



# MENU

NOVA FOREST KITCHEN

## BREAKFAST

**NFK FULL ENGLISH BREAKFAST**  **£13.75**  
Smoked Streaky Bacon | Sausage | House Beans | Tomato | Mitey Mushrooms | Eggs | Hash Brown | Toast  
**[Please note no swaps or substitutions please build your own]**

**MEATY BREAKFAST BUN** **£8.75**  
Toasted Brioche Bun | Sausage | Crispy Bacon | Fried Egg | Hash Brown | NFK Breakfast Sauce

**CRISPY BACON CORN CAKES** **£14.75**  
Sweetcorn Pancakes | Crispy Bacon | Poached Eggs | Pineapple & Jalapeno | Chilli Jam | Sour Cream |

**PERSIAN BRUNCH**  **£13.25**  
Lemon & Turmeric Labneh | Beetroot Hummus | Carrot Bakon | Greens | Poached Eggs | Halloumi | Harissa Oil | Toast | Dukkha | Pomegranate

**CHORIZO BUDDHA BOWL**  **£14.25**  
Roasted Sweet Potato | Avocado | Toasted Seeds | Grilled Tomato | Chorizo & Halloumi | Fried Egg | Greens

**KOREAN BACON BUBBLE & SQUEAK** **£11.75**  
Asian Bubble & Squeak | Gochujang BBQ Bacon | Fried Egg | Sesame | Pickled Cucumbers | Sriracha Mayo

## SIDES

**£7 EXTRAS** | SMOKED SALMON | CHICKEN BREAST | PULLED PORK | LAMB KOFTA  
**£3.50 EXTRAS** | HALLOUMI | 2 EGGS | HOLLANDAISE  
**£2.50 EXTRAS** | EXTRA BACON | EXTRA SAUSAGE | BLACK PUDDING | CHORIZO  
**£2 EXTRAS** | GRILLED TOMATO | MITEY MUSHROOMS | AVOCADO | BEANS | TOAST  
**HASH BROWNS £2.50**  
**HOUSE FRIES £4.50**  
**SWEET POTATO PARMENTIER £5**

**MEXICAN UPGRADE + £3.50**  
(GUAC | SOUR CREAM | SALSA | MEX CHEESE)

**TRUFFLE UPGRADE £2.50**  
(TRUFFLE AIOLI | PARMESAN)



GLUTEN FREE UPON REQUEST

## MORNING TIPPLE

WEEKENDS 2 FOR £10

**BLOODY MARY £8**

Vodka | Tomato Juice | Tabasco | Celery | Black Pepper | Worcestershire Sauce

**NFK PEACH MIMOSA £8**

Fresh Orange Juice | Peach | Prosecco

## TOAST

**EGGS ON TOAST**  **£7.50**  
Poached, Scrambled or Fried

**AVOCADO TOAST**  **£10.25**  
**ADD POACHED EGGS + £2**  
**ADD CRISPY BACON + £3**  
Smashed & Sliced Avo | Smoked Chilli Salt | Fresh Herbs | Toasted Seeds | Pink Onion

**WILD MUSHROOM TOAST**  **£12.25**  
Wild Mushrooms | Greens | Sourdough | Pesto | Creamy Scrambled Eggs

**HOUSE SMOKED SALMON BENEDICT**  **£12.75**  
Sourdough | House Cured Salmon | Greens | Poached Eggs | Burnt Butter Hollandaise

**CHORIZO BENEDICT**  **£11.75**  
Chorizo | Roasted Peppers | Avocado | Poached Eggs | Chorizo Hollandaise

## SWEET

**BUTTERMILK CHICKEN FRENCH TOAST** **£14.75**  
Crispy Cornflake Fried Chicken | Brioche French Toast | Hot Honey Drizzle

**BLUEBERRY & BACON FRENCH TOAST** **£13.75**  
Blueberry Compote | Crispy Bacon | Salted Sesame Caramel | Brioche French Toast

