

# Prepared to Handle Our Giants.

Facing and dealing with our giants (problems, circumstances, depressing moments, temptations, etc.) is all about preparation. If we are not prepared, when a giant appears, then they will consume us. However, we don't have to allow these giants to defeat us. We can choose to be prepared. Being prepared is not about doing a bunch of rituals. Preparation is a lifestyle. When David confronted Goliath, he didn't just all of a sudden decide he could do this, grunt his teeth and hope for the best. David didn't just fall into a trance or say hocus pocus. No, David reacted in what was already in his heart. He was already prepared way before the day came when Goliath appeared.

A lifestyle of preparation is about renewing our minds with the Word of God and guarding our hearts from the world. We can only renew and guard by reading, studying and meditating on God's Word. Then by accepting the truth of who we are in Christ, all that we have in Christ and how much our Amazing Father loves us, our hearts and minds begin to change. As we receive the truth of God's Word in our hearts and our minds, we will experience our speech and our actions beginning to be in sync with each other. When this happens, our lifestyle is starting to become prepared, prepared for anything, even a giant,

A prepared lifestyle with Christ dwelling in our hearts enables us to overcome any giants along the way because when the Word of God dwells in our hearts richly, overcoming giants will become as normal as walking and talking.

David lived a prepared lifestyle.

On this particular day, David didn't necessarily know he was going to face a giant. We may not always know when we are going to face giants but when we are prepared in our hearts, we will always be ready.

How can we specifically be prepared? What does a prepared lifestyle look like?

Here are some examples of what David did to become prepared in his heart and what his heart looked like.

## A Prepared Lifestyle

1. David was a Jew so therefore he and his brothers would have been taught the law (the first five books of the Bible).

***“Repeat (teach) them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. Tie them to your hands and wear them on your forehead as reminders. Write them on the doorposts of your house and on your gates.”***  
Deuteronomy 6:7-9

***\*\*A lifestyle of preparation always starts with the Word of God. We must spend time in God's Word. We need to learn and meditate on what God says about who we are and what we have in Him.***

***\*\* We also learn the importance of teaching the Word of God to our children. We never know who the next David will be.***

## 2. David allowed God's Word and God's Promises to live in his heart.

"These words, which I am commanding you today, shall be [written] on your heart and mind."  
Deuteronomy 6:6 AMP

- David and his brothers were all taught the same thing growing up, yet David was the only one who received (allowed) God's Word in his heart. We see this when Samuel came to anoint the next King.

"And when He had removed him, He raised up for them David as king, to whom also He gave testimony and said, ***'I have found David the son of Jesse, a man after My own heart, who will do all My will.'***"  
Acts 13:22 NKJV

"But the LORD said to Samuel, "Do not look at his appearance or at the height of his stature, because I have rejected him; for ***God does not see as man sees, since man looks at the outward appearance, but the LORD looks at the heart.***"  
1 Samuel 16:7 NASB2020

- God's Word was in David's heart by the evidence when David arrives on the battlefield and witnesses Goliath mocking God and the people of God. We see his brother being offended when David spoke truth about the situation. Not David, he was offended that no one was standing up to this giant.

"Then David said to the men who were standing by him, "What will be done for the man who kills this Philistine and rids Israel of the disgrace? ***For who is this uncircumcised Philistine, that he has dared to defy the armies of the living God?***"

***Now Eliab his oldest brother heard him when he spoke to the men; and Eliab's anger burned against David*** and he said, "Why is it that you have come down? And with whom have you left those few sheep in the wilderness? I myself know your insolence and the wickedness of your heart; for you have come down in order to see the battle." But David said, "What have I done now? Was it not just a question?" Then he turned away from him to another and said the same thing; and the people replied with the same words as before."

