

Pamela L. Begay Psychotherapy, LLC
Address: 5101 College Blvd.
Phone: (505) 787-2518
Hours: Monday-Friday (upon available appt) 9am-5pm

Insurances Accepted:

Cigna
BSBS-NM
HMA
Presbyterian
Western Skies
United Healthcare

Dr. Pamela L. Begay, PhD, LCSW

Dr. Begay has specialized training treating trauma, depression, anxiety, and other mental health ailments in both children and adults and utilizes differing treatment modalities including EMDR (Eye Movement Desensitization and Reprocessing), Trauma-Informed Care, Trauma-Focused Cognitive Behavioral Therapy, Somatic Experiencing, and theory driven/evidenced based practice to improve patient wellness. Dr. Begay appreciates and encourages patient autonomy and active engagement in the therapeutic process.

Dr. Begay graduated from the University of New Mexico in 2000 with her bachelor's degree, graduated with her Master of Social Work from Washington University in St. Louis in 2004. She received her PhD in Clinical Social Work from Smith College School for Social Work in Northampton, MA. Her career spans many years in differing capacities such as in a tribal court setting, community focused work, group practice, private practice and taught both BSW and MSW courses at different colleges and universities.

Dr. Begay has been in practice since 2004 and currently sees patients in Farmington, NM. She has been married to her husband since 2002 and they have two wonderful children.

Manasseh Begay, LCSW, LADAC

Hello, my name is Manasseh Begay, I am a Licensed Clinical Social Worker and a Licensed Alcohol and Drug Counselor. I have worked in my clinical practice in areas of depression, anxiety, trauma, substance use and abuse, and provide faith-based counseling.

In my previous employment I have worked as a Deputy with the San Juan County Sheriff's office, and as a Firefighter with the Bureau of Indian Affairs, United States Forest Service, and Bureau of Land Management. I have previously been an instructor at the San Juan Criminal Justice Training Authority.

On a personal side I have been married for 18 years and my wife and I have two children together. I enjoy running, hiking, camping, and just being outside.