

2024 Run the Runway 5K

Result List AG

Place	Bib	Name	Age	Gender	City	Pace	Time
5K							
Female 14 & Under							
1.	349	Lauren Witt	11	f	North Collins	9:13	28:41
2.	297	Macaela Boyer	10	f	Ransomville	9:33	29:41
3.	348	Megan Witt	9	f	North Collins	10:02	31:11
4.	372	Gianna Serafin	10	f	Lancaster	10:17	31:59
5.	380	Nakayla Becker	12	f	Amherst	10:59	34:09
6.	267	Lauren Schlesinger	11	f	Williamsville	15:04	46:52
Female 15-19							
1.	223	Ryleigh Wegener	15	f	Niagara Falls	7:49	24:18
2.	455	Isabella Prospero	18	f	Buffalo	7:59	24:51
3.	347	Kendra Kapuszcak	17	f	Amherst	8:12	25:30
4.	294	Lexie Dicano	18	f	Lancaster	10:27	32:30
5.	15	Emma Daigle	15	f		11:20	35:13
6.	331	Ava Schnepf	15	f	Grand Island	13:17	41:17
Female 20-24							
1.	74	Maggie Marody	21	f	Saint Clairsville	7:38	23:44
2.	191	Georgia Rider	20	f	East Aurora	9:11	28:34
3.	383	Olivia Silsby	23	f	Buffalo	9:36	29:52
4.	441	Faith Smolinski	22	f	North Tonawanda	10:08	31:30
5.	247	Samantha Gelinis	22	f	Fort Myers	10:37	33:01
6.	356	Victoria Doney	24	f	East Otto	11:06	34:32
7.	453	Lily Grace Enfield	21	f	Buffalo	11:21	35:19
8.	389	Amie Tripoli	23	f	Buffalo	12:11	37:53
9.	450	Megan Stanley	23	f	Buffalo	12:15	38:06
10.	436	Mallory Ronan	20	f	East Amherst	12:16	38:07
11.	398	Katelyn Laistner	21	f	Lancaster	14:19	44:32
12.	199	Ally Shepard	21	f	Lancaster	14:19	44:32
Female 25-29							
1.	192	Tiffany Robida	26	f	Depew	7:29	23:17
2.	243	Devan Zajac	27	f	Tonawanda	7:35	23:35
3.	218	Hannah Schaus	27	f	Springville	8:25	26:12
4.	222	Kateryna Prosvirina	29	f	Orchard Park	8:46	27:16
5.	369	Alexis McTigue	25	f	West Seneca	9:40	30:03
6.	334	Margaret Carey	27	f	Buffalo	10:29	32:37
7.	316	Caroline Reeb	25	f	Buffalo	12:31	38:56
8.	386	Emily Ivey	28	f	Buffalo	12:38	39:16
9.	273	Mary D'Angelo	25	f	Buffalo	13:26	41:47
10.	307	Marina Malizia	25	f	Buffalo	13:26	41:48
11.	216	Sienna Gronowski	29	f	Holland	14:24	44:47

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Place	Bib	Name	Age	Gender	City	Pace	Time
12.	303	Jenna Finton	25	f	Buffalo	19:19	1:00:02

Female 30-34

1.	406	Hillery Dennies	34	f	Akron	7:18	22:44
2.	337	Rachel Watt	30	f	Buffalo	7:52	24:30
3.	269	Devin Bluman	33	f	Lake View	8:10	25:25
4.	467	Elizabeth Bender	31	f	North Chili	8:11	25:27
5.	391	Briana Tom	30	f	Buffalo	8:31	26:31
6.	309	Meaghan LaFranca	33	f	Buffalo	8:33	26:35
7.	277	Lisa Harrer	32	f	Buffalo	8:48	27:22
8.	140	Chelsea Duerr	32	f	Buffalo	8:53	27:38
9.	425	Caitlin Schrembs	33	f	Buffalo	10:24	32:20
10.	254	Nicole Cratsenberg	32	f	Tonawanda	10:59	34:10
11.	346	Shelby Bryer	32	f	Lockport	11:03	34:22
12.	345	Danielle Marquis	30	f	Wilson	11:03	34:23
13.	359	Breanna Mis	31	f	Niagara Falls	11:38	36:10
14.	409	Ashley Daul	33	f	Youngstown	11:41	36:21
15.	338	Gabrielle Connor	31	f	Buffalo	11:51	36:53
16.	459	Lisa Eckhardt	33	f	Hamburg	14:22	44:40
17.	250	Elizabeth Muttillio	34	f	Rome	14:40	45:37
18.	410	Jessica Maulucci	30	f	North Tonawanda	16:04	49:57

