

# SAKHE

FAMILY CARE

2021 PROFILE



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## ABOUT US

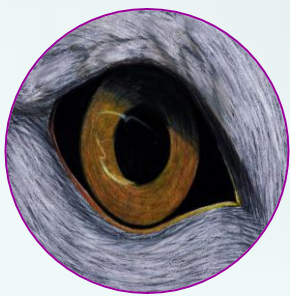
Sakhe Family Care is a nonprofit organization situated at one of the small towns of the Kouga municipality called Humansdorp. The organization was established in 2015 by Thanduxolo Buka, with the vision of preserving the family system through the promotion of fatherhood, healthy parenting, self-development and economic independence.

The organization offers family preservation and victim empowerment programs that are both preventative and remedial in nature. Sakhe Family Care prioritizes **healthy relationship-building** amongst families and **economic growth** in poverty stricken areas, as they are key catalysts in alleviating the scourge of poverty; improving the quality and protection of family life and creating safer communities.

The organization's sustainability and effectiveness in implementing its programs for its beneficiaries has been fueled by its competent personnel, supportive community, relevant stakeholders and funding partners. Sakhe is greatly indebted to the Department of Social Development, Kouga municipality, Kouga Health Department, Correctional Services, the Kouga Wind farm, the Humansdorp Woodlands Dairy, the IDT, the NDA, BopheloImpilo Development Centre, and the KwaNomzamo community for supporting its vision and making it a reality.

Sakhe Family Care has reached out to more than 1850 families; mentored 210 young men in preparation for manhood; Awarded 140 men as Fathers and Man of Honor; helped over 3000 learners through the After School program; Created over 150 Jobs; and conducted over 50 workshops on parenting, fatherhood, small scale farming, and Gender-based violence. The organization continues to make strides to extend its reach and transform the lives of many in the Kouga municipality and surrounding areas of the Sarah Baartman district.





## VISION

Building sustainable and quality family life, through psychosocial programs, educational support and promotion of economic independence, for families to function at their optimal level.



## MISION

We prioritize the equipment of families with effective tools and parenting skills to activate and enable healthy marriage life and parent-child relationships.

We strive towards being a safe developmental space where participants could freely express their hopes and pursue their dreams.

We are committed to providing support for unemployed parents by empowering them with skills, linking them to job opportunities and encouraging economic independence.

# OBJECTIVES

1. Recruit 40 Grade 3 – 6 learners into the After School Program annually, to assist with homework, extra syllabus lessons, and keep them invested in academic activities that would enable them to reach higher learning in future.

7. Equip 30 women with sewing skills and produce one legally registered enterprise that will commercialise the learned skill.

6. Train 120 beneficiaries with small scale farming skills by the end of 2021

5. Create 120 Job opportunities in the next 3 years, and retain 50% of continued permanent employment.

2. Equip 240 Families with skills that would enrich their relationships, and enable them towards good parenting practices, economic stability and self-development every fiscal year.

3. Harness funding opportunities that will ensure full implementation of all our projects and quality service delivery for our beneficiaries without fail.

4. Ensure organizational sustainability, through income generating projects.



# VALUES



Integrity  
Human Dignity  
Honesty  
Respect for Diversity



Professionalism  
Safety  
Collaboration  
Development



Accountability  
Passion  
Friendliness  
Hope



# OUR PROGRAMS



## Psychosocial Support

The focus is on providing:

1. one-on-one and family **counselling** services,
2. **Fatherhood and Manhood** Educational workshops,
3. **Marriage Enrichment** workshops
4. **Gender-Based Violence Awareness Campaigns** to unite and preserve families.

## Developmental Programs

### 1. After School Program

The program focuses on providing after school homework, extra lessons and test/Exam preparation, for pupils in Grade 3 and Grade 4. The objective is to help children coming from impoverished backgrounds to receive sufficient nutritional and educational support.

### 2. Job Readiness Program

This program is designed for out of school unemployed youth. Activities include; Self-development life skills, Career Guidance, Leadership Skills, Learnerships and Job creation through Expanded Public Works and infrastructure programs. The objective is to create a safe space for the youth to unleash and discover their Godly given talents and gifts.



## Livelihood Program

### 1. Small Scale Farming

One hundred and twenty Job opportunities have been created through this project from 2019 to date. The main aim of the program is to increase the number of households that grow their own food and influence entrepreneurial skills that will turn this activity into a business opportunity.

### 2. Sewing Skills Training

A new skills and enterprise development program that is aimed at equipping 30 women annually with sewing and business skills. This is designed to assist GBV victims and survivors, to find own ways of survival and become economically independent.



# OUR BENEFICIARIES

- ❖ The residents of Kouga municipality, especially those in KwaNomzamo, Sea-Vista, Kruisfontein, Arcadia and surrounding farms.
- ❖ The unemployed out of school youth. Youth referring to anyone between 18 – 35 years old.
- ❖ Women and children suffering from poverty and Gender-Based Violence.
- ❖ Boys transitioning into manhood (Initiates and Amakrwala), and young single fathers
- ❖ Schools within the Kouga municipality

## OUR PARTNERS

- Department of Social Development
- Department of Health (Kouga)
- Department of Correctional Services (Kouga)
- Kouga Municipality
- National Development Agency
- Independent Development Trust
- Kouga Wind Farm
- BopheloImpilo Development Centre
- Iingcibi Amakhankatha Circumcision Association
- First National Bank (Humansdorp)
- Woodlands Dairy (Pty) Ltd
- BUCO Humansdorp

# S

Sakhe Family Care is the only one of its kind in Humansdorp throughout the Kouga municipality.

Over 15 years of experience in the field.

Commendable brand reputation and well Established relationships with Stakeholders and beneficiaries.

An increasing donor base

# W

Lacking the necessary resources to hire professional and experienced workforce. And unable to retain employees due to the shortfall and insufficient earnings to match one's living costs.

The organization is constantly seeking out open opportunities to secure adequate funding in order to afford to hire and retain professional human resources.

Limited brand visibility and marketing. The plan is to obtain a website, branded work garments, business cards and other relevant brand promotion tools in order to increase brand awareness.

# O

Increasing our reach through popular channels and virtual platforms.

Establishing new relationships with beneficiaries and potential funders.

Implement a sustainability plan for the organization to ensure programs and the overall running of the organization continues after external funding contracts have been discontinued.

# T

Insufficient resources that may result in loss of personnel and ineffectiveness in intended programs.

Burglary and theft criminal cases in the area, demanding for high tech and reliable security systems in place – that the organization may not afford.

## ANALYSIS







# HUMAN RESOURCES

## Board of Directors

**Siyabonga W. Tambo**  
Chairperson

**Philiswa M. Lufefe**  
Secretary

**Thanduxolo Buka**  
Director

**Zimasile N. Mkona**  
Treasurer

**Monalisa L. Mahe**  
Additional Member

**Thanduxolo Spaire**  
Additional Member

**Dumisani G. Dyasi**  
Additional Member

## Members of Staff

**Thanduxolo Buka**  
Managing Director

**Xolani Olifant**  
Family Care Worker

**Xolisa Sibengile**  
Administrator

**Thuliswa Msitshana**  
Coordinator

**Siyamthanda Jabavu**  
Family Care Worker



## CONTACT US

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### CONTACT PERSON(S)

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Managing Director  
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