

# TRIAD God Church Family

## Central Congregational Church, UCC

115 Commonwealth Avenue P.O. Box 1319 Attleboro Falls, MA 02763  
Telephone (508) 699-7700

E-Mail Address: [centralucc@verizon.net](mailto:centralucc@verizon.net)

Website: <https://www.attleborofallschurch.org>



## Worship on Sunday Mornings at 10:00am in-person and Online

**February 16, 2025**

**Sixth Sunday After Epiphany**

**Worship at 10:00am in-person/Sanctuary  
& by Zoom**

**Sermon Topic:** *A new sermon series taking a look at a radical way of loving towards "Others" (whoever is not like us), the Opponent (the one who challenges us) and our Selves. Based up on the book, See No Stranger by Valerie Kaur*

**Fellowship Hr:** Julie Goss  
for the Memorial Gifts Committee

**No Sunday School Today.**

**February 11, 2025**

**Volume 55 Issue 03**



*Join the Choir!*

**February 23, 2025**

**Seventh Sunday after Epiphany**

**Worship at 10:00am in-person/Sanctuary  
& by Zoom**

**Sermon Topic:** *Series on Others, Opponent and Selves continues.*

**Fellowship Hr:**  
Barbara Bilsborough  
for the Mission Committee

**Sunday School—9:45am/Hall**

### A SABBATH OF JOYOUS RESILIENCE

"The greatest weapon against stress is our ability to choose one thought over another." — *William James*

"It's not stress that kills us, it's our reaction to it." — *Hans Selye*

"The time to relax is when you don't have time for it." — *Sydney J. Harris*

Sabbath, whether a day or a moment, builds resilience and renewal when we do what delights us in accompaniment with God.

Consider these categories of Sabbath Resilience:

**REST:** Find ways to rest and restore you body and soul: mindfulness practices of presence in the moment and being held by the compassionate presence of God.

**BEAUTY:** Where can you go to experience the feeling of awe in beauty; a walk in nature, looking at photos or art, listening to music, a visualization meditation.

**PLEASURE:** Wonder; 'what would please me in this moment?' What would delight my senses and/or my soul in the gifts of God?"

**PLAY:** God has created you to be creative. What are your ways to let the creative spirit express itself within and through you?

**APPRECIATION:** Gratitude is a powerful way to shift our spirits. It taps into joy by noticing, naming and savoring the things for which you are thankful. It doesn't have to be something big. Give Thanks.

Each of these are enhanced when they are shared in connections with others as well as God.

As you become more intentional about creating Sabbath days and times, seek to find ways to bring something from each of these categories into your life.

# Central Church Calendar

## Wednesday, February 12th

7:00pm Deacons/Vestry & Zoom

## Sunday, February 16th

**\*\*No Sunday School Today\*\***

10:00am Worship/Sanctuary & Zoom

**Fellowship Hr:** Julie Goss

**\*TICKETS GO ON SALE TODAY** for the 15th Annual O'Congregational Corned Beef Supper! Get your tickets after worship in the vestry on Sundays or from the church office during office hours. *More details later in this issue.*

## Monday, February 17th

**PRESIDENTS' DAY**

*No CCI Vestry Rental Tonight*

## Tuesday, February 18th

*TRIAD Deadline to submit Information*

7:00pm Trustees meet/ Vestry & Zoom

## Friday, February 21st

*4-7pm NA GIRL SCOUTS/Hall Use*

## Monday, February 24th

*6-9:30pm CCI Vestry Rental*

*7:00pm Prayer Group Meets by Zoom.*

## Tuesday, February 25th

7:00pm Mission meets/Vestry & Zoom

## Wednesday, February 26th

7pm CE Committee meets/Vestry & Zoom

## Sunday, March 2nd

9:45am Sunday School/Hall

10:00am Worship/Sanctuary & Zoom

**Fellowship Hr:** Heather Bonfilio

**11:30am ALL CHURCH LEADERSHIP MEETING/VESTRY.**

## Tuesday, March 4th

*TRIAD Deadline to submit Information.*

## Wednesday, March 5th

**ASH WEDNESDAY**

7pm Exec Council meets/vestry & Zoom

## Thursday, March 6th

7:00pm Choir/Vestry

## Friday, March 7th

*4-7pm NA GIRL SCOUTS/Hall Use*

## Saturday, March 8th

9am—5pm Scrapbook group Rental/

Vestry

**10:00am HELP WANTED to set up the Hall for the Corned Beef Supper.**

(Tables, chairs, tablecloths, decorations, food prep, etc) Please let Kathy Trowbridge know if you will lend a hand.

