



NOVA FOREST KITCHEN EVENT CATERING MENU

BREAKFAST

£12.00 PER PERSON

(MINIMUM 10 PEOPLE)

BACON & SAUSAGE SOURDOUGH SANDWICHES

FRESH FRUIT PLATTER

FRESH PASTRIES

SANDWICH LUNCH

£16.50 PER PERSON

(MINIMUM 10 PEOPLE)

SELECTION OF WRAPS & ROLLS

MINI SAUSAGE ROLLS

MINI CAKES & BAKES





GOODNESS BOWLS £12

Served in biodegradable salad bowls with cutlery & napkin

GREEN GODDESS GF

Green Lentils | Chopped Kale & Spinach | Chargrilled Broccoli | Mint & Chilli Peas | Toasted Seeds | Avocado | Zesty Green Goddess Dressing

ANCIENT GRAINS GF

Quinoa | Roasted Sweet Potato | Black Bean | Roasted Peppers | Avocado | Chilli & Lime Corn | Blue Corn Crisps | Chimmi Churri Dressing

BUDDHA BOWL GF

Rice Noodles | Edamame Beans | Sticky Miso Sesame Mushroom | Tender stem Broccoli | Carrot | Cucumber | Lettuce | Pickled Radish | Fragrant Herbs | Peanut Dressing

TURKISH DELIGHT

Bulgur Wheat | Beetroot Hummus | Saffron Aioli | Chopped Greens | Cucumber | Tomato | Olives | Peppers | Feta | Pomegranate | Dukkha | Pita

PICK YOUR DESSERT £3

Banana Bread Muffins GF
Coconut Chia Pots Mango & Pineapple Salad GF
Carrot Cake Baked Oat Bar
Cherry & Almond Baked Oat Bar
Greek Yoghurt, Berries & Granola
Fruit Salad

PICK YOUR DRINK

FRESH JUICE £3

Get your Greens | Vitamin C Hit | Up Beet

CBD TRIP CAN £3.50

Peach & Ginger | Lemon Basil | Elderflower Mint

CAWSTON PRESS CANS £2.50

Elderflower Lemonade | Sparkling Rhubarb

NEW FOREST WATER £2

Still | Sparkling

ORZO SALAD

Chargrilled Broccoli | Green Beans | Pesto | Heritage Tomatoes | Orzo Pasta | Rocket | Mozzarella | Lemon & Basil Butterbeans |

SUSHI BOWL

Sushi Rice | Cucumber | Avocado | Wasabi Aioli | Seaweed | Edamame | Nori Sheets | Sesame | Gem | Peppers | Cucumber | Spring Onion

BOMBAY BOWL

Spiced Chickpeas | Cucumber | Tomatoes | Radish | Peppers | Pomegranate | Poppadom | Mint Yoghurt | Bombay Potato Salad | Bombay Mix

SAVOY CAESAR BOWL

Marinated Savoy Cabbage | Gem Lettuce | Avocado | Garlic Croutons | Boiled Egg | Anchovies | Parmesan

ADD EXTRA PROTIEN £6

Panko Crusted Chicken
Grilled Herby Chicken
Teriyaki Grilled Salmon
Spicey Sushi Salmon
Flame Grilled Steak Slices
Crispy Bacon & Chicken
Vegan Crispy Tofu
Vegan Quorn Chix Strips

