

# MIND · BODY · SOUL RETREAT & TRANSFORMATION PROGRAM

*A deeply immersive retreat, followed by guided integration for lasting transformation.*

## BECOME LIMITLESS



**MAIRA RESORT & CONVENTION CENTER**  
Mar 28 (9.00 AM - 6 PM) - Mar 29 (9.00AM - 6 PM)

*With Surbhi Pandya • Dr. Anil Singhvi*  
*International Mind–Body Experts*

- **Deep inner stillness, focus & alignment**
- **Power Breath Reset**
- **Hypnotherapy -break free from limiting patterns**
- **Radical Forgiveness & freeing up inner space**
- **NLP & Zero Limits Subconscious Reprogramming**
- **Eliminate Procrastination**
- **Pain management at your fingertips**

*One experience. Profound change. Worldwide.*

THE SAME MIND · BODY · SOUL RETREAT HAS BEEN  
CONDUCTED ACROSS INDIA, USA, UK & MIDDLE EAST  
NEW YORK · CHICAGO · LONDON · DUBAI  
DELHI · AHMEDABAD · INDORE · KOLKATA

*Different countries. Different cultures. Same deep transformations.*