**BRULEE BANANA FRENCH TOAST** **£13.25**  
Cinnamon Dusted French Toast | Banana Brulée | Fresh Fruit | Greek Yoghurt

**STRAWBERRY & MATCHA PORRIDGE** **£11.25**  
Matcha Oats | Strawberries | White Chocolate

**GREEK YOGHURT FRUIT BOWL**  **£9.00**  
Yoghurt | Fresh fruit | Granola | Honey

## LUNCH

**THE GRILLED BACON & CHEESE SANDWICH** **£10.75**  
Dorset Cheddar | Crispy Bacon | Chilli Jam Dip | Slaw

**HOT HONEY FRIED CHICKEN CIABATTA** **£12.75**  
Asian Slaw | Sriracha Mayo | Hot Honey Glaze | Gem | Pickled Cucumber

**TURKISH LAMB FLAT BREAD** **£14.75**  
Grilled Flat Bread | Feta | Tzatziki | Herbs | Pomegranate | Dukkha | Harissa Oil

**PULLED PORK SOFT SHELL TACOS**  **£14.75**  
Blue Corn Tortillas | 12 Hour Pulled Pork | Mexican Cheddar | Guacamole | Sour Cream | Jalapeno & Pineapple Salsa


## BURGERS

**DOUBLE CHEESE & BACON BURGER**  **£18.75**  
2x 4oz Wagyu Burgers | Crispy Bacon | Cheddar | NFK Burger Sauce | Onion Chutney | Onion Rings | Lettuce | Tomato | Gherkin | House Fries | Slaw

**BBQ PULLED PORK BURGER**  **£17.75**  
4oz Wagyu Burger | BBQ Pulled Pork | Cheese | Lettuce | Tomato | Gherkin | Pink onion | Fries | Slaw

**MEXICAN CHICKEN BURGER** **£16.75**  
Chipotle Mayo | Avocado | Lettuce | Tomato | Gherkin | Pink onion | Cheese | Fries | Slaw

## SUMMER SALADS

**CHICKEN CAESAR SALAD**  **£15.75**  
Garlic & Parmesan Crusted Chicken Breast | Caesar Dressed Lettuce | Avocado | Crispy Bacon | Caesar Aioli

**LAMB KOFTA SALAD**  **£14.75**  
Hummus | Olives | Quinoa | Heritage Tomatoes | Onion | Halloumi | Orange & Oregano Dressing | Grilled Koftas

**PRAWN MANGO PEANUT** **£14.75**  
Tempura Prawns | Gem Lettuce | Mango | Sweet Chilli | Avocado | Asian Vegetables | Peanut Dressing

**WARM CHICKEN GYOZA BOWL** **£14.75**  
Stir Fry Vegetables | Chicken Gyozas | Spicy Peanut Sauce



# ME & NU VEGAN & VEGGIE

## BREAKFAST

- 
**PLANT BASED FULL ENGLISH**  **£13.75**  
 Carrot Bakon | Plant Based Sausage | House Beans | Tomato | Mushrooms | Eggs or Tofu | Hash Brown | Toast  
 [Please note no swaps or substitutions are permitted]  
 If you'd like to build your own, you can use the breakfast sides below
- 
**PLANT BASED BUN** **£8.75**  
 Carrot Bakon | Plant Based Sausage | Fried Egg or Tofu | Hash Brown | Breakfast Sauce
- 
**PERSIAN BRUNCH**  **£13.25**  
 Lemon Turmeric Labneh | Beetroot Hummus | Sauteed Greens | Poached Eggs | Carrot Bakon | Halloumi | Harissa Oil | Toast | Dukkha | Pomegranate
- 
**VEGGIE KOREAN BUBBLE & SQUEAK**  **£9.50**  
 Asian Bubble & Squeak | Gochujang Carrot Bakon | Fried Egg or Tofu | Sesame | Pickled Cucumbers | Sriracha Mayo
- 
**HALLOUMI BUDDHA BOWL**  **£13.25**  
 Roasted Sweet Potato | Avocado | Toasted Seeds | Grilled Tomato | Halloumi | Fried Egg | Greens
- HALLOUMI CORN CAKES** **£14.75**  
 Sweetcorn Pancakes | Halloumi | Poached Eggs | Pineapple & Jalapeno | Chilli Jam | Sour Cream |
- 
**STRAWBERRY & MATCHA PORRIDGE** **£11.25**  
 Matcha Oats | Strawberries | White Chocolate
- 
**GREEK YOGHURT FRUIT BOWL**  **£9.00**  
 Yoghurt | Fresh fruit | Granola | Honey

