# 2021

# **Spiritual Soul Food Buffet**

# Songs

# 2021

# January

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# #1 / 2021 Alzheimers' Patients

Are Alzheimers' patients in their own way trying to say That their future life of fun is over and done at this Time on Earth And it's time for a new Rebirth of their soul So they can explore a different role?

## CHORUS

Alzheimer's patients don't want anyone to be sad, angry or mad. And they do not want the pity of anyone because they themselves do not feel bad.

Alzheimer's patients are just in their own way

looking to be a source of service while their mental capacities decay.

## CHORUS

Or are all the timers patients on their own unique Journey exploring every trace, space, and place of their own memories at their own present here and now time pace.

## CHORUS

Or is it possible still

that Alzheimer's patients have all agreed

to experience their own loss of will?

## CHORUS

Allow me to end my friend with this thought that alzheimer's patients may have agreed to be a new source of cultivating patience for the ones they love in this fast-paced ego-based reality.

# CHORUS

It's almost like part of their soul

has finished its Mission and goal

and left their old physical body

seeking to find and to play a new role.

# CHORUS

When it comes to an Alzheimer's patient, be patient.

Here's my final reminder be patient and kinder

to all ,,, involved in Alzheimer's call.

## #2/2021 Stone People

When others have left or been blown away,

The Stone People have decided to stay and say

that their claim to fame is "Preservation of the present"

into the future and soon-to-be the past

but to be eventually reclaimed in the present so it can last and last.

Stones talk to people who sit quietly and lovingly stare if and when those people honestly care about the secrets of the past

that were meant to last.

# #3 /2021 Uplifting Divine Love

Whatever is uplifting is gifting us hope

so we can either carry on in present time or learn to cope

with future trials and tribulations with both individuals and Nations.

It's time to uplift and we need to shift our gears to go far above and beyond any form of fear when it does appear.

For in the end my friend all that will be there all that will really care is Divine love sent from above. From without or from within Divine love has always been our power and our source of course.

# #4 /2021 Not Just Virtually Pretending

## CHORUS

When our confidence in our inner knowing is growing to the point of showing, then we are actually ascending not just virtually pretending. Yes ... then we are actually ascending not just virtually pretending ... to be ascending!

Virtual is actually acting like something is really in real life occurring but with borders and boundaries that the actor controls and is preferring over the trials and tribulations of real life unpredictability and strife causing situations!

#### CHORUS

If Ascension and ascending is our goal, then what should be our role? Is being an astute student enough or do we have to put up with being and doing other stuff? ... When is enough enough?

## CHORUS

Our fast-paced life is virtually causing us strife in so many shapes and forms

constantly dissolving old standards and norms

only to be erased and or then quickly rebuked and replaced buy New Aged thoughts

about the do's ... the don't and the oughts of what's best to do for both me and you.

## CHORUS

So sit back and relax

while you sort out your own fallacies and facts

of what is actually not virtually working for you

to help your dreams come true.

PostScript ...

I am at the double door NeverMore doubting entrance of the EverMore existence.

I've got here through both my resistance and persistence ...

And now it's up to me to bravely push open these double doors and see

all the treasures and gifts that await to be cared for and shared by me eternally!

# #5/2021 The Power of Your Belief

## CHORUS

Whatever you believe in Will Never Let You Down.

It will never let you down.

Don't let any doubts surround your belief

to make your smile a frown. For ...

### CHORUS

Your belief, not someone else's belief, Will Never Let You Down

When it's your 24 / 7 ... 360 surround belief you'll have no grief.

## CHORUS

A belief is meant to bring relief from uncertainty and grief

Preserving your sanity helping all of humanity.

## CHORUS

A belief allows your awareness to grow and abound

So answers to your questions and problems will more quickly be found.

# #6/2021 Praying to Uplift Preying

Does praying to our Divine Source

uplift any harmful preying on the weak of course?

Yes, it does and it always will as long as we remember the power and the thrill

of serving our Divine Source of course

with The power and force of Compassion in every way and fashion.

### CHORUS

Pray to offset prey in every imaginable way ... and then wait to hear the role that you should play to help us all in your own way!

Those who prey on others have lost their way.

They're afraid and don't know what to do or say

To remember how and why to pray ... but that's okay.

Someone will help them along the way!

## CHORUS

Praying is one way of talking with the Divine.

And it's easier when praying to recognize a Divine call or sign into action.

Plus praying helps us all gain traction.

# #7/2021 A Sunken Treasure

## CHORUS

Our relationship is the sunken treasure.

It's hard to reach and even harder to measure

it's true value and worth here on planet Earth.

It's always hidden and sometimes even forbidden

to be searched for and then once found it's taboo to explore.

## CHORUS

It's a journey of yet to be seen insights

exploring our hits and misses

plus our wrongs and rights.

## CHORUS

But after we've crossed over ... after our death our souls can see all of the unexplored opportunities that we did miss or dismiss because we never knew that they could exist.

Our relationship is a Sunken Treasure best explored while we're here on Earth even if we miss its full measure.

# #8/2021 I Want to Explain

#### CHORUS

I am looking for the words to explain the things about me that drives you insane and make you verbally complain.

### CHORUS

Whether you think that I'm wrong or right,

my life is my own Journey whether it's a struggle or a delight.

I am the only one who has the right

to choose my own destinations, decisions, and oversights.

## CHORUS

There's always more than one perspective to choose and see from otherwise life would be boring, predictable, with no surprises and little fun. We'd all be cookie cutter humans ... all alike and humdrum. So, don't worry so much when you think I'm out of touch!

## CHORUS

I want to share with you about what I am going through not because it's fair

but because I truly care about you caring about me.

For that I am thankful eternally.

# #9 / 2021 Equal Opportunity

All too often when Opportunity Knocks it shocks us to our core for we weren't expecting it and we weren't ready at that time to explore all it entails ... or ... we weren't ready to experience the feelings one gets if and when one fails. Knock ... knock ... knock

it's time to take stock to go beyond the feelings of shock!

#### CHORUS

Equality of opportunity should be more than just a fantasy. It should be an everyday way of life for every son and daughter ... every husband and wife.

I want to live on a planet where the chances that all things will be able to come to be are always in all ways eternally equally allowed to exist and persist for all the beings willing to do the work and not be a jerk. But if and when jerks do appear there will be sages who can and will explain that jerks are created by fear. These teachers will show students how to get over and what to do to get past and go through any challenge that does appear because of fear. Earth should always be a planet of opportunity.

The biggest and best opportunity should always in all ways

be the opportunity to stand side-by-side

with human eyes shut or open wide

to another human's thoughts, words, deeds, and even needs.

For not everyone will evolve at the same speed.

And that's a lesson that must eventually be learned by all indeed also at his or her own speed.

# #10 / 2021 Wake Up to Good Thoughts

Do you wake up in the morning only thinking about the "bad" experiences that you have had or are still to come that day ... or are you preferring to start each and every day with positive hopeful thoughts that say "Today will be the 'Best Day of My Life' with minimum stress & strife!"

### CHORUS

Wake up and go into your head eliminating thoughts of dread Making room for more and more Good Thoughts Galore!

When bad thoughts appear,

it's your job to make it clear

that you won't listen

because you don't want to be missin'

all the good thoughts waiting to come through for you.

Waking up from sleep or from a deep sense of confusion,

which is a very common 3-D illusion,

requires patience and practice to keep you on a positive productive track.

And in the beginning it seems that all we are doing is retraining our minds

to only listen to the thoughts that will bring us back

to that positive productive track.

But in the end my friend it's well worth the time and effort

it takes for the positive productive changes that makes.

# #11/2021 Time and Effort

## Crossover/Blend in CHORUS or Next new song?

Time and effort ... effort and time

learn to use them both wisely

to maximize results and minimize the climb

up and out of any challenge or doubt.

# #12/2021 The Light Spark

Light ... Dark

... which state of being has its own power spark?

## CHORUS

In the light there is a spark that is absent in the dark.

Both metaphorically and physically

for those who choose to understand and see ... that Light Spark

... even when it's shining in the dark.

Light . . . Dark

... which State of being is eternal

and which state of being is infernal?

## CHORUS

Light . . . Dark

... which State of being is open and which state of being is closed

... Only Heaven Knows.

# #12B / 2021 The Light Spark

Crossover ... cross over to the Light where you'll always have the power to shine bright be it day or night. But when living in the dark you'll have to beg, borrow, or steal someone else's spark of Light to shine bright to always in all ways make all things alright.

## #13 / 2021 Quit Quitting

#### **CHORUS**

It's time to quit quitting.

Time to give up sitting ... the next adventure out.

It's time to find out what life is all about.

It's time to climb out of your chair.

It's time to prepare to enjoy what no one or nothing has the right to destroy

... and that is always living your life on your own terms

whether it's a Bed of Roses

or

a can of worms!

#### CHORUS

Whether you take the well-beaten path

Or whether you trek through uncertainty

at least you'll be doing something besides quitting

and then you will see what an adventure your life could be?

When you finally quit quitting,

you'll see just how much you were missing

while sitting things out

when you were wrestling with your doubt!

Just remember ...

it's your life to enjoy

and your adventure to deploy or destroy.

## #14/2021 Energy Flow

When you're in the know, You let and want energy to freely flow so you can always experience and grow everything to the max while you reap the benefits and relax.

#### CHORUS

The in the know energy flow helps you to succeed and relax both because of and in spite of the facts.

When energy flows freely ... ideally you can make the best of the best outperforming the rest who detest the idea of allowing energy to be free.

#### CHORUS

Energy has a mind of its own.

You can harness and abuse it when you use it

without the simple Cosmic facts

Or you can relax and ask for the facts.

And then appropriately choose and use it

as you conserve your own energy to be all you can be.

## CHORUS

Ideally energy will flow freely

only if and when, not just every now and then,

you are honest and sincere ...

making your Divine Loving intentions absolutely clear.

# #15/2021 The Versatility of Words

#### **CHORUS**

Words are a treat that I hope never becomes obsolete.

Words activate so many acts that are great.

Words create or destroy whatever we choose to employ.

Words roll off one's tongue, whether they are spoken or sung.

Words send chills and words send thrills all the way up and down one's spine or beneath one's skin to places they have never before been.

## CHORUS

Words paint a poetic prophetic picture or scene of what's out front, in between, or behind an invisible screen.

## CHORUS

The words we think or speak always match the emotions we seek to express and display in an exacting precise way.

## CHORUS

Loving words can bring us together

but some words can tear us apart

when they are spoken with malice in one's heart.

Words can help us to express and explain both our needs and our deeds.

But only God knows to what end all of our words will lead us.

So be careful when you use words to make a fuss.

## #16/2021 The Great Divide

Words can form the Great Divide between us as we walk through the Valley of Deception and Fear that we feel and hear! Or words can gently lift and float us above anything less than Love. **CHORUS** Our words can form the Great Divide or our words can unite us to stand up for what we believe in side by side ... arm in arm ... Heart to Heart allowing nothing to separate or tear us apart!

Words are not always heard and understood

in the same way depending upon what has preceded

those words before that day.

And this allows the Great Divide to begin to open wide.

The emotions attached to words range from universal to unique. And all too often words can become an unknowing trigger we speak aimed at a relationship that we meant to cement ... not break up or blow open wide

causing a great explosive divide.

#### CHORUS

All too often a Great Divide does spring from just one very small almost insignificant thing. It gets blown up in size for us to recognize that perhaps we've had a momentary lapse in re-membering how and why to walk the walk we teach and truly practice what we preach!

