



MENU

NOVA FOREST
KITCHEN

BREAKFAST

NFK FULL ENGLISH BREAKFAST  **£13.75**
Smoked Streaky Bacon | Sausage | House Beans | Tomato
| Mitey Mushrooms | Eggs | Hash Brown | Toast
(Please no swaps or substitutions, use the sides to build your own)

MEATY BREAKFAST BUN **£8.75**
Toasted Brioche Bun | Sausage | Crispy Bacon | Fried Egg
| Hash Brown | NFK Breakfast Sauce

CHORIZO & AVO BUN  **£9.75**
Toasted Brioche Bun | Roasted Chorizo | Fried Egg | Hash
Brown | Guacamole | Chilli Jam

CRISPY BACON CORN CAKES **£13.75**
Sweetcorn Pancakes | Crispy Bacon | Chilli Jam
| Guacamole | Poached Egg | Salsa

PERSIAN PLATE  **£13.25**
Turmeric Labneh | Beetroot Hummus | Carrot Bakon
| Greens | Poached Eggs | Halloumi | Harissa Oil | Toast
| Dukkha | Pomegranate

CHORIZO BUDDHA BOWL  **£14.25**
Roasted Pumpkin | Avocado | Toasted Seeds | Grilled
Tomato | Chorizo & Halloumi | Fried Egg | Greens

ASIAN DUCK BUBBLE & SQUEAK **£13.75**
Aromatic Hoisin Crispy Duck | Asian Bubble & Squeak | Fried
Egg | Sesame | Pickled Cucumbers | Sriracha Mayo

PUMPKIN & PEAR SPICE PORRIDGE **£11.25**
Pumpkin Spiced Oats | Spiced Pear | Pumpkinseed Praline
| Toasted Pumpkin Seeds



MORNING TIPPLE

WEEKENDS 2 FOR £12

BLOODY MARY £8


Vodka | Tomato Juice | Tabasco | Celery |
Black Pepper | Worcestershire Sauce


PEACH & PUMPKIN SPIKED TEA £8

Gin | Peach Schnaps | Earl Grey Iced Tea | Peach | Lemon

TOAST

AVOCADO TOAST  **£10.25**
ADD EGGS + £2 ADD CRISPY BACON + £3
Smashed & Sliced Avo | Smoked Chilli Salt | Fresh Herbs
| Toasted Seeds | Pink Onion

TRUFFLE MUSHROOM BENEDICT  **£12.25**
Wild Mushrooms | Poached Eggs | Greens | Truffle
Hollandaise | Grilled Sourdough

SMOKED SALMON BENEDICT  **£12.75**
House Cured Salmon | Greens | Poached Eggs | Burnt
Butter Hollandaise | Grilled Sourdough

CHORIZO BENEDICT  **£11.75**
Chorizo | Roasted Peppers | Avocado | Poached Eggs
| Chorizo Hollandaise | Grilled Sourdough

APPLE & PEAR FRENCH TOAST **£13.75**
Cinnamon Dusted French Toast | Pumpkin Seed Praline
| Spiced Maple Pears | Apple | Greek Yoghurt

BUTTERMILK CHICKEN FRENCH TOAST **£14.75**
Crispy Cornflake Fried Chicken | Brioche French Toast
| Hot Honey Drizzle

BLUEBERRY & BACON FRENCH TOAST **£13.75**
Blueberry Compote | Crispy Bacon | Salted Sesame
Caramel | Brioche French Toast

SIDES

£3.50 EXTRAS:

HALLOUMI | 2 EGGS | HOLLANDAISE | TOAST & JAM

£2.50 EXTRAS:

BACON | SAUSAGE | BLACK PUDDING | CHORIZO | 2 HASH BROWNS

£2.00 EXTRAS:

GRILLED TOMATO | MITEY MUSHROOMS | AVOCADO | BEANS | SLICE OF TOAST

HOUSE FRIES £4.50

Mexican Upgrade £3.50: Guacamole | Sour Cream | Mex Cheese | Salsa

Truffle Upgrade £2.50: Truffle Mayo | Parmesan

LUNCH

GRILLED BACON & CHEESE SANDWICH **£10.75**
Dorset Cheddar | Crispy Bacon | Chilli Jam Dip | Slaw

SMASHED LAMB KEBAB FLAT BREAD **£14.75**
Grilled Flat Bread | Feta | Chilli Jam | Tzatziki | Herbs
| Pomegranate | Dukkha | Harissa Oil

PULLED BEEF SOFT SHELL TACOS  **£14.75**
Soft Shell Tacos | Pulled Beef | Cheddar | Guacamole
| Habanero & Burnt Pineapple Sauce

SUPERNOVA BURGER  **£18.75**
2x Smashed Patties | Crispy Bacon | Cheddar | NFK Burger
Sauce | Onion Chutney | Beer Battered Onion Rings
| Lettuce | Tomato | Gherkin | House Fries | Slaw

HOT HONEY FRIED CHICKEN BUN **£12.75**
Asian Slaw | Sriracha Mayo | Hot Honey Glaze | Gem
| Pickled Cucumber | Toasted Brioche Bun


SALADS

ASIAN CRISPY DUCK SALAD  **£16.75**
Crispy Aromatic Duck | Watermelon | Asian Salad
| Cashews | Soy & Ginger Dressing

PUMPKIN & CAMEMBERT SALAD **£15.75**
Sage & Onion Crusted Camembert | Wilted Spinach & Kale
| Roasted Pumpkin | Pomegranate | Pomegranate &
Balsamic Dressing