**4:30pm Doors Open/5pm Supper**

## Sunday, March 9th

9:45am Sunday School/Hall

10:00am Worship/Sanctuary & Zoom

**Fellowship Hr:** The Bachand Family

**11:15am—2pm Begin to drop off rummage donations to the Hall Today.**

## Monday—Wednesday, March 10-12

**RUMMAGE DROP OFF**

1-4pm and 6:30-8pm/Hall. Help is needed to sort & fold clothing. *See details later in this issue.*

## Wednesday, March 12th

7:00pm Deacons meet/Vestry & Zoom

## Thursday, March 13th

**9am—6pm RUMMAGE SALE/HALL**

## Friday, March 14th

**9am—4pm RUMMAGE SALE/HALL**

## Saturday, March 15th

**10am—1pm RUMMAGE SALE/Hall**

## Our Parish Register

*Please submit names for the March Prayer List by 02/25/2025.*

Jacqui, Harry, Rev Carole, Ed, Jen, Richard, Mark, Madi, Jeannine, Gary, Judy, Thomas, Tyo Family, Sweely Family, Richards Family, Rev Betsy Waters & Family, Phyllis, Tracy, Megan, Pam, Ted, Ryan

- ◆ Our College Students: Hannah, Juliette, Madison, Allison, Megan, Nick.
- ◆ Prayers have been requested for more empathy and kindness in our world.
- ◆ The LA Fire Victims and all emergency disaster services workers.
- ◆ The Hurricane and flood victims of the Carolinas and Florida.
- ◆ The leaders of our nation and our world.
- ◆ The Homeless

## **TRIAD DEADLINES**

**to submit information:**

*Tuesdays,*

**February 18, March 4 & 18**

## **NEW ZOOM LINK 03/2023 –**

<https://us02web.zoom.us/j/2148198082?pwd=b2krNFNOODRTQjVuWVRZSDJTVn c5dz09>

Meeting ID: 214 819 8082 Passcode: 1234



## February Birthdays



01 Andrew McCally

11 Cailey Alexandre

16 Bob Schumm

03 Camryn King

13 Pete Lavoie

20 Sue Dunbar

06 Sylvia Kelly

15 CJ Peterson

## Committee Corner

### From the Board of Deacons

Our next meeting will be held on  
**Wednesday, February 12, 2025**  
at 7:00pm/Vestry & Zoom.

#### **ELEVATOR OPERATORS WANTED:**

We are seeking several people who are willing to be trained (State law requirement) on how to safely operate the elevator in the Sanctuary during Sunday services. If you're interested in learning about this, please speak with Martha McHatton any Sunday.

### From the Board of Trustees

Our next meeting will be held on  
**Tuesday, February 18, 2025**  
at 7:00pm /Vestry & Zoom.

#### **PROJECT COORDINATORS WANTED**

Interested in over-seeing a project—as in when we have contractors performing work around our properties, or are you interested in doing handy-man work and other small tasks around the church? Maybe you're interested in working on a fundraiser or other types of events we hold here at the church?

**No Need to be officially elected to the Board! No meetings to attend!**

If you're interested in any of this, please contact the church office. We'd like to have a list of folks who will lend a much needed hand from time to time. We would call on you to see if the project or help we need is something you'd like to do. You can always decline if the project doesn't suit your skills or time schedule.

### From the Christian Education Committee

Our next meeting will be held on  
**Wednesday, February 26, 2025**  
at 7:00pm /Vestry & Zoom

### From the Memorial Gifts Committee

Our next meeting will be held on  
**Thursday, March 13, 2025**  
at 6:00pm/Vestry & Zoom

### From the Executive Council

Our next meeting will be held  
**Wednesday, March 5, 2025**  
at 7:00pm/Vestry & Zoom

### From the Prayer Fellowship Group

*"Prayer Fellowship—Refreshing Moments with God!"*

**Dates: Monday's: February 24<sup>th</sup>, March 10<sup>th</sup> & 24<sup>th</sup>**

**Time: 6:30 PM via ZOOM.**

Everyone is welcome to participate in our Prayer Fellowship! Coming together to pray for others is also an opportunity to share and encourage each other. Together we celebrate the Lord's blessings with thanksgiving! We pray for the 'concerns of our church' and any concern in our heart. Silent prayer is always an option. It's a wonderful way to wind down after a busy day! You'll be refreshed!

Use the same zoom link as used for Sunday worship.

