES

MINI SAUSAGE ROLL

CHEESE SCONE

### SWEETS

VANILLA FRUIT SPONGE CAKE

COOKIE

FLAPJACK

## EXECUTIVE LUNCH

MINIMUM ORDER 10  
£20.50PP

### SANDWICHES

#### CHICKEN BACON & AVOCADO

Grilled chicken, crispy bacon, lettuce, tomato, mayo, guacamole

#### ASIAN EGG MAYO

Free range egg, Japanese spicy mayo, cress

#### SMOKED SALMON & CUCUMBER

Dill & Caper Cream Cheese

#### DORSET CHEDDAR & APPLE

Hot honey roasted apple with rocket

### SAVOURY PLATTER

Sausage rolls & cheese scones

### ITALIAN PASTA SALAD PLATTER

Tomato, Olives, Mozzarella, Cucumber, Pesto Pasta

### PERSIAN SLAW SALAD PLATTER

Broccoli, Red Onion, Pomegranate, Tahini dressing, Fresh Herbs, Toasted Seeds

### SWEETS PLATTER

VANILLA FRUIT SPONGE CAKE

CHOCOLATE BROWNIES

FLAPJACK

FRESH FRUIT PLATTER



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## COLD BOWLS

MINIMUM ORDER 15 OF  
ONE TYPE  
£15.75PP

### BANG BANG NOODLE

Grilled chicken or Tofu  
on a rice noodle salad with sweet peanut satay  
sauce

### CHICKEN CAESAR BOWL

Grilled chicken & crispy bacon with lettuce &  
avocado, garlic croutons & a creamy Caesar  
dressing

### ANCIENT GRAINS (Gluten Free)

Seared Steak or Cajun Mushroom  
quinoa, roasted sweet potato, Kale, roasted  
peppers & onions, black beans, guacamole, feta  
& chimmi churri & tortilla chips

### ITALIAN PASTA SALAD (Gluten Free)

Italian cured meats or Mozzarella  
Tomatoes, Olives, Parmesan, grapes, pasta,  
cucumber, spinach & rocket with a pesto  
dressing & pine nuts.



## LUNCH



## HOT BOWLS

MINIMUM ORDER 15 OF  
ONE TYPE  
£16.75 PP

### TERIYAKI RICE BOWL

Sticky beef mince or Tofu  
with steamed rice, cucumber, edamame, soy & crispy  
chilli

### SOUL BOWL

Southern fried chicken or Jack fruit wings  
served with mash potato, creamed corn & green beans.

### INDIAN CURRY BOWL

Creamy butter chicken curry or Chickpea curry with  
steamed rice, onion bhaji & nann bread

### TURKISH PASTA

Kofta spiced lamb mince or spiced falafel  
with herb & chilli pasta, feta, garlic yoghurt, feta & ezme  
salad

## BURGERS

MINIMUM ORDER 10 OF  
ANY TYPE  
£16.75

### SUPERNOVA BURGER

Double pattys crispy bacon cheese, red onion chutney, burger sauce, lettuce,  
lettuce tomato, gherkin served with fries & onion rings

### MEXICAN BEEF

smashed patty, chorizo sausage, cheese, jalapeño, lettuce tomato, gherkin,  
guacamole, salsa Served with fries & onion rings

### BLACK & BLUE

Double patty topped with black pudding, blue cheese, onion chutney, lettuce,  
tomato, gherkins served with fries & onion rings

### BUFFALO CHICKEN

Southern fried chicken breast smothered in buffalo & blue cheese sauce with  
lettuce, tomato & gherkin served with fries & onion rings

### TRUFFLE CHICKEN

Southern fried chicken breast topped with with truffle mayo & Parmesan with  
lettuce, tomato & gherkin served with fries & onion rings

### HOT HONEY CHICKEN

Southern fried chicken drizzled with hot honey & sriracha mayo lettuce pickled  
cucumber, spring onion & chilli Served with fries & onion rings

### VEGGI BURGER (Available Vegan)

Plant based burger, American cheese, burger sauce with lettuce, tomato, gherkin  
served with fries & onion rings.