1 Samuel 17:26, 28-30 NASB2020

***\*\*The difference between hearing God's Word and hearing and receiving God's Word, our hearts are like the ground in the parable of the Sower. Will we let God's Word take root in our hearts or will we let the cares of other things this world has to offer prevent it.***

***\*\* We need to saturate our hearts on God's Promises and Benefits we have as believers. A few of God's benefits include salvation, healing, deliverance, protection, favor, righteousness, victory, God's strength, God's faith, God's peace and literally everything we need for life. And this is only a fraction of what we have in Christ.***

## 3. David believed in his heart he was surrounded with God's favor. David wrote this Psalm.

“For You, O LORD, bless the righteous man [the one who is in right standing with You]; **You surround him with favor as with a shield.**” Psalms 5:12 AMP

**\*\*When we truly believe we are surrounded with the favor of God we will chase down lions and bears to protect our sheep (the things that are important to us)**

**\*\* We who are in Christ are surrounded by God’s favor.**

#### **4. David took seriously about loving the Lord with all your heart, mind, and soul.**

““Hear, O Israel! The LORD is our God, the LORD is one [the only God]! You shall love the LORD your God with all your heart and mind and with all your soul and with all your strength [your entire being]. These words, which I am commanding you today, shall be [written] on your heart and mind.” Deuteronomy 6:4-6 AMP

**\*\*God desires all to seek and love Him with all our hearts.**

#### **5. David was a musician and spent time praising the Lord**

“On an instrument of ten strings, On the lute, And on the harp, With harmonious sound. For You, LORD, have made me glad through Your work; I will triumph in the works of Your hands. O LORD, how great are Your works! Your thoughts are very deep.” Psalms 92:3-5 NKJV

**\*\*God desires praise from His creation. Even the stars praise him. Even if we don’t praise Him, God could cause rocks to praise Him. See Psalm 19:1-2 and Psalm 148: 3-4, 7-10**

“He replied, “If they kept quiet, the stones along the road would burst into cheers!”” Luke 19:40 NLTDavid was such a good musician that others noticed and he was positioned in the king’s court

#### **6. Music was what the Lord used to get him into position**

“So, Saul said to his servants, “Provide me now a man who can play well, and bring him to me.” Then one of the servants answered and said, “**Look, I have seen a son of Jesse the Bethlehemite, who is skillful in playing, a mighty man of valor, a man of war, prudent in speech, and a handsome person; and the LORD is with him.**”

So, David came to Saul and stood before him. And he loved him greatly, and he became his armorbearer.

And so it was, whenever the spirit from God was upon Saul, that **David would take a harp and play it with his hand.** Then Saul would become refreshed and well, and the distressing spirit would depart from him.”

I Samuel 16:17-18, 21, 23 NKJV

**\*\*What talent or gift can God use to get us into position to be effective for Him. God will bless the works of your hands.**

“The LORD will open to you His good treasure, the heavens, to give the rain to your land in its season, and to **ble<sup>s</sup>s all the work of your hand**. You shall lend to many nations, but you shall not borrow.”  
Deuteronomy 28:12 NKJV

## 7. God was with him and God is with us always.

“Then Samuel took the horn of oil and anointed him in the midst of his brothers; and **the Spirit of the LORD came upon David from that day forward**. So, Samuel arose and went to Ramah.”  
1 Samuel 16:13 NKJV

“Then one of the servants answered and said, “Look, I have seen a son of Jesse the Bethlehemite, who is skillful in playing, a mighty man of valor, a man of war, prudent in speech, and a handsome person; and **the LORD is with him.**”  
1 Samuel 16:18 NKJV

**\*\*God promises to never ever leave us under any circumstances.**

“...I WILL NEVER [under any circumstances] DESERT YOU [nor give you up nor leave you without support, nor will I in any degree leave you helpless], NOR WILL I FORSAKE or LET YOU DOWN or RELAX M Y HOLD ON YOU [assuredly not]!”  
Hebrews 13:5 AMP

## 8. David desired God’s heart.

“But now your kingdom shall not continue. **The LORD has sought for Himself a man after His own heart**, and the LORD has commanded him to be commander over His people, because you have not kept what the LORD commanded you.” 1 Samuel 13:14 NKJV

**\*\* We too can have a heart after God’s own heart. We too should and can seek after the things God desires.**

“You will seek me and find me when you seek me with all your heart.” Jeremiah 29:13 NIV

“But seek first his kingdom and his righteousness, and all these things will be given to you as well.”  
Matthew 6:33 NIV

## 9. David exhibited responsibility having 2 jobs.

“But David went back and forth from Saul to tend his father’s flock at Bethlehem.” 1 Samuel 17:15  
NASB2020

Job #1 Working with the sheep

“But David said to Saul, **“Your servant was tending his father’s sheep. When a lion or a bear came and took a sheep from the flock, I went out after it and attacked it, and rescued the sheep from its mouth; and when it rose up against me, I grabbed it by its mane and struck it and killed it. Your servant has killed both the lion and the bear;** and this uncircumcised Philistine will be like one of them, since he has defied the armies of the living God.”

