

# January



# 2026

| SUNDAY | MONDAY                   | TUESDAY  | WEDNESDAY                | THURSDAY   | FRIDAY                   | SATURDAY |
|--------|--------------------------|--|--------------------------|--|--------------------------|----------|
| 28     | 29                       | 30   | 31                       | 01   | 02                       | 03       |
| 04     | 05                       | 06   | 07                       | 08   | 09                       | 10       |
| 11     | 12                       | 13   | 14                       | 15   | 16                       | 17       |
| 18     | 19<br>NO SCHOOL          | 20<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 21<br>TRACK AFTER SCHOOL | 22<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 23<br>TRACK AFTER SCHOOL | 24       |
| 25     | 26<br>TRACK AFTER SCHOOL | 27<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 28<br>TRACK AFTER SCHOOL | 29<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 30<br>TRACK AFTER SCHOOL | 31       |
| 01     | 02                       | Notes:   |                          |  |                          |          |

# February



# 2026

| SUNDAY                | MONDAY                   | TUESDAY  | WEDNESDAY                | THURSDAY   | FRIDAY                   | SATURDAY |
|-----------------------|--------------------------|--|--------------------------|--|--------------------------|----------|
| 01                    | 02<br>TRACK AFTER SCHOOL | 03<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 04<br>TRACK AFTER SCHOOL | 05<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 06-07<br>GLAZIER ORLANDO |          |
| 08<br>GLAZIER ORLANDO | 09<br>TRACK AFTER SCHOOL | 10<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 11<br>TRACK AFTER SCHOOL | 12<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 13<br>TRACK AFTER SCHOOL | 14       |
| 15                    | 16<br>NO SCHOOL          | 17<br>NO SCHOOL                                    | 18<br>TRACK AFTER SCHOOL | 19<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 20-21<br>GLAZIER ATLANTA |          |
| 22<br>GLAZIER ATLANTA | 23<br>TRACK AFTER SCHOOL | 24<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 25<br>TRACK AFTER SCHOOL | 26<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | 27<br>TRACK AFTER SCHOOL | 28       |
| 01                    | 02                       | 03   | 04                       | 05   | 06                       | 07       |
| 08                    | 09                       | Notes:   |                          |  |                          |          |

# March



# 2026

| SUNDAY | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY                   | SATURDAY                                  |
|--------|--|---|--|---|--------------------------|---|
| 01     | 02<br>8th Graders Lift: 6:30 - 8am<br>TRACK AFTER SCHOOL | 03<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                        | 04<br>8th Graders Lift: 6:30 - 8am<br>TRACK AFTER SCHOOL                       | 05<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                            | 06<br>TRACK AFTER SCHOOL | 07  |
| 08     | 09<br>8th Graders Lift: 6:30 - 8am<br>TRACK AFTER SCHOOL | 10<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL<br>PARENT MEETING 6:30 | 11<br>8th Graders Lift: 6:30 - 8am<br>TRACK AFTER SCHOOL                       | 12<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                            | 13<br>VIRTUAL DAY        | 14<br>SUN COACHES RETREAT @SFHS 8AM - 6PM |
| 15     | 16<br>8th Graders Lift: 6:30 - 8am<br>TRACK AFTER SCHOOL | 17<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                        | 18<br>8th Graders Lift: 6:30 - 8am<br>TRACK AFTER SCHOOL                       | 19<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                            | 20<br>TRACK AFTER SCHOOL | 21  |
| 22     | 23<br>8th Graders Lift: 6:30 - 8am<br>TRACK AFTER SCHOOL | 24<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                        | 25<br>8th Graders Lift: 6:30 - 8am<br>TRACK AFTER SCHOOL<br>TENNESSEE PRACTICE | 26<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL<br>SOUTH CAROLINA PRACTICE | 27                       | 28  |
| 29     | 30<br>8th Graders Lift: 6:30 - 8am<br>TRACK AFTER SCHOOL | 31<br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL<br>GEORGIA PRACTICE    | 01   | 02  | 03                       | 04  |
| 05     | 06   | Notes:  |  |   |                          |   |

