

RECIPES FROM TRAVELS AROUND THE WORLD



RAFIKIS



Karibu Rafiki. (welcome friend)

AUGUST BRUNCH MENU

Served from 10am to 3pm

We change our brunch menu monthly so our food is as seasonal as possible and it keeps it interesting for all of us! Old favourites return and new dishes are tried. If you don't like our selection this time, come back and try something new another time. *Please enjoy and accept our menu as it is, alterations and requests slow down the kitchen for everyone.*

Allergies! Please let us know when ordering if you have an allergy, BUT be aware we are a small kitchen and cross-contamination is a risk!

ON TOAST:

Rich Aubergine Ragu £11.50
(Ve, can be GF)

Pan Con Tomate (fresh grated toms with garlic and olive oil, Catalan style) £11.00
(Ve, can be GF)

For a fuller plate add:

Egg - poached or fried + £1.50

Feta, Halloumi, Smoky tofu + £3 or any Sides

Canadian Pancakes (Ve) £11.50
With yoghurt (dairy or vegan) coconut syrup and seasonal compote or fruit.
Add organic Dartmoor Blueberries, Granola Crunch, or Sweet & Salty Almonds + **£2.65 each**

Chocolate, Peanut & Banana Egggy Bread (N) £12.65
Soft homemade bread, sandwiched with chocolate, peanut butter and smashed banana, soaked in milk and egg and fried, served with yoghurt & cinnamon

The Big Bahn Mi (N, can be Ve, can be GF) £12.65
Vietnamese street food -
Fried tofu & egg, mint, cucumber and do chua pickle, fresh coriander & basil, spicy peanut sauce & Sriracha packed into a demi baguette.
Add House Kimchi or Teriyaki Mushrooms +**£2 each**

Sabich (S, can be Ve, can be GF) £14.50
Moreish and messy, our Middle Eastern flat bread wrap is packed with roast aubergine, fried egg, tahini sauce, and chilli, **honey** dressing. Served with green salad.

Garden Glory Eggs £15.00
(can be Ve, can be GF)

Free range eggs baked in a sauce of our garden's courgettes, & herbs, with fresh tomatoes and butter beans. Served with lemon yoghurt, parmesan & crusty baguette.

(Vegan alternative replaced with tofu & oat creme fraiche)

Sage Egg Skillet (can be GF) £14.50

Fresh sage leaves fried with 2 eggs, roast cherry toms caramelised onion. & chilli oil.
Served with hot buttered homemade toast.

Falafel Plate (VE, GF, S) £15.00

Our authentic falafel fried to order and served with tahini sauce, slaw, salad, hummus, pickled chilli & pink onion, and a flatbread .

SIDES

Served from 10am to 3pm

Organic Cuddyford Leaf Salad & tamari seeds £4.00
(GF, Ve, M)

Roast Cherry Vine Tomatoes (Ve, GF) £4.00

Roast Courgettes (Ve, GF) £4.00

Homemade Wedges (GF) £4.50

Plain or with:

Chilli, rosemary & fennel salt (Ve) +**50p**

Melted Cheddar cheese +**£2**

Sriracha mayo (Ve) +**£1**

Hummus with Z'aatar and Olive Oil (Ve, S) £4.00

Feta with our Garden Herb Oil (GF) £4.50

Warm Flatbread with Olive Oil (Ve) £3.00

Or with dukkah & olive oil (Ve, N, S) + **£1**

Sweet & Smoky Fried Organic Tofu (Ve, GF) £4.00

Griddled Halloumi (GF) £4.50

Housemade Mak Kimchi (Ve, GF) £3.50

Allergen codes

Vegan: **Ve**

Gluten Free: **GF**

Contains nuts: **N**

Contains Sesame: **S**

Contains Mustard: **M**

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