1 Samuel 17:34-36 NASB2020

Job #2 Playing the harp for King Saul

“Whenever the spirit from God came on Saul, David would take up his lyre and play. Then relief would come to Saul; he would feel better, and the evil spirit would leave him.”  
1 Samuel 16:23 NIV

**\*\* We too have a responsibility. We are the body of Christ. Without the body, the head can do nothing. See 1 Corinthians 12:27**

**\*\* *Every job is important and has its place in society. Like David, we too need to be responsible in the area where God has placed us.***

“For the [human] body does not consist of one part, but of many [limbs and organs].

But now [as things really are] there are many parts [different limbs and organs], but a single body.”  
1 Corinthians 12:14, 20 AMP

## 10. David saw this giant as an opportunity?

“David asked the men standing near him, **“What will be done for the man who kills this Philistine and removes this disgrace from Israel?** Who is this uncircumcised Philistine that he should defy the armies of the living God?”” 1 Samuel 17:26 NIV

**\*\* When problems appear, with God’s Word in our hearts, we can now see them as opportunities.**

## 11. David knew in his heart he had a covenant with God

(His people had a covenant with God). David had an understanding what this covenant meant: He had Favor, Blessing, Protection, Deliverance, and Victory over their enemies. It meant God was with and for him. Therefore, David was able to respond in faith because he believed this covenant in his heart and it prepared him.

In other words, David was saying, who does this guy (Goliath) think he is? God is not with or for him, God is for me!

“Then David spoke to the men who were standing by him, “What will be done for the man who kills this Philistine and removes the disgrace [of his taunting] from Israel? **For who is this uncircumcised Philistine that he has taunted and defied the armies of the living God?**”” 1 Samuel 17:26 AMP

**\*\*We also have a covenant with Christ, in fact we have an even better covenant than David did.**

“But now Jesus, our High Priest, has been given a ministry that is far superior to the old priesthood, for he is the one **who mediates for us a far better covenant** with God, based on better promises.”  
Hebrews 8:6 NLT

## 12. David had no fear of anything or any man. He knew in his heart that if God was for him, who or what could be against him.

“Then David spoke to the men who were standing by him, “What will be done for the man who kills this Philistine and removes the disgrace [of his taunting] from Israel? **For who is this uncircumcised Philistine that he has taunted and defied the armies of the living God?**” 1 Samuel 17:26 AMP

“What then shall we say to all these things? ***If God is for us, who can be [successful] against us?***”  
Romans 8:31 AMP

***\*\*We too can live without any type of fears when we believe in our hearts that God is for us.***

### **13. When the giant threatened, mocked and began his intimidating threats, David responded in faith and courage not in fear like the others.**

“As he was talking with them, behold, the champion, the Philistine of Gath named Goliath, was coming up from the army of the Philistines, and he spoke these same words again; and ***David heard him.***”  
1 Samuel 17:23

“When the men of Israel all saw the man, they fled from him, and were very frightened.

Then David spoke to the men who were standing by him, “What will be done for the man who kills this Philistine and removes the disgrace [of his taunting] from Israel? For who is this uncircumcised Philistine that he has taunted and defied the armies of the living God?”

Then David said to the Philistine, “You come to me with a sword, a spear, and a javelin, but I come to you in the name of the LORD of hosts, the God of the armies of Israel, whom you have taunted. This day the LORD will hand you over to me, and I will strike you down and cut off your head. And I will give the corpses of the army of the Philistines this day to the birds of the sky and the wild beasts of the earth, so that all the earth may know that there is a God in Israel, and that this entire assembly may know that the LORD does not save with the sword or with the spear; for the battle is the LORD’S and He will hand you over to us.”

