

RECIPES FROM TRAVELS AROUND THE WORLD



RAFIKIS



Karibu Rafiki. (welcome friend)

OCTOBER BRUNCH MENU

Served from 10am to 3pm

We change our brunch menu monthly so our food is as seasonal as possible and it keeps it interesting for all of us! Old favourites return and new dishes are tried. If you don't like our selection this time, come back and try something new another time.

ON our House TOAST:

Rafikis Baked Beans (Ve, M, can be GF)

We like to think they are a lot better than Heinz!

Shhh..not as sweet with a touch more spice **£10.50**

Hazelnut Butter & Greens (Ve, N, can be GF)

An autumnal mix of organic nuts & greens served with a sundried tomato pistou **£11.50**

For a fuller plate add:

Egg, poached or fried + £1.50

Crumbled Feta or Halloumi, + £3... or any Sides

Canadian Pancakes (Ve) **£10.50**

With Greek yoghurt (dairy) or Coconut Yoghurt (vegan) coconut syrup and seasonal compote or fruit.

Add organic Dartmoor Blueberries, Granola Crunch, or Sweet & Salty Almonds + £2.50 each

The Big Bahn Mi (N, M can be Ve, can be GF) **£12.50**

Vietnamese street food and a *Rafikis classic*.

Fried tofu & egg, mint, cucumber and do chua pickle, fresh coriander & basil, spicy peanut sauce & Sriracha packed into a demi baguette.

Add House Kimchi or Teriyaki Mushrooms **+£2 each**

Sage Egg Skillet (can be GF) **£14.00**

Fresh sage leaves fried with 2 eggs, roast cherry toms - last of the season - caramelised onion. & chilli oil. Served with hot buttered homemade toast.

Bubble & Squeak (Ve, GF, M) **£14.50**

Comfort food at its finest! Mashed spuds packed with local organic greens & onions, served with our house baked beans, and a whole roast garlic field mushroom, 2 fried eggs or fried marinated tofu.

Add melted Cheddar on top? +£2

Sri Lankan Baked Eggs **£14.50**

(can be VE, can be GF)

Inspired by the island of coconuts and spices! Two eggs or roast cauli, in gently spiced coconut milk, chickpeas, lentils and braised greens, pickled red onion, and fiery coconut sambal. Served with a warm flat bread.

£1 from every sale of this dish will go to our chosen charity of Gabriel Project Mumbai, supporting Masala Mamas and their community initiative 'Gaja Cafe'.

SIDES - Served from 10am to 3pm

Organic Green Leaf Salad, dressed & with seeds (GF, Ve, M) **£4.00**

Sauteed Garlicky Greens (Ve, GF) **£4.00**

Wedges (GF) **£4.50**

Plain or with:

Chilli, rosemary & fennel salt (Ve) **+50p**

Cheddar cheese **+£2**

Sriracha mayo (Ve) **+£1**

Hummus with Z'aatar and Olive Oil (Ve, S) **£4.00**

Feta with sundried tomato pistou (GF) **£4.50**

Warm Flatbread drizzled with Olive Oil (Ve) **£2.50**

Add our **Dukkah** inside (Ve, N, S) **+ £1**

Rafikis Seeded Bread & Butter **£3.50**

Marinated (sweet & smoky) fried Organic Tofu (Ve, GF) **£4.00**

Griddled Halloumi (GF) **£4.50**

Housemade Mak Kimchi (Ve, GF) **£3.50**

Whole Roast Garlic Field Mushroom **£2.50**

Our Soup of the Day and any Specials can be found on the blackboard

- Served from midday

Allergen codes

Vegan: **Ve**

Gluten Free: **GF**

Contains nuts: **N**

Contains Sesame: **S**

Contains Mustard: **M**

2a St Lawrence Ln, Ashburton, Newton Abbot TQ13 7DD

01364 388865 | rafikis.co.uk | @rafikiscafe