Female 35-39

1.	206	Gina Wangler	35	f	Buffalo	6:57	21:39
2.	319	Corina Pignatti	35	f	Buffalo	7:10	22:19
3.	263	Brooke Young	35	f	Buffalo	7:51	24:26
4.	432	Isabel McGowan	36	f	Buffalo	8:02	25:00
5.	393	Amanda McMahon	38	f	Getzville	8:22	26:02
6.	400	Jennifer DeLone	38	f	North Tonawanda	8:43	27:06
7.	366	Heather Lennon	37	f	Buffalo	9:24	29:15
8.	196	Marcy Hall	36	f	Lockport	11:01	34:15
9.	375	Nicole Serafin	37	f	Lancaster	11:20	35:14
10.	457	Michelle Ohar	35	f	Lockport	12:01	37:23
11.	351	Lisa Witt	37	f	North Collins	12:06	37:39
12.	244	Sara Brooks	39	f	League City	12:53	40:05
13.	248	Katie Arcara	35	f	Buffalo	14:05	43:48

Female 40-44

1.	437	Wendy Guyker	44	f	Williamsville	7:01	21:50
2.	233	Colleen Carroll	41	f	West seneca	7:06	22:04
3.	362	Valerie Kindzia	40	f	West Seneca	8:05	25:09
4.	210	Marilee Cosgrove	41	f	Tonawanda	8:29	26:22
5.	405	Rebecca Lukasik	43	f	Lancaster	8:38	26:50
6.	394	Emily Rice	43	f	Clarence Center	8:38	26:50

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Place	Bib	Name	Age	Gender	City	Pace	Time
7.	412	Michele Montanino	44	f	Lancaster	10:39	33:08
8.	397	Emily Whitaker	40	f	Randolph	10:55	33:58
9.	402	Jennifer Roth	44	f	North Tonawanda	11:11	34:46
10.	214	Dana Rae Zygmunt	43	f	Grand Island	11:42	36:22
11.	170	Samantha Valenti	40	f		12:10	37:51
12.	378	Siobhan O'Connor	41	f	Buffalo	12:19	38:19
13.	211	Erin O'Connor	41	f	Grand Island	12:37	39:13
14.	419	Molly Brown	42	f	Mayville	13:12	41:04
15.	353	Heather Tooley	40	f	North Tonawanda	13:22	41:35
16.	408	Sandie McCoulf	42	f	North Tonawanda	15:29	48:09
17.	382	Eloise Campfield	43	f	Lockport	20:21	1:03:17

Female 45-49

1.	285	Amanda Irons-Rindfleisch	45	f	LockporT	7:57	24:46
2.	429	Lacy Houseman	45	f	Medina	10:10	31:37
3.	403	Elona Whitmore	45	f	North Tonawanda	11:09	34:41
4.	215	Christina Wills	45	f	Ransomville	11:27	35:36
5.	330	Rebecca Kaderabeck	49	f	Buffalo	11:54	37:01
6.	354	Amanda Park	46	f	Tonawanda	13:06	40:44
7.	336	Alexis Berman	45	f	Hamburg	14:59	46:35
8.	364	Tori Zimmerman	47	f	North Tonawanda	17:30	54:23

Female 50-54

1.	430	Jody Musolino	50	f	North Tonawanda	8:02	24:58
2.	135	Kelly Johnson	52	f	Williamsville	9:20	29:03
3.	358	Angela Lewis	50	f	Angola	10:22	32:14
4.	75	Christina Coons	53	f	Buffalo	11:37	36:08
5.	376	Cindy Jefferds	51	f	Wellsville	12:49	39:52
6.	236	Christina Ciliberto	52	f	Lockport	13:54	43:14
7.	149	Maruclar Rivera	51	f		14:47	45:58
8.	268	Michelle Schlesinger	54	f	Williamsville	15:05	46:54
9.	252	Amy Florian	53	f	Buffalo	17:29	54:21