# #17 / 2021 Thoughts and Speech

## CHORUS

Thoughts and speech both help us explain and reach

every Pinnacle within us with minimal time and fuss.

Thought is internal.

Speech is external.

... but both leave a mark that is eternal.

## CHORUS

Choose your thoughts carefully

for they direct your actions for all to see.

## CHORUS

The words you speak accelerate

the time it takes to reach the peak of your thoughts.

It's up to you and your pride to decide

what speed you need to succeed.

# #18/2021 Let Things Go

Whether someone is a friend or foe

sometimes it's best to

\* //: just let things go for all to grow :// \*into and out of what is yet come to beto create the next Best Thing reality.

\*

## #19 / 2021 Let Me BE Me

#### CHORUS

Let Me Be Me.

Let me be free to be me.

Let Me Be Free to Be Me eternally.

Let me be free to be me in any and every reality.

No more trying or denying

that I am less than or more

than anyone is looking for.

#### CHORUS

Allow me to know that the I AM part of me will always in all ways be loving and kind no matter what I experience or find.

#### CHORUS

And when I choose to hide the real me, please don't be upset by what you hear or see. For that's the time I choose to be immersed in a fear-based illusionary reality to see whatever I can be and see.

# #20 / 2021 My Best Way to Get Out

I finally found what I'm looking for ...

It's not a window or a door.

No ... it's all so much more!

Beyond a shadow of a doubt.

It's my best way to get out ... of the confusion I'm in.

My best way to get out is to go in ... inside my Soul where everything I've ever needed or wanted has always been.

## #21 / 2021 A Healer's Energy

### CHORUS

Oh Healer you're the revealer of the Divine Love within each Soul. And Loving is your only goal.

I believe a Healer can extend the extra energy to another soul

... enough energy to feel whole

and to heal himself and he does feel, see, and be

Divine love in the appropriate form during any turmoil or storm.

#### CHORUS

A Healer's energy comes from the only one true Source and that's ... Divine Love of course. #22 / 2021 IAM that IAM

#### CHORUS

I am that I am that I am able to both see and be every possible possibility.

Nothing is beyond my understanding.

Nothing is too overwhelming or too demanding

when I recall that ...

### CHORUS

Limits only exist when one persists to resist caring and sharing while never judging or comparing. Then we find that ...

#### CHORUS

No one or nothing has the power or the right to stop me from seeing or being the best version of me, myself, day or night. So, let's celebrate that ... I am that I am over and over ... again and again.

## #23 / 2021 Mastery

#### CHORUS

Mastery is an art they keep each illusion from falling apart. Mastery includes a whole-hearted deep dive only experienced while one is alive allowing one to feel, see, and be immersed in an illusion completely For Better or Worse! When we say the words "I am a Master", we think that we are Above & Beyond disaster in any way shape or form But at this time on planet Earth Mastery does not seem to be the norm!

#### CHORUS

Now somewhere back down the line

we've come to believe that Masters are only Divine

and would never abuse or deceive us.

Is that really real or is that just a fictional ideal?

#### CHORUS

In this 3D reality Mastery by humans we often see,

but fail to recognize because we were only looking for

the Mastery we labeled ascended and wise.

We have masters of disaster and self-deception on every continent in every nation. We have masters of addiction living in their own mental world of fiction.

#### CHORUS

When you really understand Mastery, you'll understand that there will always be two types of Masters ... the Divine Ascended and the less than Divine but always fine ascending masters of apparent disasters who are slowly learning to be discerning.

#### CHORUS

Humans are in a constant state of insanity until they recognize the prize of their humanity is being an ascending or Ascended Master. It's a human's birthright ... his mastery but it has been hidden out of his sight.

# #24/2021 Divine Love & Light

#### CHORUS

Divine Love and Light will brighten up the darkest situations day or night.

When the Light of Divine Love is freely flowing good things will constantly be showing up in one's life facilitating progress and minimizing strife.

# #25 / 2021 My Saving Grace Prayer

Help me to see the power

that could be my Saving Grace.

When I'm in a dark place

and the bad memories I can't erase

let me come face-to-face

with my ultimate Saving Grace.

# #26 / 2021 A Different Life

#### CHORUS

Life would have ... should have ... could have been different if I hadn't jumped off that emotional cliff into the pit of self-pity ...

I might now be sitting pretty

instead of drowning in self-pity

and the boiling mad feeling that makes me sad ...

#### CHORUS

Where I allowed my emotions to rise

above and beyond compromise

leading to actions that were far less than wise.

## #27 / 2021 Three Simple Facts

#### **CHORUS**

Free simple amazing facts help you to succeed, yes indeed, and relax while reaching your goals here on Earth and showing you your true value and worth.

Everyone who appears to have succeeded has had an unqualified unexplainable desire and drive that has needed to be expressed or they would feel overwhelmingly stressed.

And all along their way they never guessed that they, themselves, we're blessed and ordained to succeed because they themselves carried that unstoppable need to stand head-and-shoulders above the rest that was their ultimate goal of their basic this lifetime test.

But in the shadow of their successful acts hides three simple amazing facts.

#### CHORUS

Fact number one:

Life on Earth has meant to be positive productive fun ...

to be self-celebrated not necessarily recognized

by many others or even anyone.

#### CHORUS

Fact number two:

If you are doing something that you do not enjoy,

it will destroy all that is within you

that you need to joyfully succeed.

#### CHORUS

Fact number three:

It's as simple as can be.

Just be whatever you feel is right

without the need for feedback or insight from another soul

as you concentrate on just being you your true self as your goal.

# #28 / 2021 To Create a New Ever-evolving Reality

#### CHORUS

Speak, do, feel, see, and be are the steps for creating an ever-evolving reality.

Pick any one, two, three, four, or all five to be part of a new reality coming alive at this time and place for planet Earth and her inhabitants including the Human Race.

#### CHORUS

Who are the new creators of any new reality that is yet to come and be? The new creators here on Earth will show us their new reality and true worth when they speak, do, feel, see, and learn to just be creating their own new reality.

#### CHORUS

Many new realities will die along the way because they will not evolve or adapt so they won't have the power to stay. Concepts either evolve or dissolve along the way. That's what they do or so people say.

#### CHORUS

The teachers who keep teaching the same old ideas every day

hear at least two different voices say

... It's not time for you to grow

so just keep repeating your same old show.

Or

... New students will always appear ...

so make the ideas you teach crystal clear.

#### #29 / 2021 Our Energy

#### CHORUS

We have the power

to control or give away

all of the energy from everything we think, do, feel, or say.

Whether we are aware ... whether we do or do not care all of our unused energy is out there for others to keep or share. And they get to choose whether to use or abuse the energy that we, ourselves, did not use.

#### CHORUS

How do we know if we are using or giving our energy away? Is there something special we do or say? When our energy is well-used we never feel fearful or confused. We never act or react afraid or abused.

#### CHORUS

Confusion may set in, you may say,

when we have negative thoughts ... don't we want to give them away?

Here's what I say "negative thoughts and feelings or deeds

are a sign from the Divine showing what and where we need to transmute our own energy so we can be productive and free of negativity".

#### CHORUS

Believe it or not there are people who Prey Upon Us

looking to steal our energy.

But they can only steal the energy that is only connected to negativity ...

like fear, worry, and doubt.

Nothing else can be taken away from.

Nothing else can leak out.

# #30 / 2021 Who's in Charge of Our Energy?

Energy is energy.

It can set us free or trap us.

It can build us up or snap us.

#### CHORUS

So who or what will take the lead

allowing us to positively proceed

to keep and use our own energy?

Energy is free for the taking or the making into whatever we need to manifest and proceed with our every thought, word, feeling, or deed.

#### CHORUS

Energy comes and goes and Heaven knows that humans have the ability that now somehow grows stronger and lasts longer to be in charge by and large of their own energy to positively affect the cosmos eternally!

# #31 / 2021 Understanding More and more

I forgive you

as I give you the compassion

that I can now extend for your past actions

that did hurt and offend me to my core

because now I understand ever so much more than before.

#### CHORUS

I forgive you more and more

for the things that you have done before

as I come to understand more and more,

this becomes my mantra encore.

With understanding comes the knowledge

that ignorance was not Bliss

but that there was some major factor

that I didn't miss or dismiss!

#### CHORUS

Eventually we learn to see how vulnerable we all can be to the call of selfish ego and fear hiding in the dark recesses

waiting to be heard or appear

to suck us into their downward spiral spin.

And that's where all the trouble does begin!

## #32 / 2021 More Love than Before

#### CHORUS

Each day I find an experience more and more to love and I love more than ever before. When more love than before is a possibility, that's all I will ever choose to see.

When Love does expand, we all feel Grand and want to offer a helping hand to those who are afraid or need our aid. Thus, setting up an opportunity for more people to find, experience, or be Divine Love from above.

#### CHORUS

Each day's New Perspective allows me to see that what I already Love somehow loves me back to keep me on track. I also get to find and experience that my depth of love in the past is increasing now today ever so fast.

#### CHORUS

The opportunity for me each day to find and experience love in new things and in a new way is only limited by the fear of fear destroying what I already Love and hold dear.

# #33 / 2021 To Better My Life

Counting the ways to better my life always seems to involve relieving strife.

Counting the ways to better my life always seems to include cutting myself some slack when I seem to get off track.

I know that there's more in store.

But so far as this train of thought goes ...

It's just time for me to cut myself some slack

to get back on track

to relieve my strife

so I can have my best life!

# #34/2021 Enjoy Being Here on Earth

If and when every now and then

no purpose or goal comes to me,

I know it's time for me to enjoy more

of what I feel and see.

For not every soul can be

alive or taking birth

at this time now here on planet Earth.

Those Souls who are chosen

have proven they've already arosen

to Divine Heights through many Dark Nights.

So they know the value of loving Love

from both within and above!

## #35 / 2021 Nature's Ebb and Flow

Allowing all things to come to be

without destroying the planet's ecology

is a primary sign of Divine

teaching and learning discerning

necessary for a planet and its inhabitants

to evolve and grow

adjusting to the natural rhythm of

Nature's Ebb & Flow

... In with the good and out, for recycling, with the bad.

always with the tolerance of compassion

never being sad or mad.

# 2021

# FEBRUARY

# SONGS

#### 2021 February Songs

- 1. The Garden of Eden Will Return
- 2. Dreams
- 3. Pulled Strings or Angel Wings
- 4. Your Choices
- 5. Frustration
- 6. All the Consequences
- 7. Lying
- 8. Uplifting Music
- 9. UR your own Ultimate Reality Decider & Provider
- 10. Dream or Nightmare
- 11. PrePlay or Replay
- 12. Egos Don't Deserve the Blame
- 13. Champions of AND Anchors for ...
- 14. Boxing Your Ego
- 15. Your Retreat
- 16. Come In
- 17. The Weight of Goodness
- 18. You Make Miracles
- 19. True Self Energy
- 20. The Best Thing
- 21. Way Out There
- 22. An Adrenaline High
- 23. Depleted Hope
- 24. There's Always Something
- 25. Heart Infinity Loops
- 26. Future Perfect Scenarios
- 27. Having Does Not Equal Wanting
- 28. A Bearer of Light
- 29. Own Way or Own Say
- 30. The Energy Rush
- 31. The Allness
- 32. Enough Energy
- 33. Who's In Charge of Now?
- 34. Together We Are Better
- 35. Everyone is Special
- 36. The Place of Here
- 37. Split Second

## 1. The Garden of Eden Will Return

I am here on Earth now having taken birth

to prove that the Garden of Eden is a state of mind grove

that one can accept and achieve if and when one does believe

that deep within his Heart & Soul God has always been both the Source & Soul

leading me to reclaim living in The Garden of Eden as both my role and goal ...

because I am now obeying what God, my Loving Divine Source, is saying!