# April



# 2026

| SUNDAY | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY             | SATURDAY |
|--------|---|---|---|--|--------------------|----------|
| 29     | 30  | 31  | <b>01</b><br>8th Graders Lift: 6:30 - 8am<br>TRACK AFTER SCHOOL                           | <b>02</b><br>WINTER WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL<br>AUBURN PRACTICE | 03<br>OFF          | 04       |
| 05     | 06<br>SPRING BREAK  | 07<br>SPRING BREAK  | 08<br>SPRING BREAK  | 09<br>SPRING BREAK   | 10<br>SPRING BREAK | 11       |
| 12     | <b>13</b><br>8th Graders Lift: 6:30 - 8am<br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | <b>14</b><br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | <b>15</b><br>8th Graders Lift: 6:30 - 8am<br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | <b>16</b><br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                    | 17<br>OFF          | 18       |
| 19     | <b>20</b><br>8th Graders Lift: 6:30 - 8am<br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | <b>21</b><br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | <b>22</b><br>8th Graders Lift: 6:30 - 8am<br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | <b>23</b><br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                    | 24<br>OFF          | 25       |
| 26     | <b>27</b><br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                                 | <b>28</b><br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL | <b>29</b><br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                                 | <b>30</b><br>SPRING WORKOUTS: 7-8am<br>TRACK AFTER SCHOOL                    | 01                 | 02       |
|        | 8th Graders WAR EAGLE WEEK: 4:45 - 6pm  |   |   |  |                    |          |
| 03     | 04  | Notes:  |   |  |                    |          |

# May



# 2026

| SUNDAY                         | MONDAY             | TUESDAY            | WEDNESDAY          | THURSDAY           | FRIDAY                        | SATURDAY |
|--------------------------------|--------------------|--------------------|--------------------|--------------------|-------------------------------|----------|
| 26                             | 27                 | 28                 | 29                 | 30                 | 01<br>OFF                     | 02       |
| 03                             | 04<br>VIRTUAL WEEK | 05<br>VIRTUAL WEEK | 06<br>VIRTUAL WEEK | 07<br>VIRTUAL WEEK | 08<br>VIRTUAL WEEK            | 09       |
| <b>SPRING PRACTICE (4-6pm)</b> |                    |                    |                    |                    |                               |          |
| 10                             | 11                 | 12                 | 13                 | 14                 | 15<br>BLUE/WHITE<br>SCRIMMAGE | 16       |
| <b>SPRING PRACTICE (4-6pm)</b> |                    |                    |                    |                    |                               |          |
| 17                             | 18<br>TBA          | 19<br>TBA          | 20<br>TBA          | 21<br>TBA          | 22<br>LAST DAY OF<br>SCHOOL   | 23       |
| 24                             | 25                 | 26                 | 27                 | 28                 | 29                            | 30       |
| <b>DEAD WEEK</b>               |                    |                    |                    |                    |                               |          |
| 31                             | 01                 | Notes:             |                    |                    |                               |          |

# June



# 2026

| SUNDAY | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY    | SATURDAY |    |
|--------|---|---|--|---|-----------|----------|----|
| 31     | 01<br>SUMMER WORKOUTS:<br>9am-NOON  | 02<br>SUMMER WORKOUTS:<br>9am-NOON                            | 03<br>SUMMER WORKOUTS:<br>9am-NOON                             | 04<br>SUMMER WORKOUTS:<br>9am-NOON<br><br>AUBURN<br>7V7     | 05<br>OFF | 06       |    |
| 07     | 08<br>SUMMER WORKOUTS:<br>9am-NOON<br><br>SOUTH CAROLINA<br>7V7           | 09<br>SUMMER WORKOUTS:<br>9am-NOON<br><br>KENNESAW ST.<br>7V7 | 10<br>SUMMER WORKOUTS:<br>9am-NOON<br><br>GEORGIA STATE<br>7V7 | 11<br>SUMMER WORKOUTS:<br>9am-NOON<br><br>CORKY KELL<br>7V7 | 12<br>OFF | 13       |    |
| 14     | 15<br>SUMMER WORKOUTS:<br>9am-NOON  | 16<br>BUFORD TEAM CAMP  |  | 18<br>SUMMER WORKOUTS:<br>9am-NOON                          | 19<br>OFF | 20       |    |
| 21     | 22<br>SUMMER WORKOUTS:<br>9am-NOON<br><br>WAR EAGLE YOUTH CAMP Noon - 3pm | 23<br>SUMMER WORKOUTS:<br>9am-NOON                            | 24<br>SUMMER WORKOUTS:<br>9am-NOON                             | 25<br>SUMMER WORKOUTS:<br>9am-NOON                          | 26<br>OFF | 27       |    |
| 28     | 29<br>DEAD WEEK   |   |  |   |           | 03       | 04 |
| 05     | 06  | Notes:  |  |   |           |          |    |