JACKETS

SMOKEY CHORIZO BEAN & CHEESE  **£12.25**
Chorizo Baked Beans | Cheddar Cheese | Slaw

CHILLI JACKET  **£13.25**
Chilli Beef | Cheese | Guac | Sour Cream
| Salsa | Slaw



ME & NU VEGAN & VEGGIE

BREAKFAST

 **PLANT BASED FULL ENGLISH**  **£13.75**
 Carrot Bakon | Plant Based Sausage | House Beans | Tomato | Mushrooms
 | Eggs or Tofu | Hash Brown | Toast
(Please no swaps or substitutions, use the sides to build your own)

 **PLANT BASED BREAKFAST BUN** **8.75**
 Carrot Bakon | Plant Based Sausage | Fried Egg or Tofu | Hash Brown
 | Breakfast Sauce

 **PLANT BASED AVO BUN** **£9.75**
 Plant Based Sausage | Guacamole | Chilli Jam | Fried Egg or Tofu
 | Hash Brown | Breakfast Sauce

 **PERSIAN PLATE**  **£13.25**
 Lemon Turmeric Labneh | Beetroot Hummus | Sauteed Greens
 | Poached Eggs | Carrot Bakon | Halloumi | Harissa Oil | Toast | Dukkha
 | Pomegranate

 **AROMATIC JACK FRUIT BUBBLE & SQUEAK**  **£12.75**
 Asian Bubble & Squeak | Sticky Aromatic Jackfruit | Fried Egg or Tofu
 | Sesame | Pickled Cucumbers | Sriracha Mayo

 **HALLOUMI BUDDHA BOWL**  **£13.25**
 Roasted Sweet Potato | Avocado | Toasted Seeds | Grilled Tomato
 | Halloumi | Fried Egg | Greens

HALLOUMI CORN CAKES **£12.75**
 Sweetcorn Pancakes | Halloumi | Chilli Jam | Guacamole | Poached Egg
 | Salsa

MORNING TIPPLE

WEEKENDS 2 FOR £12

BLOODY MARY £8

Vodka | Tomato Juice | Tabasco | Celery |
 Black Pepper | Worcestershire Sauce


PEACH & PUMPKIN SPIKED TEA £8

Gin | Peach Schnaps | Earl Grey Iced Tea | Peach | Lemon

TOAST

 **AVOCADO TOAST**  **£10.25**
 ADD 2 POACHED EGGS + £2
 ADD HALLOUMI + £3
 Smashed & Sliced Avo | Smoked Chilli Salt | Fresh Herbs
 | Toasted Seeds | Lime

TRUFFLE & WILD MUSHROOM BENEDICT  **£12.25**
 Wild Mushrooms | Greens | Grilled Sourdough | Truffle
 Hollandaise | Poached Eggs

VEGGIE BENEDICT  **£10.95**
 Grilled Sourdough | Greens | Poached Eggs | Hollandaise

BLUEBERRY & CARROT BAKON FRENCH TOAST **£13.75**
 Blueberry compote | Maple Carrot Bakon | Salted Tahini
 Caramel
 | Brioche French Toast

SPICED APPLE & PEAR FRENCH TOAST **£13.75**
 Cinnamon Dusted French Toast | Pumpkin Seed Praline
 | Spiced Maple Pears | Apple | Greek Yoghurt

PLEASE MENTION UPON
 ORDERING IF YOU NEED A
 DISH TO BE VEGETARIAN OR
 VEGAN SO WE CAN AVOID FOOD
 WASTE & ADDITIONAL
 CHARGES
 THANK YOU

LUNCH

 **HOT HONEY FRIED QUORN BUN** **£12.75**
 Asian Slaw | Sriracha Mayo | Gem | Pickled Cucumber

 **THE GRILLED CHEESE SANDWICH**  **£9.75**
 Dorset Cheddar | Chilli Jam Dip | Slaw



 **FETA & PEPPER FLAT BREAD** **£14.75**
 Grilled Flat Bread | Roasted Peppers | Feta | Tzatziki
 | Herbs | Pomegranate | Dukkha | Harissa Oil

 **JACKFRUIT & BEAN SOFT SHELL TACOS**  **£14.75**
 Soft shell Taco | Jackfruit & Mixed Bean | Guacamole
 | Sour Cream | Burnt Pineapple & Habanero Sauce

 **PINK PLANT POWER BURGER**  **£16.95**
 Pink Brioche | Plant Based Pattie | Cheese | Beetroot
 Ketchup | NFK Burger Sauce | Beer Battered Onion
 Rings | Lettuce | Tomato | House Fries

SALADS

PUMPKIN & CAMEMBERT SALAD **£15.75**
 Sage & Onion Crusted Camembert | Wilted Spinach &
 Kale | Roasted Pumpkin | Pomegranate
 | Pomegranate & Balsamic Dressing


 **ASIAN JACKFRUIT & WATERMELON SALAD**  **£12.75**
 Crispy Asian Hoisin Jackfruit | Watermelon | Asian
 Salad | Cashew Nuts | Soy & ginger Dressing

JACKETS

 **BEAN & CHEESE**  **£12.25**
 House Baked Beans | Cheddar Cheese | Slaw

 **CHILLI JACK FRUIT JACKET**  **£13.25**
 Bean & Jack Fruit Chilli | Cheese | Guac | Sour Cream
 | Salsa | Slaw

 **VEGAN UPON REQUEST**

 **GLUTEN FREE UPON REQUEST**