The Garden of Eden will return for those who are willing to learn to share God's Love & Light every day and night.

## 2. Dreams

Keeping a Dream alive will give you the will to survive

... the strength to strive

... and the power to thrive.

Dreams keep us looking up and out ... above and beyond any fear and doubt looking and waiting for our Dreams to manifest and more to appear as long as we stay hopefully sincere.

It seems that Dreams ... yes, Dreams it seems keep the world turning round and around making good things appear & abound. Dreams are where hope does grow and can be found.

## 3. Pulled Strings or Angel Wings

Push your buttons or pull your strings.

Those who want to control you will find a millions ways and things

to push your buttons and pull your strings

to keep you down & out consumed with fear and doubt

always looking around & about for something bad to come up & out.

As long as you let them ... push your buttons and pull your strings

#### 4. Your Choices

Be sure you know all your choices before you choose otherwise you might in the short run win but in the long run lose.

Where do your choices reside?

Most of the good ones come from deep inside of you

... the things you might really want to do.

Most of the bad choices you hear

come from outside of you and come from Fear.

Are your choices coming from voices that are inside or out?

Do they fill you with Peace, Love, and Joy

or fear, worry, and doubt?

So, if and when a choice comes from within you

Give an emotional shout to help it manifest as it comes out!

## 5. Frustration

What bush am I beating around?

Why am I feeling that I'm losing ground?

And why does my heart pound so loud? Is it because I'm too proud

to actually admit that I'm not 100% sure of what I am doing

and I'm so fed up that I want to quit?

# CHORUS

Frustration is the illusion of confusion

# brought about by doubt.

Is it that I always want my way?

Or is it that I always want my say to play a big role

everyday in every way in achieving my goal?

# CHORUS

No one was meant to be born to feel confused and forlorn unless his Soul has mastered everything else in the past and was now looking to blast into a new experience frontier where confused, abused, and frustrated would stay front & center until the bigger picture adventure would appear and become clear.

#### 6. All the Consequences

Please allow me to see all the possible consequences that could come to be because of what I chose to think, do, or see without regrets, malice, or shame as I continue to play The Game Of Life Here on Earth to find my value and worth.

All the possible consequences leading to an overload of emotions, feelings, and senses are asking for help and aid before they manifest and I become confused and afraid of employing any consequence that could and or would be destroying the Love of which I am and was made.

7. Lying

Chorus

Lying is bad, maddening, & sad ...

But feeling you have to lie is even worse.

It feels like an uncontrollable perverse curse

has been placed upon you and all that you do

... never allowing the real you to shine through!

Try not to lie ... and you probably won't succeed

until you feel your own self worth indeed.

## CHORUS

To find your own true worth you have to take a leap and go deep inside to forgive yourself and your pride.

And then set the past aside to also be forgotten & forgiven

to proceed with your future life of Divine Lovin' & Livin'.

## 8. Uplifting Music

## CHORUS

Use the uplifting power of music to set you free

from any and every form of negativity.

Music can uplift you.

And music can gift you a new perspective ... a new directive on which to embark.

Music can provide you with and uplifting spark

to ignite a new way to fight fear and doubt so things can more easily work out.

## CHORUS

Music is uplifting you to forget about whatever is bringing you down. When you get great music stuck in your mind, it goes around and around obliterating any other thought or sound!

# CHORUS

When music is uplifting and gifting us a hypnotic State of Mind then it's difficult to find a bad thought that lasts long enough and is strong enough to attack and distract you from that hypnotic melody or that beat that just keeps playing over and over in your mind on repeat.

9. UR ... your own Ultimate Reality decider & provider

#### CHORUS

UR your own <u>U</u>ltimate <u>Reality</u> decider and provider.

You seek and you tweak.

You search & you find whatever you think in your mind.

And the <u>Universe's</u> <u>Resources</u> are at your command

whether you just think, wish or demand!

## CHORUS

It's true that you are always in charge by and large.

But, usually behind the scenes it seems in your thoughts, wishes, & dreams.

## CHORUS

Once you understand that it's you

making everything that's manifesting and coming through ...

Happening to you, then you'll have a new lease on life

and you'll be able to monitor your levels of stress and strife.

## 10. Dream or Nightmare

Is your life a 'Dream' or a 'nightmare'

... totally Beyond Your Wildest Expectations or... totally unfair?

And why are you the only one who seems to care?

And if someone else seems to care, why aren't they always there when you need them to be by your side with arms and hearts open wide?

## 11. Replay or Preplay

Is the purpose of the present to replay memories of one's past

or

to PrePlay possible memories of the future that could evolve and last?

## CHORUS

Oh replay or Preplay ... their differences are fading fast ...

For once you play either one in the present, you can choose to forget it or make that memory last!

Whether you are looking forward or looking back, always cut yourself some slack and remember in the present you can always switch to another track...

# CHORUS

The gift of the present is that it is always right now here today.

It is, was, and always will be the place and day when we got to choose what to replay, preplay, or play with our thoughts, emotions, and our deeds to fulfill each and every one of our needs.

#### 12. Egos Don't Deserve the Blame

It seems a human's ego is cursed, always getting blamed for the worst case scenarios even as a human's life experience grows allowing a human to choose to learn to grow wise or to be satisfied with his own Spiritual demise.

With Free Will Choice humans have the right to choose. But humans don't have the right to blame their egos when they lose or choose badly resulting in events that end sadly.

Let go of saying your ego's to blame.

Your ego was created to help you survive in and effectively play each game of the illusion until you eventually come to your own the Spiritual conclusion of what really and truly keeps us separate and apart when we come and stay or go and depart.

#### 13. Champions of AND Anchors for ...

A selfish self-serving ego it seems has desperate spiritually descending dreams anchored in fear allowing the devil and demons to appear to tempt and deceive allowing a human to fool himself and believe that in some way on some day it's ok to say "I choose what is best for me" without regard bad choice will make things hard for anyone else but me ... that's as far as I can think, feel, or see.

#### CHORUS

Nightmares or dreams, each one it seems needs both a champion and an anchor for its cause acting 24/7 without pause. An ego anchors the lowest frequency for a Soul to hear. While a loving higher self makes the highest frequency clear.

So, a selfish ego chooses to anchor the darkest choices of all

adding to a Spiritual descending fall.

But now at the Other Extreme in real life, not in a dream,

A Spiritually Loving Soul does play the role to anchor the Lightest and brightest choices of all answering to Source's Divine Call.

The epitome of the human dream does seem to be to make

one's Free Will Choices between the two most distant extreme voices

that we hear based on either Love or fear.

## 14. Boxing Your Ego

If and when we put our ego in a box, it really actually stops it's opportunity to grow up and out of fearful feelings and doubt. For when we label it and table it, then we actually disable it from being more than it was before.

If and when we put our ego in box, is actually shocks and blocks any future ability to help it learn to feel, see, and eventually be the power ... the force ... and the Source of Love of course.

From another point of view

you and your ego are often engaged in and going through

a fight with no end in sight ...

It's like your ego is boxing with you.

Your ego often sends a low blow through

to keep you down and out filling you with doubt.

## 15. Your Retreat

## CHORUS

You know that it's time to retreat ... retreat ... retreat

## when life feels incomplete.

Let me repeat ... repeat ... repeat

# CHORUS

Let me even retweet ... retweet ... retweet

# CHORUS

retreat ... defeat ... re-treat

You know your retreat is complete

when you have extracted and enjoyed every treat

your retreat has deployed

including all of the terror and fear it has destroyed.

Whether your retreat is mentally internal or physically external,

it's effective results will always be lastingly eternal.

For every time you remember or recall the last effective effects of each retreat you will never fall.

### 16. Come IN

Let the outside world bring you in

... into where all the best Treasures have always been

patiently waiting and anticipating your arrival

to manifest their abundant prosperous survival

to aid and comfort one and all

so no one ever again will have to experience a Spiritual fall.

This only becomes a spoof

when you, yourself choose not to experience this as proof!

## 17. The Weight of Goodness

#### **CHORUS**

## Goodness should never weigh heavy on your heart.

The weight of Goodness is always uplifting, gifting, and shifting our awareness which once was drifting aimlessly back and forth

... east - west - south - and north ...

into a conscious focus and sign from the Divine

allowing us to feel, see, & be whatever is needed eternally!

## CHORUS

The weight of Goodness is carried together

... never separately apart

#### CHORUS

And if it does then you know that it's not Goodness right from the start!

#### 18. You Make Miracles

Each miracle of Here & Now that's filled with Wonder & Wow appears because of you ... what you think, feel, and do ... not because of where you are livin' or what you've been given.

YOU make miracles by setting your true self energy free to grow into and be .. miracles eternally.

#### 19. True Self Energy

Our Heart, not our mind, is in charge, by and large,

of what miracle will manifest and appear right now ... right here.

Our Hearts see beyond the limits of our mind.

Our Heart's energy will seek out and find

the most miraculous resolutions and solutions.

When our minds are confused, then we are vulnerable to be abused or used by others who wish to harness and tarish our True Self energy, that will always be able to come through the Hearts of both me and you.

#### 20. The Best Thing

#### CHORUS

The "Best Thing" we can do for all and any and especially the many betwixt and in between dimensions, veils, and screens is never to judge and not to begrudge them their own Free Will Choice of what to say with their own voice or exactly what journey to make and then take.

The "Best Thing" for me might not also be the "Best Thing" for you depending upon what you are going through.

## CHORUS

It's difficult for me to see the "Best Thing" I should do.

But it's impossible for me to see it for you!

#### CHORUS

The "Best Thing" for us to remember is "Don't take things personally"

for oh so very often we're the catalyst for someone else's tragedy epiphany.

### 21. Way Out There

Someone has to be //: Way Out There ://

when others are not yet ready for or do not care ... do not care ... do not care what is coming to keep us and our world vibrant and humming.

Eventually all will see that "Way Out There" in all its wonder and wow has become the Ascending State of Being Here and Now!

22. An Adrenaline High

#### CHORUS

Life can be a dream.

Or life can drown you in a stream of emotion

causing confusion and commotion.

Everywhere you turn there's something to experience and learn.

# CHORUS

All too often people only look for and see

others' opinions of how their life should be.

# CHORUS

We know emotions can provide you an adrenaline high and perhaps that is why people choose to enter an emotional stream rather than live in a dream.

## 23. Depleted Hope

Years of accepting less while still expecting more

have diluted and depleted my supply of Hope in store.

## CHORUS

Divine Love is a direct pipeline

always available from God by design

to restore hope and more.

Now when I wake up it seems that I take up a different attitude.

I feel and act oh so indifferent

... not joyful but not sad or rude.

# CHORUS

So, how do I cope with depleted hope?

Well, it's up to me each day at least for a few minutes to get away

where and when I can lovingly speak or pray

to restore my hope so I can more easily cope with more.

#### 24. There's Always Something

### CHORUS

There's always something coming together

whether we're conscious of it ... or not.

There's always something coming together

right here before us ... in present time ... on this spot!