Female 55-59

1.	260	Rachel Achtziger	56	f	BuffaloAmherst	8:29	26:22
2.	320	Margie Loomis	57	f	West Seneca	11:02	34:17
3.	281	Michelle Williams	55	f	Tonawanda	11:29	35:44
4.	421	Sue Tirone	57	f	Buffalo	12:42	39:31
5.	399	Janet Westphal	57	f	North Tonawanda	13:47	42:51
6.	424	Janice Lee Gratien	57	f	Hamburg	13:47	42:53

Female 60-64

1.	113	Brigitte Pennell	61	f	Buffalo	10:05	31:20
2.	217	Margot Bennett Mitschow	62	f	Buffalo	10:33	32:49

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Place	Bib	Name	Age	Gender	City	Pace	Time
3.	427	Patty Wagner	60	f	Grand Island	11:07	34:36
4.	278	BARBARA MORSE	61	f	Lockport	12:34	39:04
5.	342	Estelle Mayhew	62	f	Hillsborough	13:19	41:24
6.	326	Carolyn Camm	64	f	Buffalo	13:43	42:39
7.	466	Missy Valento	60	f	Pavilion	14:27	44:55
8.	172	Maureen Milligan	62	f		15:48	49:06
9.	190	Ann Marie Rider	61	f	East Aurora	16:00	49:46
10.	242	Michele Chapman	63	f	Tonawanda	17:04	53:05

Female 65-69

1.	202	Paula Leszak	65	f	Buffalo	9:58	30:59
2.	292	Wendy Lange	67	f	Tonawanda	11:10	34:45
3.	361	Bernice Kuca	66	f	Natick	11:25	35:31
4.	231	Patty Hastreiter	68	f	Lancaster	12:16	38:08
5.	417	Marie Hannotte	67	f	Buffalo	14:02	43:38
6.	416	Laurie Seier	66	f	Lockport	16:16	50:34
7.	404	Linda Duman	65	f	Chaffee	16:18	50:40

Female 70 & Over

1.	302	Stacey Curry	70	f	Jamestown	12:37	39:13
2.	245	Josephine Brooks	71	f	North Tonawanda	14:05	43:49

Male 14 & Under

1.	313	Andrew Jowdy	14	m	Lewiston	6:57	21:37
2.	290	Peter Westberg	12	m	Grand Island	7:22	22:55
3.	288	Tyler Birmingham	14	m	Lewiston	7:26	23:07
4.	446	William McCarley	14	m	Youngstown	7:31	23:24
5.	289	Campbell Sweeney	14	m	Youngstown	7:32	23:26
6.	300	Joshua Golden	12	m	Grand Island	7:54	24:34
7.	392	Ethan McMahon	11	m	Getzville	8:22	26:02
8.	193	Jack Hall	10	m	Lockport	9:22	29:07
9.	61	Matan Koren	9	m	Buffalo	10:03	31:17
10.	275	James Warner	9	m	Niagara Falls	10:13	31:47
11.	194	Henry Hall	12	m	Lockport	12:08	37:43
12.	33	Killian Friol	8	m		12:19	38:19
13.	418	Griffith Brown	8	m	Mayville	13:12	41:03
14.	335	Matthias Berman	13	m	Hamburg	13:31	42:01
15.	238	Liam Walters	13	m	Lancaster	13:57	43:23

Male 15-19

1.	184	Sean Garrison	18	m	Niagara Falls	6:20	19:43
2.	463	Carson Lau	17	m	Swampscott	7:20	22:50
3.	464	Caiden Lau	15	m	Swampscott	7:34	23:34
4.	295	Chip Filey	18	m	Buffalo	8:00	24:54

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Place	Bib	Name	Age	Gender	City	Pace	Time
5.	329	Lucas Kaderabeck	18	m	Buffalo	8:42	27:04
6.	373	Mason Serafin	17	m	Lancaster	10:18	32:02
7.	286	Arthur Artie	17	m	Wilson	12:32	38:58

