

# June 2018 Writings File

## **Writing #7 “ Progressive Religious Revelation”** (overflow from May 2018)

The message of learning the major message of each Religion  
can't be understated or overrated.

For Spiritually that is what many Humans seek to feel complete  
... to achieve their own inner peace ...  
... to feel Divine Love and Joy ...  
that nothing can destroy.

Progressive Religious Revelation from the Source comes through  
at different times each on a separate different course  
to solve the pressing problems of that day  
while meeting the needs of those present day people in every way.

A new Religion is born ... when a large group of people are forlorn  
... when people can no longer feel hope  
... when people are desperately looking for a way to cope  
with disappointment & despair.

A new Religion will grow and last only if it is anchored in Divine Love  
in the future, the present, and the past.

## **Writing #8 “Why Redo?”** (overflow from May 2018)

If you've got to redo something everyday, why ever redo it anyway?

The answer is simple and clear.

You willingly do what you do out of Love ... not fear.

You Love the results. ... You ignore the insults.

And you cannot wait ... to redo and perpetuate  
something that makes you feel great!

# June 2018 Writings

(Including Spiritual Blueprints)

## DEVELOPMENT

STAGES

(THOUGHTS)

STEPS

(ACTIONS)

OF

IDEAS

INTENTION

INTEND

DISENGAGEMENT

DISENGAGE

ENGAGEMENT

ENGAGE

APPRECIATION

APPRECIATE

SYNCHRONICITIES

DISENGAGEMENT/ENGAGEMENT  
FREQUENCY

ITS RELATIONSHIP TO

HUMAN VIBRATIONAL

ACTION

INTERACTION

REACTION

WITH

DISENGAGE  
FREEZE  
FREEZE

- THOUGHT/ACTION  
+ THOUGHT/ACTION

FREQUENCY  
FREQUENCY

ENGAGE

- THOUGHT/ACTION  
+ THOUGHT/ACTION

FREQUENCY FALL  
FREQUENCY RISE

- DENOTES SERVING **SELF**

+ DENOTES SERVING **OTHERS**

HUMANS ALWAYS HAVE THE FREE WILL CHOICE TO  
STOP/DISENGAGE OR START/ENGAGE

ANY THOUGHT OR ANY ACTION  
AT ANY TIME

## **“Look & Listen” Directions & Connections**

### **I look & listen to the East**

to receive good thoughts that have been released.

*As sure as the sun does rise,  
I want to see and hear beyond each fear or disguise.*

### **I look & listen to the West**

to reassure me, myself, that at anytime I've done my best.

*As sure as the sun does set,  
this I never want to forget.*

### **I look & listen to the North**

for Divine Wisdom to come forth.

*Spiritual Guidance  
from both Above & below  
was meant to help me survive and grow.*

### **I look & listen to the South**

to remember to think before I speak words out of my mouth.

Uncontrolled feelings & emotions  
have been known to cause disruptive commotions.

### **I look & listen both Above and below**

to connect to Our Father in Heaven and Mother Nature on Earth

to help me understand, flourish, and grow.

**I always look & listen within**  
to never be without  
The Divine Love Connection that Source is all about.

## **The 4 Step “Hear Me” Prayer**

Source of ALL “Hear Me” and ***clear me of fear***  
***so I can enjoy all I hold Dear.***

Source of ALL “Hear Me” as me, myself, and I  
***ask for your Guidance and Help***  
***to do more than just try.***

Source of ALL “Hear Me” ***ask to Hear You***  
***so I can be Divinely Loving***  
***in all that I do.***

Source of ALL “Hear Me” ***Thank You***  
***for allowing me to be***  
***the part of You that I can feel & see.***

# **Spiritual Soul Food “Writings” from June 2018**

## **Selected “Spiritual Blueprints”**

- Writing #1 “Development of Ideas”**
- Writing #2 “Engage or Disengage”**
- Writing #3 “Look & Listen Directions & Connections”**
- Writing #4 “4 Step ‘Hear Me’ Prayer”**

## **Selected “Writings”**

- Writing #1 “From me Into We”**
- Writing #2 “In the Correct Space”**
- Writing #3 “A Humane Race”**
- Writing #4 “Energy is Inert”**
- Writing #5 “Open Divine Energy System”**
- Writing #6 “Ego Evolution**
- Writing #7 “Trying AND Doing”**
- Writing #8 “QUIET”**
- Writing #9 “Change Within”**
- Writing #10 “Today in the USA ... June 2018”**
- Writing #11 “Buttons & Triggers”**
- Writing #12 “Morality Concern”**
- Writing #13 “Want to Want”**
- Writing #14 “Think - Believe - Know”**
- Writing #15 “Input Info”**

June 2018 Writing #1

## **From me Into WE**

As our egos evolve from me into WE,  
Heaven on Earth  
we begin to feel and see.