It's here ... it's here ... but it's not always clear what "it" is my dear!

So, don't be fake and give yourself a break!

Just be sincere and then you will see more appear.

# CHORUS

It could be a Feeling that sends our emotions reeling.

Or it could just be a feeling of bliss,

that no one should miss or dismiss.

# CHORUS

Whatever "it" is, was, or will be, always remember "it" was made with and by a little bit of both you and me interacting eternally. **CHORUS** 

### 25. Heart Infinity Loops

Connecting the infinity loop of the Heart of Heaven and the Heart of Earth with the infinity loop of the Heart of our Future and the Heart of our Past creates a hologram of us that will manifest and last as long and as strong as it needs to be here and come through loud and clear ... Creating Love and eliminating fear.

It's time to relax and climb into your heart to allow these two Heart Infinity Loops to effectively start doing what they do best, so we can easily be our best.

#### 26. Future Perfect Scenarios

## CHORUS

Everything is being shaken up and stirred so the future perfect scenarios will come into existence and be the preferred Choice of those who are looking for a future perfect Ascension voice with which to reach and teach those who are ready for a similar great fate.

So hold on tight to embrace the unknown and possible fright

knowing sooner than later everything will be better than all right.

So ... it may benefit you to stick around and see what's coming through!

## CHORUS

Ah ... but wait if this is not your present fate why should you listen to and learn something that is of little or no concern to you and all you do?

Well ... it's simple.

The more things that you understand and know ...

the more ways you will have to choose from ... to go and grow.

Would it not be a shame

if you did not learn about all the scenarios of the "Living on Earth Game"?

# 27. Having is not Wanting

Living the Mainstream Dream, of always wanting more than enough of the right stuff in 2021 is not much fun.

It has turned out to be hell

when we see both ourselves and others not doing well.

When you wake up and take stock, man you'll be in for a shock!

But once you learn to discern

that old mainstream dream will fade away and turn into

"Always having enough of the right stuff that you will need indeed."

#### 28. A Bearer of Light

Voice #1 Who am I and why am I here?

Voice #2 If you're truly sincere and ready to receive and believe then we'll make your answer clear my dear and have no worry or fear.

You're a Bearer of Light to shine through all Darkness day and night.

Be you a static Beacon of Light or an active Warrior of Light,

You have the power, tenacity, and might to always in all ways shine bright

allowing others to feel, see, and also be a Bearer of Divine Light like me!

A Bearer of Light can be a Warrior or Beacon

whichever one is seeking

to help set himself free to be the best he can be.

#### 29. Own Way or Own Say

It seems in this world today that most men want their only way ...

while most women just want their own say.

Men want to take the easiest road while women want to lighten everyone's load.

Own way or own say ... Which one will it be today?

Which one should come first?

Which one is better and which one is worse?

Would the world be a better place if we discussed things before we decided?

Would we then become more united than divided?

Or does discussion only lead to endless rounds and bounds of talking the talk and never actually walking the walk?

A balance needs to be found.

It seems that discussion should precede but then that discussion needs to lead into decision making and action taking.

This solution will always require, not necessarily a referee or umpire, but someone with a perspective that is higher to oversee what has already come and what is yet to come and be.

#### 30. The Energy Rush

Setting things in motion can lessen or increase the commotion of the action or reaction quotient.

Whether people think it is Heaven or Hell sent,

all energy is bent on being spent not on being saved

or deprived of its own journey to and from whatever is yet to come!

Energy is not content to stay dormant very long.

Energy desires to be vibrant and strong.

Sometimes energy just wants to come rushing in and out ...

filling every crack and crevice with overwhelming confusion and doubt.

But always remember that it's always in all ways up to you when and where to bring energy through. You can always choose to select it or reject it ... but please always remember to respect it!

#### 31. The Allness

To be in the Allness it seems that one accepts that ALL is acceptable in both real life and dreams.

Actually accepting ALL is a very High Spiritual Call

... always setting oneself up for a fall ...

Because in and of itself that too is part of the ALL.

Allness is the state of being ...

of having and seeing all that is necessary to keep creating whatever one is anticipating.

## 32. Enough Energy

We give of ourselves as little or as much energy that we need to proceed with every thought, word, and deed. And God only knows where that will lead us and with how much fuss and muss we will proceed.

If it matters how and why we succeed, try, or just get by, then every now and then once again we'll think we're on the brink of a great discovery about what we need to proceed.

There will always be enough energy to keep us growing and showing us what we need as long as we still want to be here on Earth and proceed.

#### CHORUS

Source, of course, will always provide and never hide all the energy we need to proceed.

## 33. Who's In Charge of Now?

You can't catch "now"

but you can easily let it slip by

and you don't even have to try!

... for "now's" only desire is to aspire to always exist now ... now ... now.

But sometimes our own aspirations will resist now ... now. For our own aspirations are filled with wow and think they should always be in charge somehow of determining the length and breadth of every now.

#### 34. Together We ARE Better

# CHORUS

Together we are better while each doing our own thing whether we work, play, or sing ... as long as we can always feel, see, and be the Harmony

allowing all things to be!

Together without interfering

we each in our own way will be endearing

ourselves to the whole

as we support each other's goal.

35. Everyone IS Special

#### CHORUS

Everyone is special.

But ... no one is more special than anyone else.

That's where equality comes in and has always been.

No one is more special than you.

Yes ... but everyone is different that's true!

# CHORUS

Allowing for more and more different special types of beings

allows humans to conquer the fears behind their feelings.

# CHORUS

No one need "try" to be special to succeed

for everyone is born being special indeed.

# CHORUS

To find what makes you special look to your passion for it is always popping into your mind in some fashion.

# CHORUS

We are all equally special.

That's our gift it seems.

So, stop trying to live someone else's dream

#### 36. The Place of Here

Whether you're coming or going,

Whether you're guessing or knowing

no matter what does appear there is no type of fear

that can keep you from being here.

# CHORUS

For here is the place where you can both expand and erase any and every trace of Divine Love send from both within and above.

Divine Love is yours to accept or reject ... yours to ignore or respect.

It's in the place of here that your power will always appear.

#### CHORUS

Here is a fleeting moment hardly ever recognized

in our time, place, and space as our Ultimate Prize!

## 37. Split Second

What splits that second in one's life is what is presently relieving strife.

It breaks the old energy that used to be while shaking us at our core now and forever more.

It splits our present from our past

Allowing us to make changes now that will last.

Just as when an atom is split, revealing oh so much more, so too does that split second in your life reveal what is now in store for you to address and go through if you choose to.

# 2021

# March

# Songs

# March 2021 Songs

- 1. Vested and Invested
- 2. Empaths Do ...
- 3. When Disaster Strikes
- 4. The Information Flow
- 5. "IAM"
- 6. Divinity
- 7. The Light's Insight
- 8. Bigger Picture ... Better Life
- 9. What is Planet Earth?
- 10. Is There More to Me?
- 11. So Many Thoughts
- 12. Divinity's Loving Embrace
- 13. Mother Earth
- 14. Fear Takes My Breath Away
- 15. Create A Great Life
- 16. Trail Blaze When the Mainstream is a Nightmare
- 17. Interference
- 18. The Making of My Own World
- 19. The Big Bang
- 20. IN

## 1. Vested and Invested

The more I become and feel vested and invested in Divinity the more I am tested for me and the whole world to feel & see with crystal clear clarity my devotion and sincerity.

Being vested and invested always leads to being tested ... to prove you're still in the groove and to always help you strengthen and deepen your resolve to improve.

#### 2. Empaths Do ...

Empaths subconsciously want life to be easy, breezy, and grand for their fellow man. So, empaths give everyone a helping hand.

#### CHORUS

But there need be no regrets whether someone remembers or forgets. For when Empaths do what they need to do Divine Light is always shining through helping this world and me and you too!

Empaths take on the problems of another being ... everything they are feeling, seeing, and dealing with within another's heart, mind, and soul to help that troubled being play they own role and reach their own goal.

Empaths don't think first.

They just naturally react.

And sometimes they find out that they have to stop and retract

their unwanted help and aid

because some people still want to feel helpless and afraid.

#### 3. When Disaster Strikes

When disaster strikes instead of saying "Yikes",
there are at least two outlooks to choose
... two approaches to use.
We can feel abused and confused
or we can feel curious and excited
knowing a Divine spark has ignited
to come to our aid so we need not be afraid.

No one is immuned or above being affected by anything less than Love. No matter how high you ascend some people in a polarized world will always try to break or bend your hope to cope and your ability to overcome anything dumb. So, always remember to BLESS anything less than Love so you can relax and rise above it. Keep going ... don't quit.

#### 4. The Information Flow

The Information Flow does come and go ... in and out east to west and north to south ... round and roundabout compounding and confounding all that it is consuming and surrounding.

And when those who receive it cannot believe it, it is because their thinking is of a lower slower frequency allowing them to be impacted by what they have been distracted by and never understanding how or why.

#### 5. "IAM"

Always know that "I AM" is the God within

that allows all to exist and be free.

As "I AM" I am the power that powers all.

As "I AM" I am the answer to every question and call.

As "I AM" I am the Source eternally of all that is, was, or ever will be.

As "I AM" I am able to look, feel, see, and be

all that is needed externally.

Once this is recognized internally, then I am free

to be free to be the true "I AM" me.

Please forgive me for "I AM" highly aware

and I truly do care

that when I am not allowing the "I AM" within me to be incharge

of my every thought, word, and deed,

then I cannot most effectively proceed.

I AM the Master within ... without doubt.

I AM the power making all things come about.

I am that I am the I AM and I cannot help it from coming out. It is as natural as can be for me to think, feel, and see that I am the I AM reality.

## 6. Divinity

Divinity is and does capitalize

on the productivity of the wise.

Grammatically speaking capitalization is seeking

to point out ... leaving no doubt ...

which words are assigned to and are a sign of the Divine.

Divinity in its purest state can only Love and never fear or hate.

## 7. The Light's Insight

Divine Light will never lead you astray in anything you do or say.

It's there to help you in any and every way.

#### CHORUS

I have been awoken to and by the words that have been spoken to and for me by those who Divinely Love and implore me to see and to be the Light giving others deep insight ... guiding them to whatever for them is right.

Divine Light acts in many different ways.

But it always brings Divine Love to lift you up above any maze or haze.

So, on a new trail you can blaze.

# CHORUS

Divine Light & Love from above

will always bring you Peace, Love, & Joy

that you can employ and no one else can destroy.

8. Bigger Picture ... Better Life

### **CHORUS**

The bigger the picture you see,

the better your life can be.

There will be more things to explore as you see more and more.

# CHORUS

There will be more things you can do

when more opportunities are coming through.

# CHORUS

You'll be more understanding and less demanding.

# CHORUS

But remember the choice is always up to you

to decide what to do.

## 9. What is Planet Earth?

Is Planet Earth an amusement/abusement park and we're all just here on a lark? CHORUS What is the purpose of Planet Earth? What is its true value and worth? Is Planet Earth just a place to play or is it thee place to learn how to ascend and get away from all fear and doubt that is lurking about?

Is Planet Earth the place to spark and embark on

an Ascension bridge ... is that our ark?

## CHORUS

Perhaps Planet Earth is all of this and there is still more

for us to discover and explore?

Perhaps Planet Earth is the place where dreams can come true once you learn what to do.

But until that is learned Planet Earth will be tortured and burned

by nightmarish schemes ... not saved by Loving dreams.