Male 20-24

1.	388	Chandler Bergeron	24	m	Buffalo	6:53	21:24
2.	355	Jared Kapuszcak	22	m	Amherst	7:14	22:30
3.	283	Ryan McAvoy	20	m	North Tonawanda	7:48	24:16
4.	276	Dennis Cetaj	21	m	Eastchester	8:11	25:28
5.	34	Luke Hughes	24	m	Lancaster	8:40	26:59
6.	95	Nick Miller	22	m	Buffalo	9:48	30:29
7.	57	David Zupkov	24	m	Lancaster	9:50	30:36
8.	384	Ian Clingerman	23	m	Buffalo	9:58	31:01
9.	440	Cameron Tylec	22	m	North Tonawanda	11:31	35:49

Male 25-29

1.	256	George Duman	28	m	Orlando	6:44	20:58
2.	324	Eric Hernandez	25	m	Grand Island	6:55	21:31
3.	270	Alex Kij	28	m	Buffalo	6:59	21:43
4.	299	Christian Valento	25	m	Pavilion	7:22	22:56
5.	321	Michael Serghany	28	m	Buffalo	8:03	25:03
6.	357	Conor Shea	29	m	Buffalo	9:27	29:25
7.	439	Andrew Smolinski	27	m	East Amherst	9:45	30:19
8.	458	Evan Williams	28	m	Springville	9:56	30:54
9.	385	Zander Bolgar	28	m	Buffalo	12:38	39:17

Male 30-34

1.	203	David Parker	33	m	Buffalo	6:33	20:23
2.	257	Matt Yanik	33	m	Rochester	6:35	20:30
3.	308	Zacharia Hall	34	m	Buffalo	7:25	23:05
4.	433	Jack McGowan	33	m	Buffalo	7:31	23:23
5.	259	Jesse Fodero	32	m	Buffalo	7:48	24:17
6.	31	Andrew Niescier	31	m		8:00	24:52
7.	249	Darren Koepnick	31	m	Buffalo	8:10	25:24
8.	387	Mohammad At Tareq	33	m	Niagara Falls	8:16	25:43
9.	470	Kenard Hird	32	m	Fort Benning	8:20	25:55
10.	448	Justin Roehner	32	m	Buffalo	8:33	26:37
11.	443	Ali Malekivash	33	m	North Tonawanda	8:52	27:34
12.	258	Kyle Salka	33	m	Buffalo	9:12	28:36
13.	442	Ian Smith	33	m	Burt	9:18	28:55
14.	314	Evan Panczakiewicz	32	m	Lancaster	9:39	30:00
15.	460	Philip Eckhardt	34	m	Hamburg	14:22	44:39
16.	212	Noah Zygmunt	34	m	Grand Island	17:06	53:10

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Place	Bib	Name	Age	Gender	City	Pace	Time
Male 35-39							
1.	339	Cody Plotner	39	m	Niagara Falls	6:34	20:27
2.	293	Matthew Muttillo	39	m	Rome	6:45	21:01
3.	264	Jeremy Dagorn	35	m	Buffalo	8:04	25:06
4.	456	Greg Ohar	38	m	Lockport	8:33	26:37
5.	104	Terence Craig	35	m		8:56	27:47
6.	241	Michael Chapman	39	m	Tonawanda	9:07	28:22
7.	195	Bryan Hall	36	m	Lockport	9:22	29:08
8.	407	David Posenjak	36	m	Buffalo	9:33	29:41
9.	298	Wade Boyer	39	m	Ransomville	9:33	29:41
10.	381	Kevin Becker	39	m	Amherst	11:05	34:28
11.	262	John Fenz	39	m	Buffalo	13:36	42:19
12.	396	Robert Aucoin	39	m	Randolph	15:56	49:32
Male 40-44							
1.	261	Aaron Bradley	43	m	Batavia	6:34	20:26
2.	350	Eric Witt	40	m	North Collins	9:14	28:45
3.	327	Jacob O'Hearn	40	m	Depew	9:21	29:05
4.	374	Kyle Mills	41	m	Lancaster	10:18	32:01
5.	235	Uddhav Timilsina	42	m	Buffalo	10:58	34:08
6.	401	TJ Whitmore	41	m	North Tonawanda	11:45	36:32
7.	213	Ryan Zygmunt	44	m	Grand Island	12:42	39:30
8.	322	Misael Hernandez	44	m	Grand Island	13:02	40:31
9.	239	Bradley Walters	40	m	Lancaster	13:58	43:24
Male 45-49							
1.	447	Zachary McCarley	48	m	Youngstown	6:43	20:54
2.	226	Jonathan Martell	48	m	Buffalo	8:28	26:20
3.	204	Jeremy Weakland	47	m	Gasport	8:45	27:13
4.	253	Michael Keith	49	m	Tonawanda	9:16	28:48
5.	224	James Wegener	47	m	Niagara Falls	9:19	28:58
6.	71	Amnon Koren	46	m	Buffalo	10:03	31:15
7.	428	Shawn Houseman	48	m	Medina	10:35	32:55
8.	332	Stephen Schnepf	49	m	Grand Island	13:17	41:18
9.	365	Jim Pasinski	46	m	North Tonawanda	17:29	54:21
Male 50-54							
1.	205	Sam Tambe	54	m	Batavia	7:06	22:07
2.	445	Chadd McCarley	50	m	West Point	7:19	22:47
3.	444	Cesar Montoya	52	m	Smyrna	7:42	23:59
4.	390	Shawn Wagner	50	m	Buffalo	8:31	26:31
5.	452	Timothy Enfield	54	m	Buffalo	8:44	27:09
6.	274	James Henry	50	m	Niagara Falls	10:15	31:54