## MORNING TIPPLE

- WEEKENDS 2 FOR £10**  
**BLOODY MARY £8**  
 Vodka | Tomato Juice | Tabasco | Celery | Black Pepper | Worcestershire Sauce
- NFK PEACH MIMOSA £8**  
 Fresh Orange Juice | Peach | Prosecco

## TOAST

- 
**AVOCADO TOAST**  **£10.25**  
 ADD 2 POACHED EGGS + £2  
 ADD HALLOUMI + £3  
 Smashed & Sliced Avo | Smoked Chilli Salt | Fresh Herbs | Toasted Seeds | Lime
- 
**WILD MUSHROOM TOAST**  **£12.25**  
 Wild Mushrooms | Greens | Grilled Sourdough | Pesto | Creamy Scrambled Eggs
- 
**VEGGIE BENEDICT**  **£10.95**  
 Grilled Sourdough | Greens | Poached Eggs | Hollandaise
- 
**EGGS ON TOAST**  **£7.50**  
 Poached, Scrambled or Fried
- BLUEBERRY & CARROT BAKON FRENCH TOAST** **£13.75**  
 Blueberry compote | Maple Carrot Bakon | Salted Tahini Caramel | Brioche French Toast
- BRULEED BANANA FRENCH TOAST** **£13.25**  
 Cinnamon Dusted French Toast | Bruleed Banana | Fresh Berries | Greek Yoghurt

**PLEASE MENTION UPON ORDERING IF YOU NEED A DISH TO BE VEGETARIAN OR VEGAN SO WE CAN AVOID FOOD WASTE & ADDITIONAL CHARGES**

**THANK YOU**

 **GLUTEN FREE UPON REQUEST**

 **VEGAN UPON REQUEST**

## LUNCH

- 
**HOT HONEY FRIED QUORN** **£12.75**  
 Asian Slaw | Sriracha Mayo | Gem | Pickled Cucumber
- 
**THE GRILLED CHEESE SANDWICH**  **£9.75**  
 Dorset Cheddar | Chilli Jam Dip | Slaw
- 
**SPICY PEANUT VEGETABLE GYOZA STIRFRY** **£15.75**  
 Pak Choi | Tender Stem Broccoli | Vegetable Gyoza | Spicy Peanut Sauce
- 
**TOFU PEANUT & MANGO SALAD**  **£12.75**  
 Crispy Tofu | Gem Lettuce | Mango | Sweet Chilli | Avocado | Asian Vegetables | Sesame
- 
**FETA & PEPPER FLAT BREAD** **£14.75**  
 Grilled Flat Bread | Roasted Peppers | Feta | Tzatziki | Herbs | Pomegranate | Dukkha | Harissa Oil
- 
**CAJUN MUSHROOM SOFT SHELL TACOS**  **£14.75**  
 Blue Corn Tortillas | Cajun Mushroom | Mexican Cheddar | Guacamole | Sour Cream | Jalapeno & Pineapple Salsa
- 
**VEGGIE BURGER**  **£16.95**  
 Plant Based Pattie | Cheese | NFK Burger Sauce | Onion Rings | Lettuce | Tomato | House Fries
- 
**CRISPY FRIED QUORN BURGER** **£15.75**  
 Chipotle Mayo | Lettuce | Tomato | Gherkin | Pink Onion | Cheese | Fries | Slaw
- 
**SHAWARMA TURKISH SALAD**  **£14.75**  
 Hummus | Olives | Quinoa | Heritage Tomatoes | Onion | Feta | Plant Based Shawarma | Orange & Oregano Dressing |