10. Is There More to Me?

#### **CHORUS**

Is there more to me than I can feel and others can see?

#### And if so ... what could that be?

Am I a deep well from which Hope does spring

or am I a piece of everything?

#### CHORUS

Do I do what I've been programmed to do

or am I a rule breaker and trouble maker?

#### CHORUS

If this question is coming to me, then I must be more than I feel right now.

And I will discover more wonder and wow

as I learn to deal with whatever wants to be real.

It helps for others not to see the real me.

So, I can choose to be whatever I want to be

and then interacting with me could be confusing but always amusing.

#### 11. So Many Thoughts

#### **CHORUS**

## So many thoughts running through my mind ... What will I find?

So many thoughts wishing and hoping

that they will find a place to exist and be

part of some new or existing reality.

#### CHORUS

Thoughts need a home.

They're not destined to roam forever

and never become their own complete best.

Thoughts need a nest in which to grow into their potential best.

## CHORUS

I've heard so many thoughts before.

And I'm so very sure that there will always be more

when I need them to help me feel, see, and/or be the next version of me.

#### 12. Divinity's Loving Embrace

You've got to tell me why is it that I want to cry

when Divinity comes to me.

Then there's no place else that I'd rather be

when I come face-to-face locked in that loving embrace with Divinity.

Please tell me ... tell me ... tell me ... tell me

what could this answer be?

Tell me ... tell me ... tell me ... tell me.

This answer will change when I change what I feel and see.

But I can never change the loving Embrace of Divinity.

#### 13. Mother Earth

It's my right, day and night,

to walk the Earth and feel Her Might.

It's my right, day and night,

to walk the Earth to see & feel Her Light.

It's my right, day & night,

to walk the Earth and always in all ways feel alright!

For Mother Earth always holds us tight.

And we reciprocate by treating Mother Earth Great

... or so we should ... to feel good!

And if and when every now and then, we do not feel good, its our relationship with Mother Earth that we should explore and improve it forever more.

#### 14. Fear Takes My Breath Away

The thought that most often takes my breath away is that I feel that my thoughts are too far out to actually say aloud ... alone or in a crowd.

I fear they'll be misunderstood and that's not good.

I fear they'll be misrepeated and then I'll sound confused or conceited.

Now it's all coming through so loud and clear

that what I fear will most likely appear!

So, it's time to stop in my tracks

- ... breathe and relax
- ... then embrace and Love the fear that I fear
- ... changing it into Love that's pure and crystal clear.

#### 15. Create a Great Life

Once you decide what you believe,

then it will not matter what others believe or perceive.

Others will have no effect, especially when they choose to interject, on the life that you will live ... what you will take and what you will give.

It will all be up to you, your thoughts, and your follow-through to live and create a life that is great.

So, why wait???

Don't you want your life to be great?

It's up to us not fate!

#### **16.** Trail Blaze When the Mainstream is a Nightmare

I prefer the allure of the less popular.

Mainstream when it's a nightmare is not my dream.

I want something better than that

mainstream does seem to be for me and the rest of reality!

I guess it's clear that I am here whenever A New Path should appear.

I'm here to Trail Blaze, so in the future there will be better days.

When the old will no longer do,

it's time to look to and for Something New!

**17. INTERFERENCE** Introduces New Tangible Energy Replacing Former Energy Reality **E**xisting Now Changing **E**verything

We often think of interference as being a separate external force or frequency

that stops or changes one's original transmission.

But could interference actually be a frequency boost coming from congruent

sources either within us &/or our Spiritual Assistants ...

Interference is an interjection of new energy.

Its source can be external or it can occur internally.

For better or for worse ... it can be a blessing or a curse.

#### 18. The Making of My Own World

#### CHORUS

//: In my own world ://

#### Everything exists because of me

... What I think, feel, and see ... that makes up my reality!

How could life be different for me?

It could and only would change if then when I am ready to re-evaluate and rearrange my priorities.

And at that point the right energy will appear

and I'll be guided making things easier and clear.

## CHORUS

And no ... I'm not selfish to see that my whole world is created by me.

I make up my own reality ...

So ... I've no one else to blame but me

when I don't like what I say, feel or see.

It all starts and stops with me!

Often when I get excited a higher frequency spark is ignited

Interfering with the electrical devices around me

and that does confound me.

#### **CHORUS**

Once you pick and stick to your priority list,

your life will consist of synchronicities that cannot be missed!

#### 19. The Big Bang is

The Big Bang is ... the zero point/origin exhale of Source into growth through Individual Separation and Awareness. For in all fairness originally there was "Nothing" to breathe in because everything was originally "in" Source of course as one Unified Field of course.

Out breath into creating separation awareness

then

In breath into creating Unity Awareness.

**BIG BANG** 

Brings

Individual

Growth

By

Allowing

Natural

Guidance

The Big Bang is the zero point / origin exhale of Source

into growth through Individualized Separation Awareness of course.

## CHORUS

Exhale ... Exhale ... Exhale ...

The Big Bang is one creative, will not fail, exhale.

For in all fairness originally there was "Nothing" to breathe in because everything was originally "in" Source

as one Unified Field of course.

## CHORUS

Fauceting one Source into many pieces of Individual Awareness

Each unaware of their connection of course!

## CHORUS

The story is simple.

The concept is complex.

And if you're not ready for either,

ignore this song if you're perplexed.

#### 20. IN

Let me let you in on where to begin to get out of any rut that you are in.

You must go within your Heart & Soul not your 3D analytical mind to find your help and your aid that will comfort you and not make you feel afraid.

Your Heart and Soul is the peaceful loving place in which you feel a kind Divine Loving Grace especially created for you to help succeed at whatever you choose to do.

When you can relax enough to get there, you'll see it's with you all the time everywhere. But, it is so quiet that unless you quiet the chatter in your mind, it will be impossible to hear, feel, or find.

## 2021

# April

Songs

## 2021 April Songs Content

- 1. Going Viral
- 2. The Violet Flame Game
- 3. Who is the Who?
- 4. Help is Always Available
- 5. Bright Stars
- 6. You are Really Divine
- 7. The "Do Onto Others" Game
- 8. Divinity
- 9. It's Your Life
- 10. S.S.F.B. Website on Godaddy
- 11. Twin Pinnacle Peaks
- 12. Happy Earth Day
- 13. No One
- 14. Your Reinvent Tent
- 15. Positive Reinforcements
- 16. Divine Divinity
- 17. Old Habits
- 18. Blessings Bring ...
- 19. Why Wait?
- 20. Divinity Within Me
- 21. Perfect Selection
- 22. A Divine Star

#### 1. Going Viral

If you want to go viral you must step into the spiral that will inspire others to aspire to either avoid or acquire whatever you are presenting and yes ... you must also be unrelenting in your presentation to every person in every nation.

#### CHORUS

Oh going viral requires one to ride the spiral.

Sometimes up ... sometimes down

... but always around and around.

It never fails to surprise and astound!

When you put it out there and you really care,

You create an energy that others will feel when they watch and see a glimpse into your mind's reality.

#### **CHORUS**

As your riding and looking round and around,

you'll be surprised at the opportunities

that can and will be found.

But, as always, it's up to you

to decide what you will do.

#### 2. The Violet Flame Game

When you're ready The Violet Flame will come to you

through something you'll think, feel, or do.

And then with all due respect

you will choose to connect by saying ...

Violet Flame ... I am calling your name ...

Violet Flame ... Violet Flame.

I want to learn about your claim to fame game.

Violet Flame I hear the name of your game is

Divine Love of & for all who answer your call.

CHORUS

Divine Love of & for all

will always lift one up when one does fall.

Once you start to play the Violet Flame Game,

your life will never be the same.

## CHORUS

#2 April 2021

No task will be too demanding

as your vision's expanding your understanding.

3. Who is the Who?

#### CHORUS

When I say that I can't do what I must do without you, perhaps it's time to review who is the who that I call you?

Are you my fellow woman or man

who is a powerful Human known as "I Am"

and when you appear you help make things clear ...

OR

## CHORUS

Are you my Spiritual assistance like Angels, Guides, or Teachers,

who illuminate my opposition and resistance

allowing my positive persistent to come through

because of the things you do? ... Oh ...

#### CHORUS

Are you my higher self that I think of is very wise

but I don't really understand or always recognize? ... Oh ...

#3 April 2021

Once we get back into Unity,

everyone will see I am you and you are me.

And the who was just another version of me

that I could feel but could not always see

existing working in another dimensional reality. ... Oh ...

How much better can we make this journey be?

Let's take it together ... you AND me!

## 4. Help is Always Available

#### **CHORUS**

Help comes from above ... from below

and all around me

inside and out it does constantly surround me.

But it's not always clear that it's here.

For when I focus on fear

I cannot see the help that does appear.

#### CHORUS

Help me to see what is yet to come and be

the helpful Saving Grace

for both me and the Human Race.

## CHORUS

There is no reason or no season

that we cannot ask for Aid.

So, we need not be afraid.

#4 April 2021

For we're never alone

and before our birth, regardless of our self-worth,

we were selected, connected, & protected

by the Divine Source of all of course!

So ... CHORUS

## 5. Bright Stars

When it's time to make up for lost time,

everything falls in place without reason or rhyme.

There is no mountain that we can't climb metaphorically ...

Time After Time.

## CHORUS

Reason or rhyme have no place or time

in the Cosmic Scheme of manifesting a dream!

And each dream is a shining star that can always be seen from afar.

When You see a star falling,

you know the Cosmos is calling

for more dreams to arise

so there won't be starless skies.

#5 April 2021

and start dreaming more impossible Dreams

so the Universe will be bursting at the seams

with stars that are bright and will be shining God's Light!

## 6. You Are Really Divine

You can only do what you can only do. So, to thine own self be true. Be faithful and strong and you'll get along ... just fine .... even with the Divine ... most of the time!

You are only you.

And that's more than enough ...

That's true ... That's fine

for you to exist in and design ... a world of Divine Service and Love

to and for both those here on Earth below and in Heaven above.

Chorus \*

It takes a lot of nerve to come to Earth to serve.

But you'll do fine most of the time!

Chorus \*\*

And when you don't feel fine

just recall and remember a time you felt fine.

#### For yes, you are really Divine!

#6 April 2021

You might be misunderstood ...

even when you're doing good ...

#### Chorus \*/\*\*

You might be ostracized because people think you're too wise ...

Chorus \*/\*\*

## 7. The "Do onto Others" Game

## CHORUS

Playing the "Do onto Others" game

can set one up for feeling the same pain

.... over & over again.

Until one realizes

that Victory by Conquest brings no prizes.

## CHORUS

Until one feels the thrill of peacefully being still,

he will never be able to fill the void

that fear has opened wide deep down inside.

## CHORUS

Until one learns to see his own divinity.

## 8. Divinity

#### **CHORUS**

You can't rush Divinity for that's all

there is ... was .. or ever will be ... eternally!

And it's in no hurry ... you will see.

It always persists and exists

in one form or another.

#### CHORUS

Sometimes it's hard to perceive

and even harder to believe

that it's always here

creating and changing ... adjusting and rearranging.

#### CHORUS

Divinity gives us all a chance to grow

and show their Unity

through discovering their own Divinity.

#### CHORUS

As long as I go along

with allowing all to exist and be,

I have to learn to accept and respect

each different reality.

But in my reality it's up to me

to set my own standards

for me to be acceptable and respectable.

