



**CENTRAL CONGREGATIONAL CHURCH
UNITED CHURCH OF CHRIST
115 COMMONWEALTH AVENUE
PO Box 1319
ATTLEBORO FALLS, MASSACHUSETTS 02763**

(508) 699-7700

*centralucc@verizon.net
Attleborofallschurch.org*

March 19, 2020

Dear Members of our Church Family,

I am writing to you to explain what Central Congregational Church is doing in light of the Coronavirus (COVID-19) pandemic. This is an unprecedented situation for our lifetime. In concert with the United Church of Christ, the Center for Disease Control (CDC), and local public health officials, the Executive Council has decided to close the church for “In Person” worship, Committee Meetings, and groups in the Christian Education Building. We are trying to find other technological ways to video a brief weekly service, but that will only be available to those who have computers.

In the past few months, we have seen the headlines of the spread of this dangerous virus. This is not the first time, nor will it be the last. Because the contagion can spread before symptoms even appear, we understand there is a need for common sense and caution.

We will keep you informed when worship is allowed to resume. Please keep posted with changing events on the news. If you have access to a computer, you may want to follow these links:

Center for Disease Control (CDC)

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

North Attleborough

<https://www.nattleboro.com/>

(If you are not a resident of North Attleborough, please check out your town’s website.)

Each of us should make an effort to do as we are being asked in this great time of need, even if it is nothing more than washing our hands or social distancing, lives may depend on it. As President Kennedy once said: *“there are risks and costs to action. But they are far less than the long-range risks of comfortable inaction”*.

God will see us through this as God always has before. Be smart, be safe, and stay well.

Yours in Christ,

Rev. Carole

Even though I walk through the darkest valley, I fear no evil; for you are with me...

Psalm 23:4 (New Revised Standard Version)

TRIAD God Church Family

Central Congregational Church, UCC

115 Commonwealth Avenue P.O. Box 1319
Attleboro Falls, MA 02763
Telephone (508) 699-7700

E-Mail Address: centralucc@verizon.net
Website: <https://www.attleborofallschurch.org>



In-Person Worship has been canceled until further notice.

March 29, 2020

Fifth Sunday in Lent

In-Person Worship is Canceled Today.

***Look for our virtual weekly Sunday morning
Worship - instructions in this issue.***

March 24, 2020

Volume 49 Issue 06



April 5, 2020

PALM SUNDAY

In-Person Worship is Canceled Today.

***Look for our virtual weekly Sunday morning
Worship - instructions in this issue.***

March 19, 2020 "Talking with Kids about Coronavirus" from the Child Mind Institute found on ucc.org/coronavirus

- **Don't be afraid to discuss the coronavirus.** Most children will have already heard about the virus or seen people wearing face masks, so parents shouldn't avoid talking about it. Not talking about something can actually make kids worry *more*. Look at the conversation as an opportunity to convey the facts and set the emotional tone. "You take on the news and you're the person who filters the news to your kid," explains Janine Domingues, PhD, a child psychologist at the Child Mind Institute. Your goal is to help your children feel informed and get fact-based information that is likely more reassuring than whatever they're hearing from their friends or on the news.
- **Be developmentally appropriate.** Don't volunteer too much information, as this may be overwhelming. Instead, try to answer your child's questions. Do your best to answer honestly and clearly. It's okay if you can't answer everything; being available to your child is what matters.

Take your cues from your child. Invite your child to tell you anything they may have heard about the coronavirus, and how they feel. Give them ample opportunity to ask questions. You want to be prepared to answer (but not prompt) questions. Your goal is to [avoid encouraging frightening fantasies](#).

Deal with your own anxiety. "When you're feeling most anxious or panicked, that isn't the time to talk to your kids about what's happening with the coronavirus," warns Dr. Domingues. If you notice that [you are feeling anxious](#), take some time to calm down before trying to have a conversation or answer your child's questions.

- **Be reassuring.** Children are very egocentric, so hearing about the coronavirus on the news may be enough to make them seriously worry that they'll catch it. It's helpful to reassure your child about how rare the coronavirus actually is (the flu is much more common) and that kids actually seem to have milder symptoms.

Focus on what you're doing to stay safe. An important way to reassure kids is to emphasize the safety precautions that you are taking. Jamie Howard, PhD, a child psychologist at the Child Mind Institute, notes, "Kids feel empowered when they know what to do to keep themselves safe." We know that the coronavirus is transmitted mostly by coughing and touching surfaces. The [CDC recommends](#) thoroughly washing your hands as the primary means of staying healthy. So remind kids that they are taking care of themselves by washing their hands with soap and water for 20 seconds (or the length of two "Happy Birthday" songs) when they come in from outside, before they eat, and after blowing their nose, coughing, sneezing or using the bathroom. If kids ask about face masks, explain that the experts at the CDC say they aren't necessary for most people. If kids see people wearing face masks, explain that those people are being extra cautious.