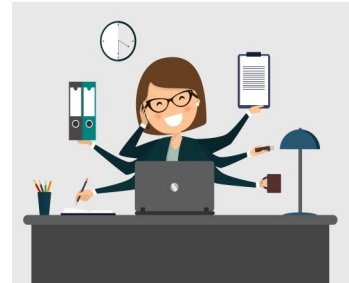
<https://us02web.zoom.us/j/2148198082?pwd=b2krNFNOODRTQjVuWVRZSDJTVnc5dz09>

Containers for leaving Prayer Requests are found on the table in the Sanctuary Narthex & on the Vestry table under the Mission bulletin board. Index cards and pens are next to the containers. Requests are shared with Prayer Fellowship members. You may also continue to send a prayer request in an email to the church office at [centralucc@verizon.net](mailto:centralucc@verizon.net) or call the church office at 508-699-7700.



### **\*\*\*OFFICE HELP WANTED\*\*\***

We are looking for some help with various office tasks such as...filing, shredding, putting notebooks together to keep track of our sub contractors insurance certificates, a notebook to keep all the Supper info together, cleaning out the office file cabinets, etc. If you'd like to lend a hand for an hour or more, anytime that works for your schedule on a Tuesday or Thursday, please let Kathy Trowbridge in the Church Office know. Many thanks!!



### From the Church Office

Beginning with the February Board and Committee meetings, there will be a bright yellow form available in the vestry for each Board and Committee meeting, that we kindly request each person fill out *individually* and return it to your Board or Committee Chairman during your February meeting

These new forms are to help us update our database and provide better, more detailed information on all of our church members, friends and donors. We aim to be able to produce an address list that would also contain each person's cell phone number and Email address for easier, more direct contact.

If you don't currently serve as an Officer of the Church or on a Board or Committee, we would still like to have you fill out a form. These bright yellow forms will be in the bulletins March 3rd and available on the table in the Vestry for your convenience. Please return the completed form using a Church envelope (provided) by dropping in the offering plate any Sunday, hand to Rev Don or Nancy Mitchell, or return directly to the Church Office.

Many thanks for your assistance with this update project.

## Committee Corner

### From the Mission Committee

Our next meeting will be held on  
**Tuesday, February 25, 2025**  
At 7:00pm/Vestry & Zoom

*"The purpose of the Mission Committee is to enable Central Congregational Church to fulfill its calling – to go out into the world and minister to those in need." - CCC By Laws*

### "February Mission Project – Church World Services - Blankets

*"Blanket the World in Love"*

*"And when we take your gifts to those who need them, they will thank God."*

*2 Corinthians 9:11*

**Our Mission project goal: Join other generous donors and share tangible expressions of love with people world-wide in need.** \$10 – provides a CWS Blanket; \$25 – a CWS Blanket and Hygiene Kit, offering warmth and essential supplies; \$60 – Family Bundle! Provides blankets and hygiene kits for the entire family, ensuring that they have what they need during challenging times.

**Let's be the hands and feet of Christ in the world through your contributions.**

**Write a check payable to Central Congregational Church. Please be sure to note "CWS Blanket" in the memo section of your check.**

*"Church World Services (CWS) is a faith-based organization transforming communities around the globe through just and sustainable responses to hunger, poverty, displacement and disaster. CWS Values include Justice – Pursue and advocate for a just world where the dignity and rights of all people are respected. Hope – Lead with faith and the conviction that our vision is within reach. Belonging – Create an inclusive world and organization where all people are welcome, respected and feel valued. Excellence – Deliver people-centered programs that are effective, impactful, and innovative. Collaborative – Achieve more together through a commitment to principled partnerships. Integrity – Be good stewards of all resources to advance the mission with transparency and accountability." (Taken from CWS website.)*

About CWS: Church World Services was born in the wake of the devastation of World

War II. Seventeen Christian denominations came together 'to do in partnership what none of us could hope to do as well alone.' (For more insight visit [www.CWS.org](http://www.CWS.org))

### UPDATES and OUTCOMES:

#### Remembering Others in Need – California Wildfires 2025 & Hurricanes Helene & Milton 2024.

At any time, you may make an on-line gift designated to "California Wildfires 2025" or Hurricane 2024 Relief. Visit [UCC.org](http://UCC.org). Click on Global H.O.P.E. Disaster Ministries.

#### January Mission Project – College Student 'Thinking of You Care Packages'

The Mission & CE Committees prepared the 'Care Packages' on Sunday Feb. 9<sup>th</sup> and shipped gifts on Monday. Thanks for your overwhelming support providing a wonderful mix of suggested gift items.