## 9. It's Your Life

Remembering to forgive

the source of your hurt and pain of the past

will always clear your present

and blast you into a future so grand

where you will always be in command.

#### CHORUS

It's your life to live

## and your directions to give!

If you will be in charge always ...

on all days ... in all ways

Of your own actions and reactions

to both the large and the small infractions

plus the minor and major attractions ... then

#### CHORUS

And remember that remembering to take time to celebrate ...

to dance and sing will always in always bring

Divine Love and Light into your life

relieving or even eliminating strife!

#### CHORUS

If and when you forget

that you're in charge by and large,

you will become a victim.

And in any reality that choice is just dumb.

## 10. SSFB\* Godaddy Website

\*Spiritual Soul Food Buffet

For maximum benefit

read one thought ...

And then contemplate on what is great

before you proceed to the next

to avoid being overloaded, desensitized, or perplexed.

It is the quality of your thoughts,

not the quantity of words or your reading speed

That will eventually lead you to being

more peaceful and joyful and true in all you do!

This website will work best for you

if you read what and when you are intuited to ...

Remember ... it's "intuit" then read

... "contemplate" ... and then wait before you proceed!

#### 11. Twin Pinnacle Peaks

When you're at the Pinnacle of your success and you feel a void making your personal life unfulfilling or a mess,

take stock and prepare for a shock ...

Is it time to change courses.

It's time to find and join forces

with like-minded Souls in similar positions and roles.

It's time to set new goals

and explore more and more

to see what the universe has in store

for you ... for you to enjoy and do!

Is this called your second act?

Or is this really and encore in fact

with the universe guiding you to your next Pinnacle coming through?

One's life can be filled with Twin Pinnacle Peaks,

if that is what one chooses and seeks.

#### 12. Happy Earth Day

Everyday we're on Earth we should celebrate and say

//:"Happy Earth Day":// !

#### CHORUS

Enjoy each Happy Earth Day in your own unique way each & every day!

Enjoying the pleasures on Earth in every way ...

we celebrate each //:Happy Earth Day"//

### CHORUS

Correcting injustices we see against Mother Earth instantly

and praying as we are saying //:Happy Earth Day"// will dividends pay.

# CHORUS

Joining forces with Mother Earth can change the course of Human events

& prevents future tragedies and laments leading to more //:Happy Earth Days"//

of peace, Love, and joyful praise!

# CHORUS

#### 13. No One

There is no one right or wrong way

to do what one has to do or to say what one has to say

when one is at work or play going about on one's own way!

There is no one speed with which to proceed

for in spite of every twist, turn, & bend eventually every path will end.

There is no one who's exactly like you or who knows what you're going through.

So... no one else will do what you do because no one else is actually you.

It's true. Yes, it's true there is no one else exactly like you.

It's true yes ... it's always true that no one way or one choice will always do what you or anyone else thinks it should do!

#### 14. Your Re-invent Tent

When you enter a reinvention intention, your state of mind does seek the safety of and find a Mental Re-invent Tent for safety and support of every sort.

For it's scary and sometimes every airy fairy to be where you have never been before and you don't know where or what to explore.

Your Re-invent Tent is Heaven stocked and Heaven sent ... uniquely

personalized yours for you and mine for me specifically.

It's always just the right size.

It's unobtrusive and it does harmonize with all surrounding it.

So it will always fit.

And it's Invisible that's no surprise.

#### **15. Positive Reinforcements**

Positive Reinforcement needs to be automatically Heaven Sent

to and for both the believer and the deceiver

who at times may be confused and hell-bent

on flailing and impaling Truth and Divine Love from above ...

#### CHORUS

Positive Reinforcement is meant to be a normal part of life relieving stress and strife. Without it it's very easy to give up and quit.

Oh truth and Divine Love will always prevail in the end my friend

... they will never fail.

They are both patient and kind and will always remind you what to do especially

when positive reinforcements are coming through!

# CHORUS

A positive reinforcement is a reminder that Faith Seekers and Believers are usually reward Finders.

# CHORUS

#### 16. Divine Divinity

Earth has never been or will ever be a place of quantity over quality.

#### Chorus

The Divine comes in all forms ... Never quite matching each day's standards and norms.

... But Purity of Heart is what sets the Divine apart.

With no regrets or strings, they have the use of Heavenly Wings

for protection and aid to rise above anything that is not pure Love.

## CHORUS

For infinity there will always be Divinity for by its Grace everything on Earth is allowed to take place.

#### CHORUS

Divinity rules and only fools believe otherwise

for they can't see through the Illusions and lies.

#### CHORUS

#### 17. Old Habits

If and when every now and then, old habits pop out

Don't scream & shout or even pout.

Cut yourself some slack if and when you go off track

and an old habit comes back.

# CHORUS

Drop it ... don't pick it up or grab it!

Remember it's an old out-dated ... no longer wanted or needed old habit.

Old habits are like an old friend ... One could be coming around the next bend.

There is no reason to be upset or pretend

for at one time both that person and habit where your friend

even if that relationship has now come to an end. Thank that old friend!

# CHORUS

As long as old habits remain, you'll always only feel a familiar pain that you've grown accustomed to and it's become a part of you! Old habits are hard to erase.

There always seems to be a minimal trace left behind in one's mind

for you to find ... to pick it up and grab it ... that pesky old habit.

# CHORUS

Once old habits helped you to grow into or out of something in your past.

But when something did not last, new habits of appeared real fast ...

Ho hum to become new old habits. The cycle never quits!

#17 April 2021

#### 18. Blessings Bring

#### CHORUS

Blessings should reign in a world full of pain.

It is better to bless than complain!

But blessing is hard to do when someone is angry and yelling at you!

A blessing reminds us of many things and it always brings us hope

to allow us to cope ... until that blessing brings us better things.

#### CHORUS

A blessing can be sent by God/Source or any other living Loving being of course. A blessing tells us someone has compassion and cares about us and our affairs. We're not here alone to face each fear ... alone. A blessing makes that clear! CHORUS

A blessing comes from above and is executed by and filled with Divine Love! So if you're ever in a mess, the best thing to do is bless, bless, bless ... "God please bless me, all that I feel, and all that I see ".

#### 19. Why Wait?

If you're looking for fun, before or after you're twenty-one, never hesitate to step up and out to be the one and sometimes only one to create your own fun!

Yes ... you can be that person ... that one creating your own fun!

You don't have to wait for someone else to make you feel great.

That's not up for debate.

You, yourself, can make both yourself and others feel great

... so why wait?

#### 20. Divinity Within Me

#### **CHORUS**

Once I own something ... Once I call it mine ...

I need to look at it carefully to see what about it is Divine.

That's easy to do when obviously Divine gift comes through.

#### CHORUS

But it's more difficult to find and see the Divinity in my problems ... my problems. I need some help to see Divinity within my problems.

#### CHORUS

The possessive forms of me are 'my' and 'mine' and they have always been

Divinely crafted for me to see, feel, and be God's ambassador eternally.

#### CHORUS

Divinity by association is a complex revelation.

because I am part of a Divine source, my possessions are also Divine of course!

#### CHORUS

#### 21. Perfection Selection

Is the price of living in a perfect world meant to be mentally and emotionally  $\ldots$ 

virtually living alone?

... With no one to ignore and nothing to postpone?

Perfection requires no alternate selection

- ... hence there is no rejection
- ... no revision
- ... no alternate decision
- ... no compromise.

Is that really wise?

#### 22. A Divine Star

Arise and shine because you're Divine

#### CHORUS

You're a bright shining star who has come far to shine Divine Light ... Both day and night.

Leading The Way by what you do or say each time you meditate or pray .

#### CHORUS

Rise and shine my dear.

You are not bothered by fear and you make that clear.

#### CHORUS

As sure as the sun does rise your Divinity is quite a surprise.

For you never felt you were wise much less a star in disguise.

#### CHORUS

# 2021

May

#### May 2021 Contents

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- 5. Fortitude
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- 7. Inside Out or Outside In
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- 20. It Is Interesting
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- 28. The Bigger Picture Overview
- 29. You Gotta Love Us

# 1. Divine Goals and Outcomes

# CHORUS

# //: Divine Goals or Outcomes are easier to come by than you think ://

Always and in all ways keep your eye on

The Divine Goal or Outcome you are seeking

While

Always in all ways Being open to being in the Divine Flow

of

possible ways to achieve that Divine Outcome or Goal!

# CHORUS

Especially when you are on the brink of despair ...

thinking that there is no one who does care ...

about you and what you are going through.

# CHORUS

So stop thinking about anything less than Divine and you'll be fine!

#### 2. Golden 1.618 Ratio

What is the minimum ratio

between generating positive thought

and exploring negative problematic thought

ideally supposed to be to see a positive effect in your now reality?

Is it the Golden Ratio of 1.618 ... Or is it more 2:1 ... 3:1 ... 4:1? Who's keeping score?

It seems to change as life becomes a bore ...

A positive thought can go on and on almost on its own ... but that too is something a negative thought can also do.

I guess the answer for me and I'm not sure quite why is that positive thought thinking makes me happy and high.

So if in my world I hear or see problematic negative thoughts, I must be looking for another bigger positive thought fix to add to my resume end bag of tricks. As I will produce more positive thoughts to counteract and reduce

that overall negative thought use!

# 3. Chuck What's Bad

#### CHORUS

I hope this is used and understood ...

Chuck what's bad and keep what's good.

That should simplify your life ... relieving stress and strife!

#### CHORUS

That should allow you to feel and see the upside of your reality!

#### CHORUS

Then sleep will not be a disaster and you'll fall asleep much faster!

#### CHORUS

Mental or physical ... which aspect is stronger?

Which one lasts longer?

# CHORUS

Does our mental housekeeping influence our physical housekeeping?

Or is it the other way around?

## CHORUS

It really doesn't matter if we keep them both positive and integrally sound ...

for therein the most questions can be asked

and most answers can be found ...

within integrity ... That's the place to always be!

# 4. We Pause for Flaws

#### CHORUS

When we see our flaws,

that is the time and the place

that will cause us to pause.

When we see our flaws, we pause

and try to hide them

for fear of what others will say and we will hear

about us adding to our delusion and making a fuss.

#### CHORUS

Showing us what needs to be corrected or reselected can and will heal and repeal any and every flaw ... unless it is not really a flaw and in that case you have to re-evaluate and trace

the origin of that flawed thought back

to an outdated belief that now no longer brings us Comfort or relief.

#### CHORUS

When we see our flaws ... we pause ... ....

and try to hide them

instead of exploring and imploring our Higher self

to show us their cause ... we pause.

# 5. Fortitude

#### CHORUS

What makes fortitude so demanding is that it is always pushing us and commanding that we always seek and find results .... results .... results instead of Peace of Mind!

If I allude to fortitude as being good, then I should explain it.

For one can never have more than enough good stuff

... and fortitude gets us that stuff even if the going was rough!

# CHORUS

Fortitude without Spiritual Aid can drain us and make us afraid that we can't reach our goal.

So, often we abandon it and pick up a new easier role.

One where fortitude is not needed to reach our goal.

# CHORUS

The challenges and insults that come from results

may actually be what we first have to look at and see

to resolve and release

before we are ready to accept peace!

# 6. Feeding or Defusing Trauma

Buying into someone else's trauma

can lead you into your own self-imposed life and world of drama.

When you're compassionate ...

it's easy to get caught up ... and upset and oh so easy to forget

where yours and his or hers boundaries are.

