



International Board of Hypnotherapy

In Service of Humanity

Dear Medical Professional,

This letter is to introduce Candace Kynaston, a Certified Medical Support Clinical Hypnotherapist (CMS-CHt) and Fellow of the International Board of Hypnotherapy (FIBH). As a clinical hypnotherapist with specialty training in "medical support hypnotherapy," Ms. Kynaston can provide your patient populations the adjunctive care that so many need.

Both research and field work corroborate the following benefits to integrating adjunctive hypnotherapy:

- Cost reductions.
- Procedural pain reduction.
- Post-procedural accelerated recovery time.
- Reduction in complications.
- Greater compliance with prescribed treatment plan.
- Improved attitude toward wellness.
- All around outcomes improved.

As educators, we understand the need for standards of practice and professional decorum. The International Board of Hypnotherapy only registers Certified Medical Support Clinical Hypnotherapists who have the following qualifications:

- Advanced training in the adjunctive use of medical hypnotherapy.
- Professional certification by the International Board of Hypnotherapy.
- Their own professional liability insurance.

If you should have any questions regarding Ms. Kynaston and how to integrate medical support hypnotherapy into your practice, please contact us at 505-767-8030.

Sincerely,

Robert Sapien, MD FAAP, CMS-CHt FIBH
Director

Tim Simmerman Sierra, CMS-CHt, FIBH
Director

Angela Simmerman Sierra, CMS-CHt, FIBH
Director