#### Our International Sponsorship Programs for Children

##### Tibetan Refugee Self Help Center, Darjeeling, India

UCC Global Ministries Child & Elder Sponsorship Program : Awaiting notification of the name of the child who will become our new "God-Child" who will receive our sponsorship.

#### The Reverend Jean Parisot Foundation - St. Claire School, Jacmel, Haiti

The sole focus of the Reverend Jean M. Parisot Foundation in Jacmel, Haiti is the operation of a recently built liberal arts and vocational school and dormitories for one hundred impoverished youth. Currently the Foundation is running a grammar school for 125 children in preschool through eighth grade. Every child receives a nutritious meal in addition to a free education. Please pray for the school, its leadership, teachers, and students!

#### Year-Round Missions

Lenore's Pantry – We will continue to receive your purchased items. Mission committee members will deliver them to

Lenore's Pantry. Place items in the marked bins located in the vestry or in the hallway of the CE building outside the church office. We always gratefully receive your financial donations that provide funds to purchase gift cards used by pantry volunteer shoppers or may be given to a family to purchase items not in stock at the pantry.

Be sure to write Lenore's Pantry on the memo line of your check.

**When shopping please purchase these preferred items as requested by Lenore's Pantry.**

**FOOD:** Lenore's is seeking protein items such as Spam, canned chicken, solid white tuna fish in oil or water. Other items seldom received but requested by families include canned hash, hot cereals (oatmeal), canned vegetables: beets, carrots, beans, peas, and canned fruit. Other shelf-stable items sought include canned chili/beef stew, canned pasta and soups, complete pancake mix and maple syrup, and potato mixes.

**HEALTH & BEAUTY ITEMS:** shampoo, conditioner, deodorant, soap, toothbrushes and toothpaste, feminine hygiene products, toilet paper, paper towels, and laundry detergent.

#### Our Shriner's Hospital Aluminum Tab

**Collection** - If you're not involved, join our regular contributors by saving the tabs from beverage cans and dropping them into the labeled round containers on the counter outside the church office or the container on the windowsill in the entry to the CE building. There is also a container in the Vestry located on the table under the Mission bulletin board.

**We thank you for your generous continued support of all of our Mission projects year 'round. Central Congregational Church is helping to spread the Love of God all around the world, thanks to your support!**



The 15<sup>th</sup> Annual  
O'Congregational Corned Beef Dinner

Join us for dinner and "the wearin' of the green"  
**Saturday, March 8, 2025**  
In Margaret Kay Fellowship Hall  
Doors open at 4:30pm - Dinner begins at 5:00pm

**WE NEED... YOU!**

Please take a look at the sign-up sheet on the bulletin board  
in the Vestry or call Kathy in the Church office and see where you  
can lend a hand.

**ATTENTION: Vocalists, Musicians and Irish Step Dancers –  
Please speak with Dave Valerio ASAP if you'd like to participate.  
We'd love to have you perform!**

This is a very fun supper that requires a good number of volunteers. Some tasks are  
short and all of them are simple.

You can jump in for just one task and leave – some take only 20minutes.  
***Any amount of time you can lend is needed and greatly appreciated.***

***\*\*Tickets are on sale Feb 16<sup>th</sup> - March 2<sup>nd</sup>!!\*\****

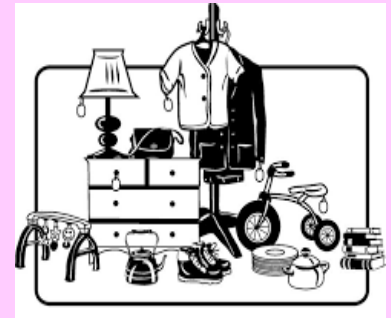
**ANNUAL SPRING RUMMAGE SALE 2025**

***Please note:*** We cannot accept early donations due to lack of  
storage space. We appreciate your anticipated cooperation.

**Drop off your donations -**

**Sunday, March 9<sup>th</sup> between 11:15am-2pm/Hall**

***No early birds, please – Sunday School classes  
are taking place earlier this day.***



**Donations also accepted and Volunteers are needed:**

**Monday, March 10<sup>th</sup> thru Wednesday, March 12<sup>th</sup>**

**From 1pm-4pm and 6:30pm-8pm**

***Items to donate include:*** craft items, kids toys, games, books, DVD's, CD's, kitchen wares,  
small household items, seasonal decorations, knick-knacks, baby items, Men's, Women's and  
Children's Spring & Summer clothing, and shoes in ***good wearable condition.***

***\*Please note that we cannot accept:***

Lrg Appliances, Bikes, Car Seats, Computers, Printers, TV's, Furniture, Stuffed Animals,  
Microwave Ovens, Or Strollers.