Are you always crossing them and going too far?

## CHORUS

#### Are you feeding or defusing

the trauma drama that

# you and others are experiencing and choosing?

Is there trauma your drama?

Are you going to far?

Why can't you leave things the way they are?

OR

Is their trauma something you choose to help diffuse

by sharing Divine Love & Light

and allowing that to make all things right for everyone in sight? ... CHORUS

# 7. Inside Out or Outside In

Everything comes from the inside out

even though we want to say it's really the opposite way

... from the outside in

is where we humans want all trouble to begin.

## CHORUS

//: Inside out or outside in ...

where do all the problems and solutions begin? ://

Who has the power that I can feel and see

to make the biggest changes in me?

Someone please clue me in ... I'm ready to begin!

#### CHORUS

Over the years and under the power of fears

I've wasted many tears waiting & looking for someone

to help me understand what's going on and settle the score.

I guess it's time for me to see and be the savior of myself and my reality!

# 8. Trust Your Purpose

### CHORUS

Trust your purpose. Trust your purpose.

Once you find it ... Trust your purpose.

And it will trust you to follow through!

Then there will be no regrets ... in spite of occasional up sets.

# CHORUS

Since life is a bust without trust,

it's up to you to do your part and start to ...

# CHORUS

You are the engine of course chosen by Source

to deliver Source's Love & Light

into the darkest places to make things turn out alright!

# CHORUS

Yes, with Source's help that's what you will do

//: follow through ://

# 9. Release for Peace

Allow the flow of "what you don't need"

to subside or recede

and go down the drain

of release relieving discomfort and pain

while bringing you peace.

Let it go and you will come to know

the Joy of Peaceful Release

and your Divine Loving Thoughts will increase

... bringing you more Joy and Peace!

#### 10. My Ego & Me

#### CHORUS

My ego & me

#### were always meant to be

existing and persisting only in Earth dimensions 4 & 3 ... eternally.

Earth dimensions 4 & 3 are the home of & for my ego & me

... where me is considered to be my physical body ... my physical self.

#### CHORUS

And usually my higher self is not yet in the game.

It is sitting & observing on & from a higher dimensional shelf

... waiting to join in itself!

#### CHORUS

... protecting the me who is coming and yet to be

from the effects of density in both 3 & 4D.

Also, my ego & me are selecting, dissecting, and inspecting

each and every reality that does appear in both 3 & 4D.

#### CHORUS

And when ascension time does eventually appear,

let me reiterate and make it clear,

that my ego with which I was created & seeded

will no longer be needed.

But my ego could & would reappear

if & when in 3 or 4D I do appear to navigate through fear!

# 11. Back Peddling for Who?

#### CHORUS

- Back peddling to pick up proof
- that we did not goof
- along the way is never for us.
- So, why do we do it
- and make such a fuss?
- We do it ... we pursue it
- because we care
- about what others think who are out there!
- We want them to respect and treat us kindly and fair.
- So we explain what we do and hope they care?

# CHORUS

We peddle back to prove that we knew ahead of time every nuisance and mountain we would have to endure and climb to let others know that we knew

tough times ahead would be coming through.

#### CHORUS

The "others" who we back peddle for

are really facets of ourselves

... nothing less and nothing more.

So, I guess in reality,

we back peddle to improve who we all could be!

# 12. Which Leader?

The leader you choose to follow will determine what you will encounter and have to swallow along the way on your journey that day.

And when no leader you choose,

here is the good &/or ad news ...

you are your own leader by default.

So, eventually you'll have to open-up your own wisdom vault.

# 13. Laughter

Laughter can easily be misconstrued

as being mocking or downright rude.

Even nervous laughter can be misunderstood

as bad ... not good.

# CHORUS

Laugh a little. Laugh a lot.

Enjoy that momentary release at that time

... in that spot.

It will help you a lot!

But in reality it is laughter that will always be

one's quickest release to & for experiencing Peace!

# CHORUS

When one can laugh at one's self and say

"I've had a hell of an interesting day!",

then one is starting to see the illusions and all they can be.

# 14. Strength Rules

Your strongest belief will rule ...

whether it's the thought of a wise man or a fool.

## CHORUS

## Whatever belief is stronger will survive and last longer

to rule your world and emotions

through all challenges & commotions.

Our present reality may be a duality in which

there are no dual beliefs equally opposing each other.

There's only death in the end to the weaker one my friend.

# CHORUS

Dueling beliefs cause many griefs

including the illusion of confusion

which prevents a decision from taking place

causing nothing ... no decision or revision to take place.

This seems to be the present day plague of the Earth's Human Race!

# CHORUS

Whatever role you choose to play today,

tomorrow you might see it in a different way

... and that's perfectly ok!

# 15. Making Mistakes

The biggest and baddest ... the maddest and saddest

of all that is happening is the separation we bring upon ourselves!

## CHORUS

Mistakes are made when we are afraid and our Faith is waylaid. We're not thinking about a future price to be paid because we are too afraid.

We separate and divide hoping that we can hide both ourselves and our flaws ... because ... we don't know what else to do to move on and go through life's trials & tribulations ... There seem to be no vaccinations that we can take to protect us from making a mistake.

# CHORUS

As long as fear is in your driver's seat or rearview mirror, your thoughts will be confusing ... not clear.

It's always up to you

to when you decide to let Divine Love & Light shine through

to guide and reunite you.

### 16. Purification by Salt

#### **CHORUS**

Our purification is not by fire ... but by salt ... and it never does halt! It's meant to polish and clean all the precious gems that we've seen from our birth to death but especially all in between!

Taking everything with a grain of salt will vault you into a state of neutrality where you can employ Peace, Love, and Joy to allow you to feel and see the differences in each different illusionary reality and the reasons that they need to exist and be for others to experience, feel, and see their own versions of their own reality for the lessons they must learn and the concepts they must learn to discern.

#### CHORUS

When that grain of salt is coarse //: so coarse ://

you know that annoying rubbing friction

even though it's often fiction, is sanctioned by the Source

to cleanse and purify us and the course that we choose

plus each & every thing we use.

#### CHORUS

# 17. Break a Link

If anywhere in the chain a link has been broken by a word or a thought that went unspoken, a tragedy might result and insult everyone who does feel & see those effects almost immediately.

#### CHORUS

Chain breaking is so much easier than chain making. For chains are made up of links that can be created or deteriorated by what one says & thinks.

For usually when we break a link

we do not think

about the consequences

and the future mending of fences

... plus the excuses & pretenses

that are yet to come & be in our reality.

#### **CHORUS**

In today's 2021 present state of mind

people will most often find

some fear that will make them deaf, dumb, and blind

to creating and elevating

the Divinity Trinity of Peace, Love, & Joy Link

allowing them to automatically destroy

and never again think thoughts of fear.

I hope this will always be clear ...

We alone control our fear

AND abolishing fear is easier than we think

... we just have to break 'one' link!

# 18. We Need to Proceed

#### CHORUS

We all get what we need to proceed

and learn to discern what we need

as we proceed each in our own way every night & day.

I don't get what you're getting

but, I still want you to get it ... to enjoy it ... to employ it

... not to ignore or forget it if it is what you want to receive or believe.

# CHORUS

Your way is not mine ... but that's fine.

For there are an infinite number of ways these days

that are Divine ... Some are yours and some are mine.

# CHORUS

Remember that proceeding is always leading you somewhere and it really helps

if you understand that and care!

#### 19. Shake - Shake - Shake

You didn't break me.

But you did shake me ...

You Shook Me Up.

You shook me to my core.

You shook sense into and out of me ... and more.

Let this be said and heard.

This is not absurd.

This is no mistake.

Now is the time to shake - shake - shake

... so we can all awake!

# 20. It is Interesting

It is interesting what we focus on to take the pressure off us.

We are usually ignoring whatever we are abhorring

or think is too boring.

# CHORUS

It is very interesting what we choose

to think, feel, or sing

allowing those choices & voices to bring in everything!

It is very interesting what we focus on

- ... hoping that soon there will be no need for coping
- ... hoping our problems would not last
- ... hoping that they'd pass fast.

# CHORUS

It is interesting what we focus on

to pass our time as we descend or climb our emotional ladder

where everything seems to matter.

# 21. The Need to Belong

For most the ghost of the 'Need to Belong' is very strong!

Even as I am singing this song both of us are looking ... both me and this song

... For a place to belong!

#### CHORUS

Everyone needs to belong. It isn't right or wrong.

It's just an instinctual need indeed ... to belong!

So ... Enjoy and understand this song ...

It's strong ... it's strong

the feeling of needing to belong is strong ... is strong ... is very strong.

#### **CHORUS**

We can be separate and fight or we can reunite

and find a place where we belong where we feel safe and grow strong.

#### CHORUS

# 22. The Middle of the Road

#### CHORUS

The middle of the road is the place to be

To start and attract a diverse community.

Where judging is minimal and everyone's heart is full.

#### CHORUS

where tolerance reigns and no one complains about another living Soul or their goal.

#### CHORUS

Where learning and discerning are key to developing & exploring each & every reality.

#### CHORUS

But very few people can stay for very long

because today's human nature says to pick just one path and sing just one song

to find out exactly where you belong.

#### CHORUS

The middle of the road will always be here and when you need it ... it will appear and always in all ways be clear!

# 23. The Assurity of Purity

The Purity with which we listen, here, receive, and believe provides the assurity that we on earth will always be blessed and receive Divine unconditional Love from below and above from within and without above and beyond any doubt.

The assurity that purity brings lifts our Spirits and gives us wings to rise above anything less than Love.

As we rise, we see the size of our problems shrink Because we love more and we think less ... I guess. Now life is not such a terrible mess.

# 24. Voices of Free Will Choices

All the voices that come with our Free Will Choices want to be heard. Even though it's absurd ... they want to be heard.

All are vying for our attention not to mention

that our memories want their own retention

taking up space in our mind making it harder to find

the most (1)relevant choice we should make to avoid a disastrous mistake

(2)positive

(3)important

to avoid a disastrous mistake ...

# 25. Coming and Going

I'm coming ... I'm coming.

I hear you say.

But I wonder why you ever went so far away.

I needed you to help me get through a rough patch in my life.

You could have cushioned the stress and the strife that entered my life

... but instead you left me and went away ... until today.

And now I'm wondering when you will leave me again.

That's the only future possibility I can see ...

You're going ... you're going ...

But when I won't be knowing!

# 26. It Appeals to Me

What appeals to me may not appeal to you.

And there's nothing I can do to make you see or feel that appeal.

#### CHORUS

... It's mine and it's fine for me to feel and see.

It fits perfectly in my reality.

It wasn't made for you.

It was made for me and all that I need to feel and see.

#### CHORUS

So from Here and Now I will solemnly vow to stop trying to influence you.

For what you think, feel, and see in your reality make up you and all you will do!

#### CHORUS

It's yours and his or hers for each of you to feel and see.

It fits perfectly in your reality!

You have yours.

And I have mine. And in the end it will all work out fine.

# 27. Productive Adversity

Overcoming adversities seems to be the theme that will most often please the most people on earth. And it determines their value and worth even if and when there will be torture and gore and other horrors in store. **CHORUS** As an overall view when the humans have gone through an easy and productive life, it seldom created strife. That may be hard 2020 gold but so far it hasn't been our normal role.

The value of the time we live is the most important gift we can give ourselves and our heirs by addressing and caring for our affairs to the best of our ability with honor and civility. And if that doesn't happen this time around, you'll keep getting chances to succeed and rebound!

