**COVID-19 Regulations for Mobile Service**

In accordance with the Health Protection Act Order, public health directives and Massage Therapy Association of NS (MTANS), **you can expect the following:**

* The Massage therapist follows all protocols and materials being used for treatment are cleaned and sanitized before each individual client visit
* Massage therapist will be self screening daily and will cancel appointment, if necessary
* Massage therapist will be wearing a face mask for the duration of the client’s appointment and will wash hands upon arrival

**For your massage treatment appointment, clients will be required to:**

* Wear a face mask for the duration of your appointment time, unless directed otherwise by the massage therapist

If this is a concern due to a health condition, please discuss other options available with the massage therapist, prior to booking your appointment

* Others in the household present during treatment will be asked to practice physical distancing of 2 metres (or 6 feet) from the massage therapist
* Prescreening will be done before your scheduled appointment to ensure you (and others in your household) are feeling well and can answer “no” to the following 4 screening questions
* Visits inside your residence can only occur if everyone is feeling well as noted above

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| 1. **Have you tested positive for COVID-19 that you have not fully recovered from?**
2. **Are you experiencing any of the following symptoms that are not related to a known or pre-existing condition, or that are known but changed, or worsened? ->** fever (chills/sweats), cough or worsening of a previous cough, sore throat, headache, shortness of breath, muscle aches, sneezing, nasal congestion/runny nose, hoarse voice, diarrhea, unusual fatigue, loss of sense of smell or taste, OR red, purple or blueish lesions on the feet, toes or fingers without clear cause
3. **Have you travelled outside of NS within the last 14 days?**
4. **Have you had unprotected close contact with individuals who have a confirmed or presumptive diagnosis of COVID-19** (ie: individuals exposed without appropriate PPE in use)**?**
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* The above screening will be asked before booking your appointments, during appointment reminders and at the time of your scheduled appointment before entering the residence

**If you answer yes** to any of these 4 questions, I will not be permitted to attend your appointment. You will be asked to use the 811 on-line self-assessment at <http://811/novascotia.ca> and follow their recommendations. Your appointment may be rescheduled for a time when you (or others) are asymptomatic.

**If you answer no to all 4 questions** we will be able to proceed with your scheduled treatment. During your appointment:

* It will be documented that you (and others in attendance) have cleared the prescreening for treatment
* Practicing physical distancing of 2 metres (or 6 feet) will be followed where possible
* Clients will be asked to wear face mask and wash their hands before treatment
* Massage therapist will be provided with area (sink, soap and water) to wash hands and equipment when necessary
* Where social distancing cannot reasonably be maintained **for massage treatments, it will be required for both the client and therapist to wear masks for the duration of the appointment**.