

Love God With All You Have!

1. Focus On What Matters the Most

Love God with everything you have. Consider these two verses:

Deuteronomy 6:5

"Love the Lord your God with all your heart and with all your soul and with all your strength."

Matthew 22:37-38:

"Love the Lord your God with all your heart and with all your soul and with all your mind! This is the first and greatest commandment."

I remember one day when I came across this verse. At a glance, I read it and I thought immediately that this will be impossible to achieve as I have never heard this before from anyone. During that time, I was experiencing depression and I was attending mass almost daily. Through my suffering, one day, I was praying to God and I thought came into to my mind.

This thought basically guided me to telling Jesus: I come to pray every day in the hopes of healing from my depression but nothing happens. I still feel the same way. A second thought was to ask God for help. In this thought, however, I told Jesus: If the first commandment is to love you the most, above anybody else, help me love you this way. I will continue with my prayers and I will look for you every day. I will not complain and I will follow and do whatever you want me to do. I surrender my life to you today!

That prayer, changed the whole outlook about my life because I immediately started to feel healing. This day was the day I was waiting for. I got closer to Jesus and I started to feel his presence even more. The decisions and thoughts I started to have were all of the sudden more meaningful and full of hope.

2. Activities That Will Increase Your Faith Daily

Therefore, in those verses, the message is clear: believers are instructed to love God wholeheartedly and with every aspect of their being—heart, soul, and strength (Deuteronomy) or heart, soul, and mind (Matthew). This emphasizes the idea of giving God the highest priority and devotion in one's life. It reflects the central importance of a loving and committed relationship with God in the Christian tradition.

Interpretations of the significance and implications of this commandment may vary among different Christian denominations and Jewish traditions. In general, it underscores the idea that one's relationship with God should be the primary focus and source of guidance in one's life. These following examples are ways to increase your love for Jesus daily:

1. Prayer and Meditation: Regularly spend time in prayer and meditation. This allows you to communicate with God, express your thoughts and feelings, and cultivate a deeper connection.

2. Study Sacred Texts: Read and study sacred texts, such as the Bible or other religious scriptures. Reflecting on the teachings and wisdom contained in these texts can deepen your understanding and appreciation of your faith.

3. Attend Worship Services: Participate in communal worship by attending services, whether it's at a church, synagogue, mosque, or another place of worship. Being part of a faith community can strengthen your connection with God.

4. Practice Gratitude: Cultivate an attitude of gratitude. Regularly reflect on the blessings in your life and express thankfulness to God. Gratitude can foster a positive and loving outlook.

5. Serve Others: Engage in acts of service and kindness. Helping others and contributing to your community can be a way of expressing your love for God through love for your fellow human beings.

6. Fellowship with Believers: Surround yourself with like-minded individuals who share your faith. Building strong connections with other believers can provide support, encouragement, and inspiration in your spiritual journey.

7. Practice Forgiveness: Strive to forgive others and yourself. Forgiveness is often seen as a virtue in many religious traditions and can contribute to a sense of peace and love in your heart.

8. Live in Alignment with Values: Make conscious choices to live in accordance with your religious values. This includes ethical decision-making, integrity, and a commitment to living a life that reflects your faith.

9. Contemplative Practices: Explore contemplative practices such as mindfulness, contemplative prayer, or meditation. These practices can help quiet the mind, increase awareness, and create space for a deeper connection with the divine.

10. Seek Guidance: Seek guidance from spiritual leaders, mentors, or religious authorities. They may provide insights, advice, and support to help you navigate your spiritual journey.

Remember that everyone's spiritual journey is unique, and these suggestions are general guidelines. It's essential to find practices that resonate with you personally and contribute to the growth of your love for God. Consistency and sincerity in your efforts can lead to a more profound and meaningful connection with your faith.

3. Instant Benefits of Spiritual Life

The benefits of loving God the most, both tangible and intangible, are often subjective and deeply personal. People's experiences and perspectives on the benefits of their faith can vary, but here are some general aspects that individuals often find meaningful:

Devoting oneself to loving God the most encompasses a range of tangible and intangible benefits that shape a comprehensive and meaningful life. Intangibly, individuals often find spiritual fulfillment, experiencing a profound sense of purpose and direction as they navigate life's complexities. Inner peace and joy become steadfast companions, even in challenging circumstances, offering believers a source of hope and comfort. The sense of community within a faith tradition provides a network of support and belonging, fostering deep connections with others who share similar values. Additionally, the power of forgiveness and redemption offers a transformative path towards healing and personal growth.

Tangibly, a love for God forms the bedrock of an ethical and moral framework, guiding individuals in making conscientious choices that positively impact their relationships, work, and societal contributions. This devotion influences health and well-being, with studies suggesting potential correlations between religious practices and improved mental and physical health. Shared faith values strengthen family bonds and relationships, influencing lifestyle choices, inspiring philanthropy, and fostering resilience in the face of adversity. In essence, the multifaceted benefits of loving God extend beyond the spiritual realm, permeating various aspects of life and contributing to a rich and purpose-driven existence.

4. Ask and You Shall Receive

If you make God the focus in your life, you will be able to learn and do more things in your life. God will give you what you are praying for. It's important to remember, though, that it will ultimately be God's will. Additionally, you will have the peace of mind of knowing that God is with you, helping you with your daily decisions.

God will help you eliminate your debt, help you buy your home or start your own business, and even retire comfortably. The Scriptures in the Bible are true. As long as you follow God, you will achieve all you want in your life. God wants to give us more every day, but He also wants to build a relationship with us. We are his children and he loves very much. Do anything you need to do to love God every day. You will achieve all your goals. Matthew 6:32-33: "But seek first the kingdom of God and his righteousness, and all these things will be added to you."

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