Stick to routine. "We don't like uncertainty, so staying rooted in routines and predictability is going to be helpful right now," advises Dr. Domingues. This is particularly important if your child's school or daycare shuts down. Make sure you are taking care of the basics just like you would during a spring break or [summer vacation](#). Structured days with regular mealtimes and bedtimes are an essential part of keeping kids happy and healthy.

Keep talking. Tell kids that you will continue to keep them updated as you learn more. "Let them know that the lines of communication are going to be open," says Dr. Domingues. "You can say, 'Even though we don't have the answers to everything right now, know that once we know more, mom or dad will let you know, too.'" XXX

Central Church Calendar

All meetings, gatherings and Worship have been canceled until further notice due to the recommended precautions for the Corona virus.

PLEDGES, OFFERINGS & TITHES

Please continue to send your pledges, offerings and tithes to the Church. You may use online banking and send your payment (no account numbers needed) or send a paper check by US Mail to Central Congregational Church, PO Box 1319, Attleboro Falls, MA 02763, ATTENTION: Treasurer.

Thank you for doing your best to keep your pledge current during these difficult days ahead.

To Help Fight the Spread of COVID-19

- ◆ Wash your hands frequently throughout the day using soap and water for a minimum of 20 seconds

(two rounds of singing Happy Birthday).

- ◆ Sneeze or cough into the crook of your elbow or a tissue, not your hand. Wash your hands immediately after coughing, sneezing or blowing your nose.
- ◆ Avoid touching your face, especially your mouth, nose and eyes, with unwashed hands.
- ◆ Regularly disinfect surfaces frequently touched including keyboards, door knobs, light switches, TV remotes, phones and counter-tops.
- ◆ Use Hand Sanitizer when soap and water are not readily available.
- ◆ Avoid close contact with someone who is sick.
- ◆ Keep a minimum of 6ft away from others when out in public such as

at the grocery store or picking up medications.

- ◆ STAY HOME if you are sick, even if you are unsure as to whether you have COVID-19.
- ◆ Follow all the guidelines put out by local and state governments, the World Health Organization and CDC. If you are unable to use a computer, watch the news regularly for updates.
- ◆ As of now, Gov. Charlie Baker has mandated non-essential personnel stay home and all the schools be closed through April 6th to help stop the spread of the virus. Please remember this is not a time for kids to have play dates or for other group gatherings as would usually take place on weekends and vacations. **Stay home as much as possible** and be well.

Our Parish Register

At Home Nicolai Lomov, Judy Holland, Wade Pooler, Victoria Tarallo, Corinne McElwee, Lee Ross, Chad Winship, Jen DiSalvio, Katelyn Trowbridge, Ed Dyer, Janet Dyer, Brett Hawes, Carol Doble, Debbie Trowbridge.

Residing in Elder Care...

Carolyn Farrell
The Falls at Cordingly Dam
2300 Washington St.
Newton Lower-Falls, MA 02462

Jackie Glass
Maples Rehab and Nursing Center
90 Taunton St., Wrentham, MA 02093

Carol Bachand
Granview Center
100 Chambers St., Cumberland, RI 02864



TRIAD DEADLINES to submit information:

**Tuesdays,
March 31,
April 14 & 28,
May 12 & 26.**

ALTAR FLOWERS

Dates available:

Dates available will be announced, when we know we are able to return to Church for Worship.

Cost: \$35.00 ea.

Altar Flowers are a wonderful way to share a celebration or remember a loved one. Please call or email the church office to sign up for your special date.

April Birthdays

02 Scott Bachand	07 Scott Wade	11 Valerie Jaskela	20 John Winship	24 Hailey Peterson
03 Karen Dykema	07 Florence Cushman	12 Connor Peterson	20 Rebecca (Morse) Tyo	24 Mitch Kennedy-Smith
05 Nowha Davignon	08 Logan Jaskela	14 Julie Marroquin	21 Kathy Dolley	25 Katie (LaFortune) Endicott
06 Elizabeth Ryan	09 Elaine Mowry	14 Aiden Jaskela	22 Isabella DiChiara	26 Kevin Compagnone
06 Kathy Trowbridge	09 Amy Riendeau	14 David Will	22 Suzanne Davis	28 Lorna Donais
07 Matthew Trowbridge	10 Gavin Mitchell	16 Sue LaFortune	23 Janet Dyer	30 Ruth Casale

Committee Corner

From the Board of Deacons

Our next meeting will be announced.