# July






# 2026

| SUNDAY | MONDAY                               | TUESDAY                      | WEDNESDAY                    | THURSDAY                     | FRIDAY                | SATURDAY |
|--------|--------------------------------------|------------------------------|------------------------------|------------------------------|-----------------------|----------|
| 28     | 29                                   | 30                           | 01                           | 02                           | 03                    | 04       |
|        | <b>DEAD WEEK</b>                     |                              |                              |                              |                       |          |
| 05     | 06                                   | 07                           | 08                           | 09                           | 10                    | 11       |
|        | SUMMER WORKOUTS:<br>9am-NOON         | SUMMER WORKOUTS:<br>9am-NOON | <b>FCA CAMP: UWG</b>         |                              |                       |          |
| 12     | 13                                   | 14                           | 15                           | 16                           | 17                    | 18       |
|        | SUMMER WORKOUTS:<br>9am-NOON         | SUMMER WORKOUTS:<br>9am-NOON | SUMMER WORKOUTS:<br>9am-NOON | SUMMER WORKOUTS:<br>9am-NOON | OFF                   |          |
| 19     | 20                                   | 21                           | 22                           | 23                           | 24                    | 25       |
|        | <b>HEAT ACCLIMATION (9am - NOON)</b> |                              |                              |                              |                       |          |
| 26     | 27                                   | 28                           | 29                           | 30                           | 31                    | 01       |
|        | PRACTICE<br>4pm - 6pm                | PRACTICE<br>4pm - 6pm        | PRACTICE<br>4pm - 6pm        | PRACTICE<br>4pm - 6pm        | PRACTICE<br>4pm - 6pm |          |
|        |                                      | TEACHERS BACK<br>TO SCHOOL   |                              |                              |                       |          |
| 02     | 03                                   | Notes:                       |                              |                              |                       |          |

# August







# 2026

| SUNDAY | MONDAY                      | TUESDAY                     | WEDNESDAY                   | THURSDAY   | FRIDAY  | SATURDAY |
|--------|-----------------------------|-----------------------------|-----------------------------|--|---|----------|
| 26     | 27                          | 28                          | 29                          | 30   | 31  | 01       |
| 02     | 03<br>PRACTICE<br>4pm - 6pm | 04<br>PRACTICE<br>4pm - 6pm | 05<br>PRACTICE<br>4pm - 6pm | 06<br>FIRST DAY OF<br>SCHOOL<br>PRACTICE<br>6:30am - 8am | 07<br><br>PRE SEASON<br>VS. EAST | 08       |
| 09     | 10<br>PRACTICE<br>4pm - 6pm | 11<br>PRACTICE<br>4pm - 6pm | 12<br>PRACTICE<br>4pm - 6pm | 13<br>PRACTICE<br>4pm - 6pm                              | 14<br>BYE   | 15       |
| 16     | 17<br>PRACTICE<br>4pm - 6pm | 18<br>PRACTICE<br>4pm - 6pm | 19<br>PRACTICE<br>4pm - 6pm | 20<br>PRACTICE<br>6:30am - 8am                           | 21<br><br>GAME 1<br>@ DULUTH     | 22       |
| 23     | 24<br>PRACTICE<br>4pm - 6pm | 25<br>PRACTICE<br>4pm - 6pm | 26<br>PRACTICE<br>4pm - 6pm | 27<br>PRACTICE<br>6:30am - 8am                           | 28<br><br>GAME 2<br>@ CHEROKEE | 29       |
| 30     | 31<br>PRACTICE<br>4pm - 6pm | Notes:                      |                             |  |   |          |

# September






# 2026

| SUNDAY | MONDAY  | TUESDAY  | WEDNESDAY                                      | THURSDAY   | FRIDAY  | SATURDAY |
|--------|---|--|--|--|---|----------|
| 30     | 31  | 01<br>PRACTICE<br>4pm - 6pm                    | 02<br>PRACTICE<br>4pm - 6pm                    | 03<br>PRACTICE<br>6:30am - 8am   | 04<br><br>GAME 3<br>@ ALATOONA   | 05       |
| 06     | 07<br>NO SCHOOL<br><br>PRACTICE<br>9am - 11am | 08<br>PRACTICE<br>4pm - 6pm                    | 09<br>PRACTICE<br>4pm - 6pm                    | 10<br>PRACTICE<br>6:30am - 8am   | 11<br><br>GAME 4<br>@ CENTENNIAL | 12       |
| 13     | 14<br>PRACTICE<br>4pm - 6pm                   | 15<br>PRACTICE<br>4pm - 6pm                    | 16<br>PRACTICE<br>4pm - 6pm                    | 17<br>PRACTICE<br>6:30am - 8am   | 18<br><br>GAME 5<br>STARRS MILL  | 19       |
| 20     | 21<br>PRACTICE<br>4pm - 6pm                   | 22<br>PRACTICE<br>4pm - 6pm                    | 23<br>PRACTICE<br>6:30am - 8am                 | 24<br><br>GAME 6<br>@ LAMBERT | 25  | 26       |
| 27     | 28<br>FALL BREAK                              | 29<br>FALL BREAK<br><br>PRACTICE<br>9am - 11am | 30<br>FALL BREAK<br><br>PRACTICE<br>9am - 11am | 01   | 02  | 03       |
| 04     | 05  | Notes:   |  |  |   |          |

