



RAFIKIS



Karibu Rafiki. (welcome friend)

Our menu reflects our passion for travel, as well as our love of our Devon home & our planet - Eating For This One World. We strive to be seasonal, use produce from local organic growers, and ensure our ingredients are fairly traded and ethically sourced. Everything is freshly made in house, from our bread & cakes to baked beans and kimchi. We aim to serve you well, but please keep in mind... This is not fast food, this is food made good.

EARLY BIRD MENU - from 9 to 11

(For those catching grub before the kitchen opens)

- **Pastries, Pastel de Nata and home baked cakes** (the cakes change regularly)
- **Rafikis Toasted Fruit Bread (vg)** **£3.00**
(a bit like tea cake in loaf form)
- **Rafikis Toasted Banana Bread (vg)** **£3.00**
- **House Seeded Toast (vg)** **£3.00**

All the above are served with butter and a choice of jams and spreads, or fresh Nut Butters from Plant Generation - Cashew, Almond or Peanut

- **Mini but Mighty Granola (vg)** **£4.50**
Our totally moreish house Granola, packed full of toasted nuts, seeds, coconut flakes, and cacao nibs, layered with yoghurt (natural or vegan) and seasonal fruit

ALL DAY BRUNCH - from 10 to 3

- **Rafikis Rosti (vg & gf)** **£8.50**
Devon with a wedge of Switzerland
- With a whole roast garlic field mushroom, caramelised onions, and organic greens.
- Add melted cheese or an egg or any other sides?
- **The Big Bahn Mi (can be gf or vg)** **£7.85**
Vietnamese street food
Fried tofu & egg, mint, cucumber & do chua pickle, fresh coriander & basil, spicy peanut & Sriracha sauce packed into a demi baguette.
- **Tofu Akuri (vg)** **£8.95**
Our spin on a Mumbai classic
Locally made organic tofu scrambled with onions, tomatoes, Indian spices & herbs. Served with carrot crack, and our homemade toast (or gf toast).
- **Berber Eggs Aubergine (can be vg)** **£9.65**
Southern Moroccan tasty goodness. Portreeves Pick!
Free range eggs baked in spiced tomato, aubergine & chickpea ragu, with sour cream, dukka (contains hazelnuts) & french bread.(vg alternative replaced with fried tofu & soya yoghurt).

- **Sweet Pancakes (vg)** **£6.85**

To Canada with love

Served with seasonal fruit, coconut syrup, natural or soya yoghurt - OR - Sweet tahini sauce, fresh dates & yoghurt.

- add sweet & salty toasted almonds to either for £1.25?

- **Eggs as you like** **£5.85**

Local & delicious

Two free-range eggs fried scrambled or poached on our house toast. Build a bigger plate by adding any of our sides - Rafikis Baked Beans? Kimchi? Seasonal greens?

Small dishes & Sides **All £3**

Vegan

- Organic local garlicky greens
- House Kimchi
- Organic Cuddyford Salad leaves & seeds
- House Hummus
- Rafikis Giant Baked Beans
- Flatbread with Dukkah (contains nuts)
- Homemade bread + olive oil & balsamic or butter
- Olives
- Marinated Feta
- Skinny Fries (only after 12pm!)

Non-Vegan

- Fried Tofu with Tamari
- Grilled Halloumi
- Mature Cheddar Cheese
- Marinated Feta
- Cheese Scone (£2)

FOR KIDS

- **All dishes half size at just over half price!**
- **Tomato Sauce (shh it's packed full of veggies!) & Pasta add grated cheese and/or chopped black olives for 40p** **£4.00**

FROM 12: SPECIALS ON THE BOARD

Including today's LUNCH & today's SOUP