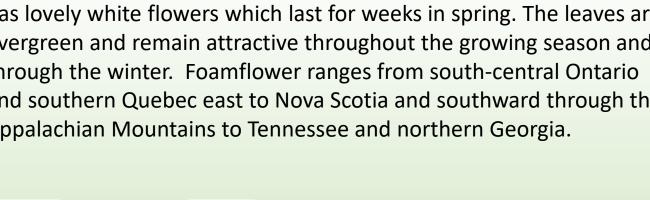


# Foam Flower (Tiarella cordifolia)

This stunning woodland groundcover grows best in humus-rich soil under the canopy of trees. It slowly spreads by runners (stolons) and has lovely white flowers which last for weeks in spring. The leaves are evergreen and remain attractive throughout the growing season and through the winter. Foamflower ranges from south-central Ontario and southern Quebec east to Nova Scotia and southward through the Appalachian Mountains to Tennessee and northern Georgia.





## **Plant Type:**

Perennial woodland groundcover that slowly spreads to form colonies



## **Light Conditions:**

Part shade to shade. Leaves can scorch in hot sun



## Soil/Moisture:

Humus-rich, evenly moist conditions preferred. Can tolerate drier conditions once established.



## Size/Height:

Flower heads rise to 15-30 cm (6 to 12 inches)



#### Flowers:

Candle-like spikes of starry white flowers in spring



Photo credits: Laura Beukeboom- Rodger

#### Wildlife Benefits:.

Bumblebees, mining bees, small butterflies, beetles and Syrphid flies