#### CHORUS

It seems to be that Adversity can ultimately be productive by showing us and leading us through what we have to do to take care of our Affairs whether or not anyone else cares! Productive Adversity is a tricky thing to understand and see.

For in reality, most adversity brings our level of Joy down - down - down

and our levels of confusion and stress up

and our world spinning round and round.

# 28. The Bigger Picture Overview

In The Bigger Picture Overview you can really see how the effects of what you do come through to other Souls as they play their other roles outside of your domain over and over again and again .

#### CHORUS

We as humans do not always see the effects we have on others' reality.

But through our consistency Others May Look to You and Me to be their role model when they're living life full throttle!

### CHORUS

The Bigger Picture Overview Is seen by your Soul plus all you do think and feel whether it's an illusionary or real.

So ... Getting to know your Soul is a big deal!

# CHORUS

My Bigger Picture Overview I can see when I feel my Soul come through me And when I can experience and see what is actually happening to and because of me without being attached emotionally.

# 29. You've Gotta Love Us

You've gotta Love us when we know not what we do

For all too often we seem to be living in a hazy maze reality.

We may not always be looking for a way out.

But we always are looking to stop the confusion and h doubt.

With your Love we can feel and eventually see the Light to help us focus on being ourselves and feeling alright.

# 2021

# June

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# 1. The Mind's View

The mind of the one who is Left Behind cannot fathom the length and the breath plus the depth of the bigger picture view that is coming through.

Our mind does not always understand

the totality of the problem at hand.

#### CHORUS

We've never been told to find our mind.

But we've often been told to mind our mind ... to think before we speak.

And for each of us our mind is unique.

It's one of a kind ... but that doesn't make us a freak.

For all a mind can see

is a loss and sadness that could come to be

for the one who is Left Behind.

But the Mind cannot feel the emotions that will be real.

For within the mind no one can find

any physical reaction of repulsion or attraction.

## CHORUS

The mind is a mental state

that triggers our great debate

on so many levels ... in so many ways ...

and our brain only plays

one small part of this mental phase.

# 2. I've Called It Up

Life should be a balance between give and take ... But, I'd rather have the most of what I make than make the most of what I hope to take.

#### CHORUS

I know it sounds confusing but by and large I feel more in charge when I recognize and realize that I can only take whatever I set up and make in my own life.

Knowing that I set everything in motion

can calm each internal emotion

and resolve all external commotion.

#### CHORUS

Each and every illusion and reality that I feel and see on some level I've called it up to come to me ... or else it wouldn't be!

# 3. Middle of the Road Atmosphere

In the Middle of the Road no one does "lock-n-load"

upon another soul or his goal or role.

The Middle of the Road is safe and sound ... hallowed ground.

#### CHORUS

I can provide a "Middle of the Road" atmosphere.

But that doesn't mean that is where I will always walk and talk or personally appear.

The Middle of the Road is the safest place to be

to avoid making others annoyed

and keeping friendships safe from being destroyed.

#### CHORUS

For me, myself, and I do frequently fly away ...

way out there where I care but where others fear to appear.

Let me make this very clear to be your very own best,

I do not suggest that you, yourself, also try to fly that far out and high.

# CHORUS

# 4. Death Is ...

Death is never about the people who die.

Death is all about the people who are left behind who cry ...

who are sad or mad that they've been abandoned and feel bad ...

that they've had plans for that Soul

and death has taken away their goal.

# CHORUS

Death is the closing of one door and the opening of the next.

Death is confusing and perplexed.

Death of a human on Earth is inevitable

whether one's life was empty or full ...

whether one's life was long and strong or short and weak  $\dots$ 

whether one's life was perfect or needed a tweak!

# CHORUS

Death is a new beginning for a Soul.

Death gives that Soul a new purpose and a new goal.

# CHORUS

# 5. //: A New Way To Be ://

Music ...

Music

Walk with me ... Talk with me ... Stay awhile and just be ... with me

So I can feel and see ...

a new way to be.

Without you I am nothing ...

like I am with you.

You help me make my dreams and wishes come true ....

Yes ... you do!

# 6. Indifference

#### CHORUS

I'm not as good at being as indifferent as you.

I have to practice more to make indifference naturally come through to be half as good as you!

Indifference it seems does not need or want hopes and dreams

And it accepts conniving schemes without remorse of course.

Oh ... CHORUS

The saying "That it is what it is" is indifference's forte And it couldn't be any other way ... no matter what others say!

Oh ... CHORUS

Indifference protects you from being evaluated or graded

even if and when your talent has faded

or you never learned the 411 about which we are concerned.

Oh ... CHORUS

# 7. The Human Soul's Divinity

The ins and the outs plus the turnabouts

coupled with the ups and downs ... the smiles and frowns

keep us from being stuck in one place as we race from place to place

knowing both the honor and disgrace of being part of the human race.

## CHORUS

And then we come face-to-face

with what both scares us and prepares us

to realign and redefine the Human Race as Divine!

When we come face-to-face with our Soul ...

be it by accident or our intended goal,

we automatically feel and see our Divinity.

It can no longer hide in illusion, delusion, or confusion.

# CHORUS

Our Soul is the part of God we seek

and our Soul makes our willpower strong not weak.

Our Soul is the source of our Divinity that others can feel

and want to be connected to to allow peace, Divine love, & joy to come through.

#### CHORUS

Our Human Soul's Divinity Connect us to Source

and sets us free to be the best that we can be ... rejoining all in unity.

# 8. Being Here is Enough

#### CHORUS

It isn't always clear why we are here but ...

just being here now is enough ... even though it's rough

to put up with so much stuff!

Just being here now makes you both Brave and Bold

whether you're young or you're old!

#### CHORUS

It took a lot of courage to say

that you'd come to Earth to drive Darkness away

in your own way!

#### CHORUS

Your presence here is very uplifting.

Your presence here is the gift you are giving.

And by choosing to stay, you are driving darkness and fear away ...

helping to make tomorrow a better today!

# 9. Divine Design

When we remember that we are divine, we don't need a sign to know that we are powerful enough to manifest and realign everything in our world into and by Divine Design.

And by being Divine we know that is fine and true that what you choose to do is up to you.

We all set our own course, of course, with the blessing of our One and only Source!

# 10. Life Can Be a Magic Carpet Ride

#### CHORUS

Life's a magic carpet ride ...

where the magic is actually locked inside of you.

And Divine Love & Light will help it shine through!

Your life choices are always up to you.

Whether you ride your magic carpet in your mind

or treat your car like a magic pet

Or in your car you magically drive and enjoy your pet

please always take the time to enjoy and never forget

that there is still more goodness and Great Things Waiting for you yet to

magically appear as long as you don't surrender to any fear.

#### CHORUS

When we Dare To Dream what may seem to be the Impossible Dream, the cosmos knows Here and Now how to make it manifest to be the very best in our reality for us to feel, see, and be!

# CHORUS

As impossible as both your dream and the Magic Carpet Ride may seem,

when it's possible for you to bless and release all fear,

your path to success will become clear!

#### 11. Divine Brotherly Love

The serenity of Divinity

brings in a subtle peace

which allows us to release

all fear that clutters our mind

and does not allow us to find

Absolute Divine Brotherly Love

from both below and above ...

from both inside us and out,

so we can joyfully spread that Define Brotherly Love

all about!

### 12. Good Luck

When you feel that you're stuck and that you've run out of good luck, that's a big deal ... even surreal.

You should never have to feel that way no matter what others say.

Good luck should last all day whether you sleep, work, or play!

Good Luck is here to stay!

And remember to share it along the way ... so it will grow and we will all know that Good Luck can make our day!

# 13. Bridging the Gap

Every human is on a journey it seems to fulfilling his hopes and dreams. He takes one step after the next but sometimes he's perplexed. When all he does really need is the bridge to cross to change his luck or cut his loss. **CHORUS** Bridging the Gap can be a snap!

Or a slap in the face ending in defeat and disgrace.

When there Comes A Time that it does appear

that your bridge is in complete and it stops right here.

That is the time we've all been waiting for to let our faith appear

and show us there is really more for us to do and be

than we can at that time actually see.

Those who have faith call this Bridging the Gap and think it's a snap.

But others as you will see say that bridge will take an eternity to complete

For there will be how many a set back and defeat.

## CHORUS

It's up to you and what you do to see which scenario will take place.

And that can change from time to time

without reason or rhyme.

#### CHORUS

# 14. Itching

I'm itching to get going ... growing ... and showing

all that I've forgotten to remember

And

I'm itching to get moving ... removing ... and improving

all that I've remembered to forget

So

I can be the best me

without regret.

I'm itching to get switching from Fear To Love

to be less annoyed by those down here below

and

Influenced more by those up above ...

seeking and spreading Love.

# 15. Waiting For a Friend

When a master doesn't want to lose the company of an unawakened friend, he will often for a while suspend his Mastery Knowing.

Hoping his lesser presence will still be showing his friend an ample good example to encourage his friend to break ... not just bend ... his own 3D/4D habits of old that have made him weak ... not strong and bold!

#### CHORUS

A Master knows that everyone grows at his own appropriate rate ... and hypothetically that is great!

But sometimes it's painful to have to wait

for a Master friend to emerge

especially when you can see they had he is on the verge

of breaking through.

But it's always up to you to remember not to interfere my Dear!

#### CHORUS

But sometimes it's hard for both humans and Masters to patiently wait!

# 16. Ascending

For those who are ascending

their old beliefs are breaking or at least bending ...

to produce a happier ending.

For those who are ascending

their old fences they are mending

as they stop pretending

that someone else besides them was to blame

for the old separation game.

For those who are ascending

a new way of life is emerging as they are purging

their old outdated ways

of needing reassurance and praise.

For those who are ascending

they can finally stop pretending

on so many levels ... in so many ways.

They can finally be themselves in their next phase,

even if it is an Ascension maze!

#### CHORUS

Ascending .... ascending ....

breaking and bending ... purging and emerging ...

all is both discouraging and encouraging.

# 17. Remember to Forget

It's best to remember to forget

The lies that you hear but yet

hurt you to the core

and oh so much more!

Remembering to forget

is your number one top priority best bet ...

giving you the time and space

to grow into a someone you want to know

and no one else can replace.

## 18. You're Real

#### CHORUS

Uriel says "You are real ... you're re al."

And the role you are playing is real as you are playing it.

There was no avoiding or delaying it.

But as you look back

you see that each loving advance or fearful attack

was meant to delay the inevitable decay of fear.

Let's make that crystal clear.

For once fear is gone then all will see

//: the dawn of Light :// ...

when and where all is always alright.

## CHORUS

... and that's a big deal.

For for so long "Illusion" has been the predominant theme

invading our every hope and dream

... telling us things are not what they seem ... to be.

Things that we feel and see are illusionary.

# 19. Releasing Fear

The time is now at hand to understand that we are being reconditioned, recalibrated, and realigned to accept the Divine and release our dependency on fear to make our life and world more productive and clear.

It will take some time along with much reason and rhyme to release fear and replace it with a Peace that is joyfully loving and clear.

## 20. Rehash Bash

When life is a Rehash Bash,

it feels like all we do is smash and trash the past.

The past that has come and gone.

The path that didn't last.

The path that will blast bad old feelings

into our Here and Now always messing us up somehow

... defeating us ... depleting us

ruining and retuning our each and every thought and feeling

with which we are now dealing.