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Did you know...

Artist and writer Susan Kaiser Vogel’s “Blue Flame” is out now, and it’s a testament to the power of embracing ephemeral moments. Vogel’s work explores the intersection of nature and the human experience, and the power of letting go.

Visual artist Lita Albuquerque, on staying grounded in the moment:

“Sometimes in daily life, you can be caught in your own head, or the noise floor of humans. But then you look up and you say, ‘Oh, there’s a tree,’ and you look at the sky again, and you say, ‘Oh, the sky.’ For someone who has connected so much with the cosmos and reflects the cosmos back to us through her art, it’s a beautiful reminder of the interconnectedness of all things.”

Lita Albuquerque, who has connected so much with the cosmos and reflects the cosmos back to us through her art, describes her role as a “multi-disciplinary visionary artist” and writer, bringing concepts of the cosmos to earth and back again.

When setting foot in an environment for the first time, what do you ask yourself? For Albuquerque, it’s often about the sense of place and the interrelationship with others. “It can’t be just closed off,” she says. “It’s a matter of location.”

When asked if her experiences, like the time she worked with opera greats like Plácido Domingo and Luciano Pavarotti, have changed her days as an artist, she says yes. “It’s a matter of time, participating. So it is a matter of location.”

She describes her work as “ephemeral and permanent works that map terrestrial and cosmic movement in the 1970s and has spent her career making both earth to cosmos, claiming the human as the question (or as field), and our connection to that—I think that’s important as well.”

When asked how she has managed to stop and experience things in a very different way, she says it’s because she feels connected to all of nature. “The fact that I have that connection, I don’t need to be so busy.”

Albuquerque, who was asked if her experiences have prepared her for this moment, says absolutely. “It’s been a good thing.”

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