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Place	Bib	Name	Age	Gender	City	Pace	Time
7.	28	Tim Finney	53	m		10:18	32:01
8.	431	Mark Musolino	51	m	North Tonawanda	12:42	39:30
9.	420	Joe Tirone	54	m	Amherst	12:42	39:31

Male 55-59

1.	237	David Ciliberto	59	m	Lockport	7:08	22:11
2.	209	Ian Fasking	56	m	Buffalo	7:51	24:25
3.	197	Richard Violanti	55	m	East Aurora	8:01	24:56
4.	462	Fran Warthling	57	m	Buffalo	8:22	26:02
5.	317	Christopher Reeb	55	m	Buffalo	8:41	27:01
6.	198	Mark Shepard	58	m	Lancaster	9:17	28:51
7.	426	Eric Schwinge	56	m	Lewiston	10:24	32:21
8.	438	Douglas Haak	58	m	Hamburg	10:34	32:52
9.	454	Vinnie Prospero	57	m	Buffalo	10:41	33:14
10.	435	Clint Ronan	55	m	East Amherst	11:51	36:51

Male 60-64

1.	465	Chris Lau	60	m	Swampscott	7:43	24:01
2.	228	Mark Gallo	64	m	Ransomville	7:50	24:23
3.	265	Donald Olson	62	m	Buffalo	8:33	26:36
4.	377	Mathew Friol	62	m	Buffalo	9:44	30:15
5.	451	Steven Longo	61	m	Buffalo	10:00	31:06
6.	219	Marcus Costello	60	m	Kenmore	12:09	37:47
7.	251	Patrick Owen	60	m	North York	13:41	42:32
8.	341	Robert Mayhew	63	m	Hillsborough	15:22	47:48
9.	340	David State	61	m	Buffalo	15:26	47:58
10.	123	Thomas Milligan	60	m		15:48	49:07

Male 65-69

1.	246	Joseph Hurst	68	m	Tonawanda	8:25	26:12
2.	255	Rev. John Patrick Riley, CSC	67	m	Phoenix	9:57	30:56
3.	328	Budd Bailey	68	m	BuffaloB	10:48	33:34
4.	461	Mark Warchocki	67	m	Grand Island	12:19	38:17
5.	240	Keith Seland	66	m	Amherst	12:27	38:44
6.	230	Joe Hastreiter	66	m	Lancaster	13:08	40:50
7.	201	John Leszak	67	m	Buffalo	13:33	42:09
8.	434	Joel Finton	67	m	Getzville	19:17	59:57

Male 70 & Over

1.	188	Michael John Irish	71	m	East Amherst	8:18	25:49
2.	234	Fred Luongo	71	m	Buffalo	9:15	28:47
3.	306	Loren Jones	73	m	Basom	10:23	32:17
4.	282	Stan Jablonski	74	m	Lewiston	10:53	33:51
5.	207	Tom Wilson	71	m	Thornhill	12:14	38:02

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Place	Bib	Name	Age	Gender	City	Pace	Time
6.	189	Donald Davidson	87	m	East Aurora	16:00	49:44

Number of records: 255