# October




# 2026

| SUNDAY | MONDAY  | TUESDAY                     | WEDNESDAY                   | THURSDAY                                       | FRIDAY   | SATURDAY |
|--------|---|-----------------------------|-----------------------------|--|--|----------|
| 27     | 28  | 29                          | 30                          | 01<br>FALL BREAK<br><br>PRACTICE<br>9am - 11am | 02<br>FALL BREAK<br><br>BYE  | 03       |
| 04     | 05<br>PRACTICE<br>4pm - 6pm                   | 06<br>PRACTICE<br>4pm - 6pm | 07<br>PRACTICE<br>4pm - 6pm | 08<br>PRACTICE<br>6:30am - 8am                 | 09<br><br>GAME 7<br>@ DENMARK | 10       |
| 11     | 12<br>PRACTICE<br>4pm - 6pm                   | 13<br>PRACTICE<br>4pm - 6pm | 14<br>PRACTICE<br>4pm - 6pm | 15<br>PRACTICE<br>6:30am - 8am                 | 16<br><br>GAME 8<br>NORTH     | 17       |
| 18     | 19<br>NO SCHOOL<br><br>PRACTICE<br>9am - 11am | 20<br>PRACTICE<br>4pm - 6pm | 21<br>PRACTICE<br>4pm - 6pm | 22<br>PRACTICE<br>4pm - 6pm                    | 23<br><br>BYE  | 24       |
| 25     | 26<br>PRACTICE<br>4pm - 6pm                   | 27<br>PRACTICE<br>4pm - 6pm | 28<br>PRACTICE<br>4pm - 6pm | 29<br>PRACTICE<br>6:30am - 8am                 | 30<br><br>GAME 9<br>WEST    | 31       |
| 01     | 02  | Notes:                      |                             |  |  |          |

# November



# 2026

| SUNDAY | MONDAY                      | TUESDAY                     | WEDNESDAY                   | THURSDAY                       | FRIDAY  | SATURDAY |
|--------|-----------------------------|-----------------------------|-----------------------------|--------------------------------|---|----------|
| 01     | 02<br>PRACTICE<br>4pm - 6pm | 03<br>PRACTICE<br>4pm - 6pm | 04<br>PRACTICE<br>4pm - 6pm | 05<br>PRACTICE<br>6:30am - 8am | 06<br><br>GAME 10<br>@ CENTRAL | 07       |
| 08     | 09                          | 10                          | 11                          | 12                             | 13  | 14       |
| 15     | 16                          | 17                          | 18                          | 19                             | 20  | 21       |
| 22     | 23<br>NO SCHOOL             | 24<br>NO SCHOOL             | 25<br>NO SCHOOL             | 26<br>NO SCHOOL                | 27<br>NO SCHOOL   | 28       |
| 29     | 30                          | 01                          | 02                          | 03                             | 04  | 05       |
| 06     | 07                          | Notes:                      |                             |                                |   |          |

# December



# 2026

| SUNDAY | MONDAY          | TUESDAY         | WEDNESDAY       | THURSDAY        | FRIDAY          | SATURDAY |
|--------|-----------------|-----------------|-----------------|-----------------|-----------------|----------|
| 29     | 30              | 01              | 02              | 03              | 04              | 05       |
| 06     | 07              | 08              | 09              | 10              | 11              | 12       |
| 13     | 14              | 15              | 16              | 17              | 18<br>NO SCHOOL | 19       |
| 20     | 21<br>NO SCHOOL | 22<br>NO SCHOOL | 23<br>NO SCHOOL | 24<br>NO SCHOOL | 25<br>NO SCHOOL | 26       |
| 27     | 28<br>NO SCHOOL | 29<br>NO SCHOOL | 30<br>NO SCHOOL | 31              | 01              | 02       |
| 03     | 04              | Notes:          |                 |                 |                 |          |