From the Board of Trustees

Our next meeting will be announced.

Please make a note: Our Annual Spring Clean-up Day has been postponed.

From the Christian Education Committee

Our next meeting will be announced.

From the Youth Group

For Questions, Please contact
Pastor Glenn at 508-406-8474
or email gar562@gmail.com

The Youth Group designations are as follows: Explorers from 3rd to 5th Grade, Tweens from 6th to 8th Grade, and Sr. High from 9th to 12th Grade. See you soon! Pastor Glenn

From the Memorial Gifts Committee

Our next meeting will be announced.

From the Mission Committee

Our next meeting will be announced.

It seems our Lenten food collection is not going to go as planned. However, the need is likely going to be greater than we ever imagined. Some church members have already brought their donations to Lenore's Pantry, given that the need is immediate.

There are two things you may do:

1. Call the Board of Health to arrange a time to bring your goods. The direct number to the Board of Health is 508-699-0104. Joan Badger is the one dealing with the food pantry and you need to set up an appointment with her. The Town Hall is not open to the public at this time and may also be shortening their hours. You will also have to call when you are in the parking lot and someone will come out to accept the food.

2. Call the church office and request a pickup, or call Martha McHatton at 508-699-6256 and she will arrange a time to come by to pick up and deliver your donations.

The Mission Committee thanks you for your ongoing generosity to others who may not have enough to eat, especially during this time of crisis.

IMPORTANT: Please mark any cash/check donations with the name of the program you wish your donation to benefit. IE: "Lenore's Pantry".

From the Women's Christian Fellowship

Our next meeting will be announced.

From the Executive Council

Our next meeting will be held Wednesday, April 1st at 7pm online.

Watch your email for instructions.

From the Ways and Means Committee

Next up—featuring Turkey Chili. *This Family Feast has been postponed. Watch the TRIAD for news of the new date.*

From the Choir

Weekly Rehearsals are canceled until further notice.

From the Future of Our Church Committee

Meeting dates will be announced.



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Dear Church Family,

As Chairman of the Board of Deacons and as discussed with fellow members of the Executive Council, we want to offer the members of our church (and others in need) the opportunity to continue to be connected to, and supported by our church community, and enable you to practice your faith, while at the same time adhering to the social isolation guidelines intended to combat the spread of the COVID-19 virus and to minimize the impact of this frightening pandemic on our loved ones and community.

We are therefore going to hold this Sunday's worship service using a service called **Zoom Meetings**. We've attempted to provide clear and easy instruction on how to connect to the meeting whether you choose to do so from your computer/notebook, a smartphone, a basic cell phone, or a land line.

The Church Service will begin, as usual, at 10 A.M. using the log in instructions.

If you need technical support when attempting to log on, the following members have generously volunteered to help;

Rich Goss 508-243-8330

Melissa Wade 508-505-8648

Ashley Peterson 508-838-6343

Okay... let us now tread gently into the 21st Century!

INSTRUCTIONS

The first thing you should do is write down the meeting ID which is;

214 819 8082#

I hope you don't have to use it but... if you do have to enter it, do so without spaces and include the # at the end.

If joining by computer, use the link on the next page. If you have not previously downloaded the Zoom app, it will ask you to do that which you will need to do to. It takes less than a minute. Once you are sent to the zoom site, a dialogue box comes up asking you to "**Join by computer audio**" which you should do. You must then decide if you want to display your video image by clicking on the little red camera icon to "**start video**"

For those joining by smart phone or computer The "Join Zoom Meeting" link below should appear and it should be blue (or click on it and it will turn blue then click on it again). If you have not previously downloaded the app, you will get a message that you need to download the app, which it will ask you to do. After the quick download, you should be sent directly to the meeting. Once in the meeting, a dialogue box will appear saying "Call using internet audio" which you should do. Then, as mentioned above, if you want to be seen (which is my preference but to each their own) click the little red camera that is labeled "start video". You may also see a blue box which asks you to "Join Audio by Computer". Click it!

...Continued

For those joining by cell phone, see below for the long number (hopefully colored blue) under “One tap mobile”. If this works correctly, you should tap it and it will ask you if you want to dial the number. Click on that message and your phone should do the rest.

Be patient... it dials the number, which is answered by a recording asking you to enter the meeting ID. The commas in the number are 10 second pauses after which the meeting ID will automatically be entered including the # symbol and you should be directed to the meeting.

That’s it! I tried a trial run this morning that went well using all of the connection types listed above. Be patient! We are all learning as we go!

God Bless!