Our egos get little credit for evolving.  
But sooner or later  
ego selfishness starts dissolving.  
And in the “mean” time  
the world still keeps revolving.

As our egos evolve from me into WE,  
Heaven on Earth  
we begin to feel and see.

Egos grow and evolve at their own rate & time.  
Sometimes it's obvious  
and  
sometimes it's sublime.

As our egos evolve from me into WE,  
Heaven on Earth

we begin to feel and see.

We cannot force our egos to grow.  
But, we also cannot stop them  
once they are in the  
“Evolution Flow”.

June 2018 Writing #2

## **In the Correct Space**

We cannot force something to take place  
if we are not in the correct space  
of body and mind.

For we will always find  
when we're on the wrong course  
there is no power or force  
that can change the established location  
or  
improve a poor relationship

... but get a grip ...

Then it's time to flip a mental switch  
whenever you feel frustrated and get the itch  
to move on ... to improve  
to be in a better grove.

Any place is the right place to be  
if you are willing  
to open up & see far beyond each intention  
... things you did not ask for  
nor ever mention.

Understand this there is no wrong to be  
as long as that place is working for you mentally



and all that you are going through.

But there is a wrong place  
when that place is not mentally working for you;  
when it's preventing your intentions from coming through.  
But get a grip, that's just the time to stop & flip a mental switch.

June 2018 Writing #3

## **A Humane Race**

In both Inner & Outer Space  
any time ... any place  
members of the Human Race  
have the ability  
to  
respect and connect  
with their Highest Frequency of Source  
usually without knowing  
of course  
by just requesting  
and  
then digesting all the results minus the insults.  
OR  
by just intending  
and  
then lending an objective presence  
in one's Here and Now  
enjoying all the wonder & wow.

Progressively over time & throughout Space

Humans once again will be known as  
“God’s Children”  
living as a  
Divine Humane Race

June 2018 Writing #4

## **Energy Is Inert**

Energy is inert.  
It cannot heal or hurt.  
Without direction it has no power ...  
it has no force.  
Energy needs an intention direction source  
to both  
initially propel it  
and then  
keep it on course.

Energy at rest is not at its best  
... theoretically ...  
it only has potential.  
But that could be exponential.

Energy on the move  
will make or find an existing groove  
to expand & improve.

Energy comes and goes  
as the Source's every need ebbs & flows.

June 2018 Writing #5

## Open Divine Energy System

I buy into something  
to get out of  
a jam,  
never remembering  
who I really am.

I am an open energy system  
always connected to  
the Divine Source  
no matter how many times  
I flip my beliefs or change my course.

Even when my thoughts bring me grief  
or  
my actions do not bring me relief,  
I am still connected to,  
respected and loved by the  
Divine Source

AND  
all its power and force.

June 2018 Writing #6

## Ego Evolution

Why can't my ego evolve?  
I'm so tired of telling it to be quiet or dissolve.

I've had my ego from birth.  
Yet, I feel I've never known its true worth.

Why can't my ego evolve?  
I'm so tired of telling it to be quiet or dissolve.

Could it be that my ego wants to help me  
be the Best Person  
I can be?

Why can't my ego evolve?  
I'm so tired of telling it to be quiet or dissolve.

If and when we expect our egos to do more,  
will we find that there is so much more waiting to outpour?

Why can't my ego evolve?  
I'm so tired of telling it to be quiet or dissolve.

Is "Ego Evolution" the next up & coming revolution?

June 2018 Writing #7

## Trying AND Doing

Life is seldom cut and dried.  
But it is frequently full of ideas that are  
half-baked or overfried  
and  
with people feverishly saying  
"I really tried".

There is a great divide between both  
"trying" and doing  
... thinking about and pursuing.

But to bridge each gap in a snap  
relax & accept some facts.

The first is the worst ...  
usually when one starts trying  
seldom are others supportive or even buying  
into another's success  
... God Bless.

Next comes the learning curve  
and it takes a lot of nerve  
to keep trying more than one time.  
Because trying is a progressive process

like a mountain climb.

Trying can grow from slightly successful and sublime  
to wildly successful and Divine  
when you notice you are doing fine.

June 2018 Writing #8

## **“QUIET”**

A quiet place is not a void.  
It is not empty,  
It need not be filled or destroyed.

A quiet place is a time and space  
where one can experience a  
Peace ... Love ... & Joy  
that no one can destroy.

The “Quiet” won’t quit as long as you sit with  
Peace ... Love ... & Joy.

And that “Quiet” can destroy any fear that comes near.

Judge for yourself the benefits of “Quiet”.  
Sit back ... relax ... and try it.

## Change Within

Change must come from within  
to heal the hurt or emptiness that there has previously been.