**~ SALE DATES ~**

**Thursday, March 13<sup>th</sup> from 9am-6pm**

**Friday, March 14<sup>th</sup> from 9am – 4pm**

**Saturday, March 15<sup>th</sup> from 10am – 1pm**

***\*\*Please see Cheryl Peterson if you can lend a hand–  
help is needed to sort and fold the clothing during the week and on Sale days.***



# February 2025

S	M	T	W	T	F	S
						1
<b>2</b> <i>The Sacrament of Holy Communion</i> 9:45am SUNDAY SCHOOL/Hall 10am Worship /Sanctuary & Zoom <b>Fellowship Hr:</b> <i>Dennis Cloutier</i> 5-9:30pm AA GROUP/Hall	<b>3</b> 6-9:30pm CCI Class Rental/Vestry 7-9pm LINE DANCE/Hall	<b>4</b> <b>TRIAD DEADLINE</b> 7-9pm LINE DANCE/Hall	<b>5</b> <i>No Exec Council Meeting Tonight. See you March 5th!</i>	<b>6</b> 7-9pm LINE DANCE/Hall	<b>7</b> 4-7pm Girl Scouts/Hall	<b>8</b>
<b>9</b> 9:45am SUNDAY SCHOOL/Hall 10am Worship /Sanctuary & Zoom <b>Fellowship Hr:</b> <i>Deacon, Pam Morse</i> 5-9:30pm AA GROUP/Hall	<b>10</b> 6-9:30pm CCI Class Rental/Vestry <b>6:30pm PRAYER FELLOWSHIP via Zoom Only</b> 7-9pm LINE DANCE/Hall	<b>11</b> 7-9pm LINE DANCE/Hall	<b>12</b> <b>7:00pm Deacons meet/ Vestry &amp; Zoom</b>	<b>13</b> 6:00pm Memorial Gifts meets/Vestry & Zoom  <i>No Line Dance Tonight</i>	<b>14</b>	<b>15</b>
<b>16</b> <b>NO SUNDAY SCHOOL TODAY.</b> 10am Worship /Sanctuary & Zoom <b>Fellowship Hr:</b> <i>Julie Goss</i> 5-9:30pm AA GROUP/Hall	<b>17</b> <b>PRESIDENTS' DAY</b> <i>No CCI Class rental tonight.</i> 7-9pm LINE DANCE/Hall	<b>18</b> <b>TRIAD DEADLINE</b> <b>7:00pm Trustees meet / Vestry &amp; Zoom</b> 7-9pm LINE DANCE/Hall	<b>19</b>	<b>20</b> 7-9pm LINE DANCE/Hall	<b>21</b> 4-7pm Girl Scouts/Hall	<b>22</b>
<b>23</b> 9:45am SUNDAY SCHOOL/Hall 10am Worship /Sanctuary & Zoom <b>Fellowship Hr:</b> The Mission Committee <b>1:00-2:30pm YOUTH GROUP MEETS/Daggett Lounge</b> 5-9:30pm AA GROUP/Hall	<b>24</b> 6-9:30pm CCI Class Rental/Vestry/Last One. <b>6:30pm PRAYER FELLOWSHIP via Zoom Only</b> 7-9pm LINE DANCE/Hall	<b>25</b> <b>7:00pm Mission Committee meets/ Vestry &amp; Zoom</b> 7-9pm LINE DANCE/Hall	<b>26</b> <b>7:00pm CE Committee meets / Vestry &amp; Zoom</b>	<b>27</b> <i>No Line Dance Tonight</i>	<b>28</b>	<b>MARCH 1</b>

**Central Congregational Church, UCC**

115 Commonwealth Avenue

Attleboro Falls, MA 02763

Services of: February 16 & 23, 2024

**Central Congregational Church**

*United Church of Christ*

115 Commonwealth Avenue

Attleboro Falls, MA 02763

Phone: (508) 699-7700

E-Mail Address: [centralucc@verizon.net](mailto:centralucc@verizon.net)

Website: <https://www.attleborofallschurch.org>

*INTERIM PASTOR – Rev. Don Remick*

*MUSIC DIRECTOR – Dave Valerio*

*CHURCH SECRETARY – Kathy Trowbridge*

**Church Office Hours**

*Tuesday & Thursday - 8:30am—4:30pm*