1 Samuel 17:24, 26, 45-47 AMP

***\*\*When obstacles come our way, we can also either respond in faith or fear. We can respond in dread or see problems as great opportunities.***

### **14. David’s purpose (or cause) is what drove him**

“And David said, “What have I done now? ***Is there not a cause?***””  
1 Samuel 17:29 NKJV

***\*\* David’s cause was to stand for what was right. He was standing on God’s Word. He was essentially saying God will not be mocked. This giant is insulting and mocking the Lord. How can we stand for this?***

“As he was talking with them, Goliath, the Philistine champion from Gath, came out from the Philistine ranks. Then David heard him shout his usual taunt to the army of Israel.”  
1 Samuel 17:23 NLT

***\*\*Are we passionate for what is right. Will we stand our ground on what God says about the situation? When we see our family, our community or our nation mocking and defying the Lord, will we fight back?***

## 15. David's weapon of choice was what he knew. He trusted God to use it to take down this giant.

"When the Philistine rose and came forward to meet David, David ran quickly toward the battle line to meet the Philistine. David put his hand into his bag and took out a stone and slung it, and it struck the Philistine on his forehead. The stone penetrated his forehead, and he fell face down on the ground."

1 Samuel 17: 48-49 AMP

**\*\*God has given each one of us gifts and talents. Use what God has already given us and then just let Him work through us.**

**\*\*We must always remember that our weapon is the Word of God**

## 16. David spoke out of his heart what he wanted to see happen. "I'm going to do this and this is what will happen".

"David said to the Philistine, "You come against me with sword and spear and javelin, but ***I come against you in the name of the Lord Almighty***, the God of the armies of Israel, whom you have defied. This day ***the Lord will deliver you into my hands, and I'll strike you down and cut off your head***. This very day I will give the carcasses of the Philistine army to the birds and the wild animals, and the whole world will know that there is a God in Israel. All those gathered here will know that it is not by sword or spear that the Lord saves; for the battle is the Lord's, and he will give all of you into our hands.""

1 Samuel 17:45-47 NIV

**\*\*When obstacles arise, we must speak out the confidence we have in our hearts. Speak out what the Word of God says about the situation. Speak out what we want to see happen.**

**\*\*When facing our giants, we must only speak positively towards the situation. We must also speak out the Word of God over the situation. God's Word has supreme authority and power.**

"The tongue can bring death or life; those who love to talk will reap the consequences."

Proverbs 18:21 NLT

"For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires."

Hebrews 4:12 NLT

## 17. David ran toward Goliath. He ran toward his problem and didn't hesitate because he already believed in his heart what God said about His promises.

"As the Philistine moved closer to attack him, David ran quickly toward the battle line to meet him."

1 Samuel 17:48 NIV

**\*\* When we are facing our giants, run straight at them with the boldness and courage of the Lord.**

“Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”  
Joshua 1:9 NIV

## 18. David was victorious

“As the Philistine moved closer to attack him, David ran quickly toward the battle line to meet him. Reaching into his bag and taking out a stone, he slung it and struck the Philistine on the forehead. The stone sank into his forehead, and he fell face down on the ground. So, David triumphed over the Philistine with a sling and a stone; without a sword in his hand, he struck down the Philistine and killed him. David ran and stood over him. He took hold of the Philistine’s sword and drew it from the sheath. After he killed him, he cut off his head with the sword. When the Philistines saw that their hero was dead, they turned and ran.”

1 Samuel 17:48-51 NIV

***\*\*When we are prepared in our heart, we too will be victorious over any and all giants that come our way.***

### **Conclusion**

David’s lifestyle prepared him for any obstacle in life. He treasured God’s Word in his heart and that faith and trust in the Lord carried him all the days of his life. By the time Goliath came around, David’s heart was so prepared, that facing that giant brought zero fear or doubt. It was like any other day for David. He was able to approach the giant with confidence and assurance, completely believing that he would totally defeat him. Just like David, we too can live the same type of lifestyle. By following the example of David, we too can begin our life of living prepared for anything. So when we face our giants, we will approach them with the same boldness and courage as David and defeat them.