You and you alone can proceed or postpone.  
I can be there along the way to help you when you ask  
or  
just listen to what you say.

When you CHANGE within  
you  
Convert Happily All Negativity Gathering Experiences.  
Breakdown all those old defense fences.  
Allow the gifts to pour in where fear & anger had once been.

And be ready to understand this  
sometimes old thoughts you might miss.  
But please remember each time an old thought you recall  
you risk rebuilding an old defense fence wall  
to recollect & protect  
old hurt & pain back into your life once again.

June 2018 Writing #10

## Today in the USA ... June 2018

The disappointment & disbelief that has pursued  
from what has been spewed  
from what was once, more or less, morally unthinkable, disgusting, & rude  
has now become embarrassingly acceptable & commonplace  
... a poor example of a Divine compassionate humane Human Race.  
I am embarrassed by this disgrace.

Lock the doors.  
Turn off the phone.  
I want to be alone ... until all becomes right.  
I want to be  
away from this madness and sadness ...  
away from this moral fight fright.

We have never simply been told  
if there is something we want to uphold,  
then we must step up and defend to the end its right to exist  
... for without it so much would change and be missed.

But I guess the key here might be what we chose to defend to the end.  
Will it be our reckless uncensored Freedom of Speech  
(what does that achieve and/or teach?)

OR

Will it be our Freedom to Learn to Wisely Discern?



## Buttons & Triggers

When you find a person's Trigger  
that makes him upset and want to fight,  
the major problem is that person might misunderstand  
the role you play in his life that day.

It could be "It is **your** fault" that could be his retorting insult.  
You could be labeled and be fabled to be  
the trouble maker ... the instigator  
the homewrecker or the heartbreaker.

Sometimes it's your job to point out  
and  
sometimes it's your job to press  
the Button in another's life that is causing pressure  
and making his life a mess.

When it's all said & done  
looking back can be both enlightening & fun.  
Buttons & Triggers  
who would have guessed that they would be pressed  
by those who Loved Us Best ?

## Morality Concern

How do you find the path to rise above & go beyond morality  
if you haven't talked about it,  
explored it,  
or actually walked it?

It's easy from that path to stray.  
And it's even easier to say "I'm as moral as the next person".  
So, why do I need to stay & proceed?  
There is nothing more I need to learn of a morality concern.

Burn ... Burn ... Burn

Morality is something one must learn.  
It's not inherent but it is a societal concern.  
But as one does Spiritually evolve  
and  
remember His power Source  
He naturally finds the path above & beyond morality of course.

## Want to Want

As long as I only **want to want** something,  
it will elude me from the start.

My mind will stray and transport me away  
out of a zone of manifestation  
and  
into a zone of everything falling apart from the start.

As long as I only **want to want** something,  
it will elude me from the start.

As long as I only **want to want** something,  
I'm still in my head bumping into thoughts I fear and dread.

Wanting to want something keeps me only in my head  
... only planning  
but not manning manifestation action & acts instead.

As long as I only **want to want** something,  
it will elude me from the start.

Wanting to want can be a first step and it can be a blast.  
But, it will never end up manifesting anything positive  
not slowly or not fast.

So, do not linger or point a finger  
just move on & go to  
STEP 2  
of taking positive action to get what you want to come true.

June 2018 Writing #14

## **Think - Believe - Know**

I **think** ... I **believe** ... then I **know**  
as up the Mental Ladder I go to Spiritually  
evolve and grow.

On the first step of the Ladder I learn to **think** like a lamb  
... gentle & trusting ...  
not yet knowing who I am.

After that different paths appear ...  
some based on Love and some based on fear.  
At that point my reasons for choosing are not always clear.  
I move up when I choose Love  
and  
I move down when I choose fear.

I climb the next step up on the Ladder  
because I **believe**  
there must be more than my present day circumstances  
that I abhor.

But, I do not always get the Love and support of my friends.  
Sometimes that is where & when a friendship ends.

The top step on the Ladder can never be seen  
as a physical step in life.  
It's more like a surreal dream.  
But, you will know when you're standing on it  
for you will no longer quit  
and no longer give a shit about anything less than Divine.

June 2018 Writing #15

## Input Info

I love, honor, & respect that someone would elect  
to include my input info  
in his Free Will Choice outcome decision out go flow.

I offer it freely  
to add to the mix of different perspectives & tools  
that could modify or fix  
any situation that a soul wants to nix.

When a person's process of deciding is limited & narrow,  
there is so much more there for him,  
but it's hiding in plain sight.  
So, when I uncover it for him ... that's alright.

I don't always know best.  
But, I can usually see more of what's hiding in plain sight  
than the rest of most people on Earth today.  
So, that's why I lovingly, happily choose to say what I see  
aloud in a crowd  
or  
privately if that must be.