

## What is CBD?

CBD, or Cannabidiol, is one of many naturally occurring compounds in mammals and plants. These compounds are referred to as cannabinoids, and in humans are referred to as endocannabinoids.

Plant cannabinoids are referred to as phytocannabinoids, or just cannabinoids.

Full-spectrum CBD oil (oil that has all of the cannabinoids in it) has many health benefits for all mammals.

DISEASE AND HEALTH BENEFITS	CANNABINOIDS							
PAIN AND SLEEP PROBLEMS	CBD	CBDV	CBC	CBG	CBN	THC	THCV	THCA
Analgesic (reduces pain)	●		●		●	●		
Anti-Inflammatory (reduces inflammation)	●		●	●				●
Anti-Insomnia (sleep aid)					●			
Anti-Sleep Apnea (reduces sleep apnea in animal studies)						●		
PSYCHIATRIC AND NEUROLOGICAL DISORDERS	CBD	CBDV	CBC	CBG	CBN	THC	THCV	THCA
anti-depressant (assists with depression)	●					●		
anxiolytic (relieves anxiety)	●							
anti-psychotic (reduces psychotic behavior)	●							
anti-spasmodic (relieves spasms)	●				●	●		●
anti-epileptic (suppresses epileptic fits)	●						●	
neuroprotective (protects from neurodegenerative diseases)	●					●		
EATING AND DIGESTIVE DISORDERS	CBD	CBDV	CBC	CBG	CBN	THC	THCV	THCA
intestinal anti-prokinetic (digestive aid)	●							
anti-emetic (reduces nausea)	●					●		
appetite stimulant (encourages eating and appetite)						●		
appetite suppressant (reduces desire to eat)							●	
anti-bacterial (effective against bacteria)	●			●				
anti-microbial (inhibits growth of microorganisms)			●					
antioxidant (fights free radicals in the bloodstream)					●	●		
SPECIFIC DISEASES AND OTHER BENEFITS	CBD	CBDV	CBC	CBG	CBN	THC	THCV	THCA
anti-diabetic (reduces diabetic symptoms)	●						●	
anti-psoriatic (helps with itching/psoriasis)	●							
bone stimulant (helps with bone growth)	●	●	●	●			●	
anti-proliferative (inhibits tumor cell growth)	●		●	●				●
immunosuppressive* (help for lupus/rheumatoid arthritis)	●							
anti-ischemic (reduces risk of artery blockage)	●							
vasoconstriction (constricting of the blood vessels)			●					
vasorelaxant (relaxes veins for better blood flow)	●							
allograft stimulant (minimizes organ rejection)	●							
intraocular eye pressure (reduces pressure from glaucoma)						●		