### TRUFFLE MUSHROOM BUGER (Veggie)

Southern fried mushroom topped with truffle mayo & Parmesan with lettuce,  
tomato, gherkins served with fries & onion rings



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PRICES FROM £25PP

## BRITISH BBQ

### MAINS

HOG ROAST STUFFING & APPLE SAUCE  
BRITISH BEEF BURGER WITH DORSET  
CHEDDAR  
PLANT BASED BURGER

### REGULAR SIDES

NEW POTATO SALAD  
CREAMY SLAW

### PREMIUM SIDES

CRISPY BABY POTATOES  
GARDEN SALAD

## CARIBBEAN BBQ

### MAINS

COCONUT & SWEET POTATO CHICKEN CURRY  
JERK PORK STEAK  
CARIBBEAN CHICKPEA CURRY

### SIDES

RICE & PEAS  
CREAMY SLAW  
PINEAPPLE SALSA

### PREMIUM SIDES

FESTIVAL DUMPLING  
MAC & CHEESE

## EAST ASIAN BBQ

### MAINS

KOREAN BBQ STICKY PORK BELLY  
TERIYAKI CHICKEN BONELESS THIGHS  
MISO-GLAZED AUBERGINE WITH TOASTED  
SESAME

### SIDES

ASIAN PICKLES  
CRISPY RICE SALAD WITH PONZU DRESSING

### PREMIUM SIDES

SALT & PEPPER CHIPS  
BAO BUNS

## MEDITERRANEAN BBQ

### MAINS

LAMB KOFTA BURGERS  
GRILLED HARISSA & HONEY CHICKEN  
GREEK HONEY HALLOUMI & VEGETABLE SKEWERS

### SIDES

JEWELLED COUS COUS  
GREEK SALAD

### PREMIUM SIDES

GREEK-STYLE GRILLED FLATBREADS  
TZATZIKI  
HUMMUS  
WHIPPED FETA

## AMERICAN BBQ

### MAINS

CAJUN CHICKEN  
SLOW COOKED BRISKET  
JACK FRUIT WINGS

### SIDES

WEDGES  
CREAMY SLAW

### PREMIUM SIDES

CORN ON COB  
MAC & CHEESE

## INDIAN BBQ

### MAINS

GRILLED BUTTER CHICKEN SKEWERS  
TANDOORI SPICED LAMB KEBABS  
ALOO BURGER WITH MANGO CHUTNEY

### SIDES

BOMBAY POTATO SALAD  
CHANNA CHAT SALAD

### PREMIUM SIDES

VEGETABLE SAMOSAS  
ONION BHAJIS  
MANGO CHUTNEY & MINT YOGHURT

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## DRINKS

### SMOOTHIES £5.50

GREENS  
STRAWBERRY  
TROPICAL

### JUICES £5.50

VIT C  
DETOX

### MILK SHAKES £5.50

VANILLA  
CHOCOLATE  
STRAWBERRY  
BANANA

### ICED COFFEES £5.50

ICED LATTE £4.50  
TIRAMISU ICED LATTE  
ICED MOCHA  
ICED MATCHA

### CANS OF DRINK £2.75

COKE  
DIET COKE  
ELDERFLOWER  
RHUBARB  
GINGER BEER

## EXTRAS



## DESSERTS

### CAKES £75

(Whole cake serves 15)  
COFFEE & WALNUT  
LEMON & POPPYSEED  
CHOCOLATE FUDGE  
BIRTHDAY CAKE  
VANILLA & BERRY

### TRAY BAKES

(Serves 12)  
BROWNIES  
COOKIES  
ORANGE & ALMOND CAKE (GF)  
BISCOFF FLAPJACK (VEGAN)  
CHOCOLATE BOURBON BRICK (VEGAN)  
CHERRY BAKEWELL

## BESPOKE CATERING SOLUTIONS

**Big Flavours. Any Size Event. Any Budget.**

We're proud to be one of the most versatile caterers around. Whether you're feeding 30 guests or 300+, we work with your budget, timings and logistics to create a menu that delivers maximum impact with zero stress.

Our street-food pop-ups span Mexican concepts, Middle Eastern BBQ, Pinxos & tapas, hog roasts, loaded fries, jacket potatoes & endless other possibilities.

Fully mobile and event-ready, we can serve on-site at speed. We've successfully fed 350 people in just one hour, proving that fast service doesn't mean average food.

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