

JUSTINE PARKS

Philadelphia, PA | Collingswood, NJ | IG: @_breadandcircuses |
<https://liveinultimatereality.com/circus>

Contemporary circus and physical theatre artist specializing in devised performance, aerial storytelling, clown, puppetry, and immersive theatre. Interdisciplinary performer and director with experience spanning circus arts, ensemble-generated work, physical comedy, public speaking, and experiential storytelling. Particularly interested in emotionally intelligent, experimental, and audience-interactive work.

Circus + Movement Skills

- Aerial Sling
- Static/Dynamic Trapeze
- Flying Trapeze
- Hand Balancing
- Kettlebell Juggling
- Physical Storytelling/Clowning
- Mask Work
- Puppetry
- Ensemble Devising

Theatre + Performance Skills

- Acting
- Directing
- Playwriting
- Devised Theatre Direction
- Public Speaking
- Stand-Up Storytelling/Comedy
- Immersive Theatre
- Character Work
- Audience Interaction

EXPERIMENTAL + DEVISED CIRCUS THEATRE WORK

Co-Founder | Writer | Director | Performer | [Ethos Physical Theatre Company](#) | 2016–2018 | Interdisciplinary theatre and circus company integrating aerial arts, puppetry, clown, mask, and immersive storytelling.

- **“Alice Light & Dark”** | Collingswood Book Festival | 2018 | Immersive performance exploring madness and the mental health system, inspired by *Alice in Wonderland*. Featured original micro-puppets by Noel Williams. Video: [Alice Light & Dark Story](#)
- **“The Last Door”** | Orlando Fringe Festival | 2018 | Original existential fable written by Justine Parks and directed by Aaron Rose. Starring Justine Parks as “the monkey” utilizing aerial and mask work.
- **“Faustus”** | The Drake Theatre | 2017 | Modern take on Christopher Marlowe’s *Doctor Faustus* exploring temptation, addiction, and power. Directed by Justine Parks. Original puppets by Noel Williams.

- **“Tempus Fugit”** | PPK Cherry Hill | 2017 | Devised circus cabaret exploring the concept of *time* through interconnected acts and theatrical storytelling. Co-created by Justine Parks and Aaron Rose.
 - **“Matador”** | Philadelphia Fringe Festival | 2016 | Original Mexican fairy tale blending circus, mask, and physical theatre. Written by Justine Parks and directed by Aaron Rose. Later adapted into a graphic novel illustrated by Hannah Hadidi. Book: [Matador Graphic Novel](#)
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SHORT CIRCUS ACTS

- **“Ben Franklin”** | Clown + Aerial Sling Act | 52 Firsts Festival at the Philadelphia School of Circus Arts | 2026 | Video Available by Request
 - **Split Catch** | Flying Trapeze | Wahoo Trapeze Fall Student Showcase | 2025
 - **“Tempus Fugit”** | Static Trapeze Act (Remount from Ethos Cabaret) | New England Center for Circus Arts Spring Showcase | 2017
 - **“Voyagers”** | Devised Ensemble Show, Static Trapeze + Puppetry | Philadelphia School of Circus Arts | 2015 | Directed by Almanac
 - **“Crush”** | Devised Aerial Trio Act, Static Trapeze | PSCA | 2014 | Directed by Terry Brennan | Video: [Crush Performance Clip](#)
 - **“Max”** | Static Trapeze | Tangle Movement Arts at Go West Craft Fest | 2014 | Inspo: *Where the Wild Things Are* | Video: [Max Performance Clip](#)
 - **“Skinny Love”** | Static Trapeze | Tangle Movement Arts at Go West Craft Fest | 2015
 - **“I Am Not A Robot”** | Static Trapeze + Mask | Airplay Entertainment/PSCA at Headhouse Square | 2014
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CIRCUS COACHING EXPERIENCE

- Aerial Conditioning + Aerial Performance Play Coach | Vertical Fitness | 2025–Present
 - Special Events Aerial Coach + Workshop Facilitator | Philadelphia School of Circus Arts | 2025–Present
 - Circus Coach + Puppeteer | Mystery Circus Arts | 2020
 - Adult Trapeze Coach | Ethos Physical Theatre Company | 2016-2018
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CIRCUS + MOVEMENT TRAINING

- Aerial Sling & Static Trapeze | Philadelphia School of Circus Arts (2012–Present)
- Flying Trapeze | Wahoo Trapeze (2025–Present)

- Dynamic Trapeze | Secret Circus (2015–2025)
 - Handbalancing | Yoga Rebellion + Acro& (2024–Present)
 - Kettlebell Juggling | Christian Marshall (2024–2025)
 - Rigging Intensive | New England Center for Circus Arts (2017)
 - Gymnastics | Upper Main Line YMCA (1991–2001)
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THEATRE EXPERIENCE + EDUCATION

- Actor | Madrigal Dinner | UT Austin | 2003–2005 | Renaissance-themed immersive dinner theatre comedy troupe
 - Actor | King of Prussia Players | Community Musical Theatre Company | 1999–2002
 - Acting Student + Camp Counselor | People's Light and Theatre Company | 1999–2002
 - Acting Student | The Agnes Irwin School Drama Club | 1999–2002
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ADDITIONAL EMBODIED PRACTICES

- Vinyasa Yoga
- Ecstatic Dance
- Hiking/Trail Running
- Camping/Backpacking
- Rock Climbing
- Snowboarding
- Contrast Training (Heat/Cold Exposure)
- Neurofeedback Meditation
- Breathwork