



Grand Erie Master Gardeners



Brant

Haldimand

Norfolk



Foam Flower (*Tiarella cordifolia*)

This stunning woodland groundcover grows best in humus-rich soil under the canopy of trees. It slowly spreads by runners (stolons) and has lovely white flowers which last for weeks in spring. The leaves are evergreen and remain attractive throughout the growing season and through the winter. Foamflower ranges from south-central Ontario and southern Quebec east to Nova Scotia and southward through the Appalachian Mountains to Tennessee and northern Georgia.



Photo credits: Laura Beukeboom- Rodger



Plant Type:

Perennial woodland groundcover that slowly spreads to form colonies



Light Conditions:

Part shade to shade.
Leaves can scorch in hot sun



Soil/Moisture:

Humus-rich, evenly moist conditions preferred. Can tolerate drier conditions once established.



Size/Height:

Flower heads rise to 15-30 cm (6 to 12 inches)



Flowers:

Candle-like spikes of starchy white flowers in spring



Wildlife Benefits:

Bumblebees, mining bees, small butterflies, beetles and Syrphid flies