Wayne Nettay, Chairman, Board of Deacons

FOR COMPUTER/TABLET/SMART PHONE USERS;

Join Zoom Meeting

<https://zoom.us/j/2148198082>

Meeting ID: 214 819 8082

FOR MOBILE PHONE USERS;

Not sure why this isn’t colored blue. If the One tap mobile link doesn’t work, see instruction for land lines below.

One tap mobile

+13126266799,,2148198082# US (Chicago)

+16468769923,,2148198082# US (New York)

LAND LINE USERS;

If you want to call from a land line, Just dial;

1-646-876-9923. If that is busy you can try 1-312-626-6799.

You should then hear a Zoom recording asking you to enter your meeting ID (which I know you wrote down) It is; 214 819 8082 # (no spaces and yes, you have to push the pound sign at the end). It may then advise you to dial *6 to mute your line. Go ahead and do that. We can unmute you once you’re on but it gets very noisy if this is not done.

-END-

2020 Census

I have been asked to work on the Complete Count Committee for the Town of North Attleborough to announce the beginning of the 2020 Census. Often, people are afraid to answer the questions of the Census for many different reasons. The most important thing to understand about the census is that how many seats we get in Congress and the money North Attleborough receives from the Federal Government is dependent on an accurate counting of all persons who reside in our town—and it will affect our town for the next ten years!

Newborn children and school age children should be on your census report if they are living with you. If someone is crashing on your couch at the time of the census, that person should be counted. If an aging parent is staying or living with you, that person needs to be counted.

There are scams out there so you need to know that the Census will never ask for a Social Security number or any financial information. No information is shared with Immigration. The Census **will** ask for a phone number in case they need to be in touch with you.

HOW DO I RESPOND?

You may respond online, by mail or by phone. You will first receive an invitation in the mail telling you how to respond. You may go online at 2020census.gov to fill out the form or find a phone number. You may also return the paper questionnaire which will be mailed to you. If the government does not hear from you, a Census Taker will come to your door.

If you go online and have not received an invitation with an ID number, you may still complete the form by using your living address. I did this and it took less than five minutes. So, please be a good citizen and answer the Census to help our town, our school system, public housing and a host of other things that depend on a Complete Count of our residents.

Rev. Carole



March 2020

Deacon of the Month: *Scott Wade*
 Serving Communion: *Deb Fobert, Mike Dunbar, Wayne Nettnay & Tyson Bolles*

S	M	T	W	T	F	S
1 <i>THE SACRAMENT OF HOLY COMMUNION</i> 8:30am Worship-Vestry 9:15am Youth Choir/Hall 9:45am Sunday School/Hall 10:00am Worship/Sanctuary Fellowship Hr: <i>Dennis Cloutier</i>	2	3 TRIAD DEADLINE 7:00pm CE Meets/Vestry	4 7:00pm Executive Council/Vestry	5 7:00pm Mission/Vestry 7:00pm Choir/Sanctuary	6	7
8 8:30am Worship/Vestry 9:15am Youth Choir/Hall 9:45am Sunday School/Hall 10:00am Worship/Sanctuary Fellowship Hr: <i>Kelliann Bachand</i>	9	10 7:00pm Deacons/Vestry	11 7:00pm Women's Christian Fellowship/Vestry	12 4pm—LAST DAY to get tickets to Corned Beef Supper. 6:00pm Memorial Gifts/Vestry. 7:00pm Choir/Sanctuary	13	14 10th ANNUAL O'CONGREGATIONAL CORNED BEEF SUPPER <u>CANCELLED</u>
15 The Annual Spring Rummage Sale has been postponed until further notice.	16	17 ST. PATRICK'S DAY TRIAD DEADLINE	18	19 No Choir Rehearsals until further notice.	20	21
22 No in-person Worship Today	23	24 TRIAD Assembly and Mailing Today.	25	26	27	28 TWEEN YOUTH BAKING <u>CANCELLED</u>
29 No in-person Worship Today <i>Look for instructions to join us in on-line worship later in this issue.</i>	30	31 TRIAD DEADLINE				REVISED 03-24-2020

Central Congregational Church, UCC

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Services of: March 29 and April 5, 2020

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PASTOR – *The Rev. Carole L. Baker*

DEACON EMERITUS – *Jackie Glass*

ORGANIST/CHOIR DIRECTOR – *Dave Valerio*

YOUTH MINISTER – *Rev. Glenn Rounseville*

SUNDAY SCHOOL SUPERINTENDENT – *Heather Bonfilio*

SECRETARY – *Kathy Trowbridge*

Church Office Hours

Tuesday & Thursday - 8:30am–4:30pm