



# March 2026 Menu

Lunch Served at Noon  
Call ahead for to-go orders  
208-879-6338

MONDAY	WEDNESDAY	FRIDAY
<p style="text-align: right;">2</p> <p><b>Beef &amp; Sausage Empanada</b> Mexican Rice Corn Seasonal Fruit</p>	<p style="text-align: right;">4</p> <p><b>Roast Chicken</b> Carrots Applesauce Dinner Roll</p>	<p style="text-align: right;">6</p> <p><b>Tomato Soup</b> Monte Cristo Sandwich Apple Slices</p>
<p style="text-align: right;">9</p> <p><b>Blueberry French Toast Casserole</b> Hashbrowns Sausage Links Orange Slices</p>	<p style="text-align: right;">11</p> <p><b>Pork Tenderloin</b> Mashed Potatoes &amp; Gravy Carrots Roll Banana</p>	<p style="text-align: right;">13</p> <p><b>Chicken Divan w/Broccoli</b> Dinner Roll Fruit Salad Birthday Cake</p>
<p style="text-align: right;">16</p> <p><b>Egg Salad Sandwich</b> Caprese Salad Cantaloupe Cookie</p>	<p style="text-align: right;">18</p> <p><b>Butternut Squash Soup</b> Sausage Roll Apple Slices</p>	<p style="text-align: right;">20</p> <p><b>Grilled Cheeseburgers</b> French Fries Green Salad Banana Cookie</p>
<p style="text-align: right;">23</p> <p><b>Pot Roast</b> Mashed Potatoes Fruit Dinner Roll Yogurt</p>	<p style="text-align: right;">25</p> <p><b>Ham</b> Cornbread Mixed Vegetables Apple Pie</p>	<p style="text-align: right;">27</p> <p><b>Spaghetti Bake</b> Garlic Bread Green Salad Seasonal Fruit</p>
<p style="text-align: right;">30</p> <p><b>Chef Salad</b> French Bread Apple Slices Cookie</p>		<p><b>Happy St. Patrick's Day from all your friends at the Challis Senior Citizens Center!</b></p>

USDA is an equal opportunity provider  
Menu subject to change

Lunch Meals & Delivery are available to EICAP qualified residents.  
**Call EICAP to register: 208-542-8179**

Challis Senior Citizens Center, Inc.  
695 Challis Creek Road  
PO Box 997  
Challis, ID, 83226  
208-879-6338 [www.challisniorcenter.com](http://www.challisniorcenter.com)

**Lunch Suggested Donation**

**Seniors (60+) - \$5 suggested donation**

**All others (59 & younger) - \$7 suggested donation**

Here are some dates to remember:

**March 12<sup>th</sup> – Board Meeting at 10 AM**

**March 13<sup>th</sup> – Birthday Cake Day**

**March 18<sup>th</sup> – Senior Nutrition Presentation by Katie McFarland, FCS  
Extension Educator at University of Idaho Extension**

**March 26<sup>th</sup> – Food Bank Distribution Day**

If you have any questions about the food bank, please call Kelly at (208) 283-9865

**March 28<sup>th</sup> – Indoor Yard Sale at 10 AM**

**Pinocle – every Monday, Wednesday, and Friday after lunch**

**BINGO Every Saturday 4 pm- 6 pm, must be 18 years to play**

**VOLUNTEERS ALWAYS NEEDED**

**THANK YOU FOR YOUR SUPPORT!**

**Tropical Fruit Protein Fluff Salad**

- 1 cup pineapple (fresh or canned) - 1 cup mandarin oranges (fresh or canned) - 1 sliced banana
- 1 cup Cool Whip (low fat) - ½ cup nuts (walnuts, pecans, peanuts, etc) -2 cups cottage cheese

Drain canned fruit if needed.



Add all ingredients into a bowl, mix, and let cool in the refrigerator for at least 2 hours overnight. Enjoy!