Measuring Success

As you enter your place of work this week, how will you guide yourself to a successful day? Do you focus on the things that happened, or on the things yet to come? Many spend their time cleaning up the messes of the weekend or the previous week; working to "fix" issues, identify why they happened and stabilize the current environment. Although root cause analysis, is a noble effort to find out why something went wrong and learn from it, it should not drive our day-to-day activities.

Instead, think of the outcomes you want to drive today. In healthcare, for example, we all know the things that we do to prevent adverse events. What are the things you do to prevent falls, pressure injuries, or any other adverse event? Focus today on one of those activities, measure it and see it to successful completion. Over time, you will be surprised to see how little amount of time is spent on preventing adverse events every single day. These small amounts of prevention yield big results in positive patient outcomes!