**TOPIC: The Sacrifice of Praise**

**Introduction:**

# *Hebrews 13:15-16 (KJV)*

# *15 By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to his name.*

# *16 But to do good and to communicate forget not: for with such sacrifices God is well pleased.*

Praise is appreciating God for His person.

Lifting your hands and thanking God is natural when you have just received a wonderful blessing, new job, promotion, business breakthroughs.

This is not a sacrifice of praise

But there are times when you don’t feel like lifting your hands to thank and praise God.

maybe you have felt discouraged lately.

Perhaps it looks as though everything is going wrong for you and you feel like your life is turning upside down.

Yet we are called to do it. That is sacrifice of praise. Praise that is costly or inconvenient

To praise God in those times requires personal sacrifice.

Praise that pleases God is a sacrifice of praise, in that it may be costly or inconvenient.

**Praise That Pleases God Must Be Offered; The Foundation for acceptable Praise:**

1. **By Him** – by Jesus Christ (altar (the cross), High Priest (Jesus)), for our praise to be acceptable, we must surrender all to Jesus, by accepting Him as our saviour.
2. **Sacrifice of praise** – It may be costly or inconvenient
3. **Continually** – We are always praising Him (In good times and bad times)
4. **The fruit of our lips** – It is spoken out in song. The proceeds of our lips. Words

**Ps**. 147:6, Eph. 6:17

1. **Giving Thanks to His Name** - “Praise” now is one of the great duties of the redeemed. Eph. 5:18-20
2. **To Do Good and To Communicate forget not** -  Praise is not the only sacrifice that pleases God. We also perform sacrifice that pleases God when we do good and share with the needy and less privilege.

**What are the Benefits of Sacrifice of Praise:**

**1. It Builds Our faith in God:**

When we bring a "sacrifice of praise," we choose to believe God, even though life is not going as we think it should, **God is still good and can be trusted** and our faith grows deeper (Hab. 3:17-18; [Nahum 1:7](https://biblia.com/bible/esv/Nah%201.7); [Job 13:15](https://biblia.com/bible/esv/Job%2013.15)).

# In complaining and murmuring against God, He cancel the favour He has intended for you (1Cor. 10:10). Obedience is our greatest stronghold in battle.

# ****2. God Is Honored.****

When we choose to praise God despite the storms, He is honored, ***…for them that honour me I will honour, and they that despise me shall be lightly esteemed (1Sam. 2:30).***

When you choose to thank God for His unfailing love,

When you choose to thank God His faithfulness to deliver,

When you choose to thank God His Power to protect and provide,

Even when you don’t see the blessings yet, it won’t be long before you will find yourself experiencing and enjoying the blessings!

[Malachi 3:13-17](https://biblia.com/bible/esv/Mal%203.13-17)   
**Your words have been harsh against Me**: Israel spoke against the LORD in a harsh and sinful way

**It is useless to serve God**: These were the harsh words spoken by God’s people against God.

They saw the prosperity of the **proud** and those who did **wickedness**, and they felt that it was **useless to serve God** if those who didn’t serve Him seemed to have it so good.

It cost something to keep God’s **ordinance**, and they had to humble themselves to walk **as mourners before the LORD**. Yet it seemed to God’s people that the cost wasn’t worth the reward.

**God had declared that all nations should “call them blessed”**[**Malachi 3:12**](https://www.studylight.org/desk/index.cgi?q1=Malachi+3:12&t1=en_nas)**. if they would obey**

# ****3. Obedience to God.****

The command in [Hebrews 13:15](https://biblia.com/bible/esv/Heb%2013.15) says that this sacrifice is to be offered "continually." Our praise of God is not to be based on our opinion of what He has done.

[***Isaiah 29:13***](https://biblia.com/bible/esv/Isa%2029.13)***says, "These people come near to me with their mouth and honor me with their lips, but their hearts are far from me."***

Real praise continues regardless of circumstances.

It flows continually from a worshiping heart in good times and bad.

# ****4. It Provokes God Fearful Acts In Your Favour.****

([Acts 16:23-25](https://biblia.com/bible/esv/Acts%2016.23-25)).

Though they have been arrested, beaten, and imprisoned for doing good, Paul and Silas were filled with joy, and sing praises to God.

"Instead of cursing men, they blessed God."

What will it take to make us stop praising God?

Paul and Silas sing praises to God -- not laments for the suffering.

This earthquake is the visible manifestation of God shaking this world’s powers to their foundations.

**Therefore, what is in the oil?**

**1. Power for Enthronement is in the oil:**

# *1 Samuel 16:13 (KJV)*

***13 Then Samuel took the horn of oil, and anointed him in the midst of his brethren: and the Spirit of the Lord came upon David from that day forward***

Nothing get done by power or by might, but by the Spirit of the Lord.

We are all eligible for the throne, but only the anointed ones will reign.

We are all potential kings, but it takes the anointing for enthronement to manifest.

**The purpose of the anointing is to clear all barriers in your life.**

It is the oil that enables the priest to stand in his office to minister before God and man. It enables the king to be enthroned and establishes the enthronement of the saints of God above depression and oppression.

**2. Yoke Breaking Power is in the oil. *Isaiah 10:27***

The oil break the yoke of slavery and get you established on your throne.

The oil has the power to get you to the top and guarantee your freedom.

The oil is not a religious doctrine; it is God's plan and ordination to bring you into the reality of power in the days in which we live in.

**because of the anointed one*, the Messiah, Jesus Christ. He is the source of our victory and freedom from the yoke of bondage!***