

RECIPES FROM TRAVELS AROUND THE WORLD



RAFIKIS



Karibu Rafiki. (welcome friend)

SEPTEMBER BRUNCH MENU

Served from 10am to 3pm

We change our brunch menu monthly so our food is as seasonal as possible and it keeps it interesting for all of us! Old favourites return and new dishes are tried. If you don't like our selection this time, come back and try something new another time. *Please enjoy and accept our menu as it is, alterations and requests slow down the kitchen for everyone.*

Allergies! Please let us know when ordering if you have an allergy, BUT be aware we are a small kitchen and cross-contamination is a risk!

ON TOAST:

Indian Akuri Scrambled Tofu £12.50
(Ve, M, can be GF)
Lightly spiced tofu with spinach and tomato

Tenderstem Broccoli & Whipped Goats Cheese £12.50
(can be GF)
Local tenderstem with sundried tomatoes, herbs, capers and pumpkin seeds on a bed of creamy goats cheese (served at room temp)

For a fuller plate add:

Egg - poached or fried + £1.50

Feta, Halloumi, Smoky tofu + £3 or any Sides

Canadian Pancakes (Ve) £11.50
With yoghurt (dairy or vegan) coconut syrup and seasonal compote or fruit.
Add organic Dartmoor Blueberries, Granola Crunch, or Sweet & Salty Almonds + £2.65 each

Chocolate, Peanut & Banana Egggy Bread (N) £12.65
Soft homemade bread, sandwiched with chocolate, peanut butter and smashed banana, soaked in milk and egg and fried, served with yoghurt & cinnamon

The Big Bahn Mi (N, can be Ve, can be GF) £12.65
Vietnamese street food -
Fried tofu & egg, mint, cucumber and do chua pickle, fresh coriander & basil, spicy peanut sauce & Sriracha packed into a demi baguette.

Add House Kimchi or Teriyaki Mushrooms +£2 each

Menemen - Turkish style Scrambled Eggs £14.50
(can be GF)

Eggs scrambled with a mix of tomatoes, green peppers and Turkish peppers, served with toast & salad

Sabich - one more month! £14.50
(S, can be Ve, can be GF)

Moreish and messy, our Middle Eastern flat bread wrap is packed with roast aubergine, fried egg, (or tofu) tahini sauce, and chilli, **honey** dressing.

Berber Baked Eggs £14.50
(can be Ve, can be GF, N, S)

Free range eggs baked in Moroccan spiced tomato, aubergine & chickpea ragu, with sour cream, dukkah & french bread. (Vegan alternative replaced with tofu & oat creme fraiche)

Chard & Halloumi 'Manakish' £15.00
(S, can be Ve)

Our version of a Levantine style topped flatbread with organic chard, chickpeas, roast peppers, pink pickled onions, z'aatar and fresh herbs. Finished with grated halloumi or with tahini for a vegan version.

SIDES

Organic Cuddyford Leaf Salad & tamari seeds £4.00
(GF, Ve, M)

Roast Courgettes (Ve, GF) £4.00

Homemade Wedges (GF) £4.50
Plain or with:

Chilli, rosemary & fennel salt (Ve) +50p
Melted Cheddar cheese +£2
Sriracha mayo (Ve) +£1

Hummus with Z'aatar and Olive Oil (Ve, S) £4.00

Warm Flatbread with Olive Oil (Ve) £3.00
Or with dukkah & olive oil (Ve, N, S) + £1

Sweet & Smoky Fried Organic Tofu (Ve, GF) £4.00

Griddled Halloumi (GF) £4.50

Housemade Mak Kimchi (Ve, GF) £3.50

Allergen codes

Vegan: **Ve**

Gluten Free: **GF**

Contains nuts: **N**

Contains Sesame: **S**

Contains Mustard: **M**

2a St Lawrence Ln, Ashburton, Newton Abbot TQ13 7DD

01364 388865 | rafikis.co.uk | @rafikiscafe