

LIV TO GIVE

Newsletter from The Live for Liv Foundation

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

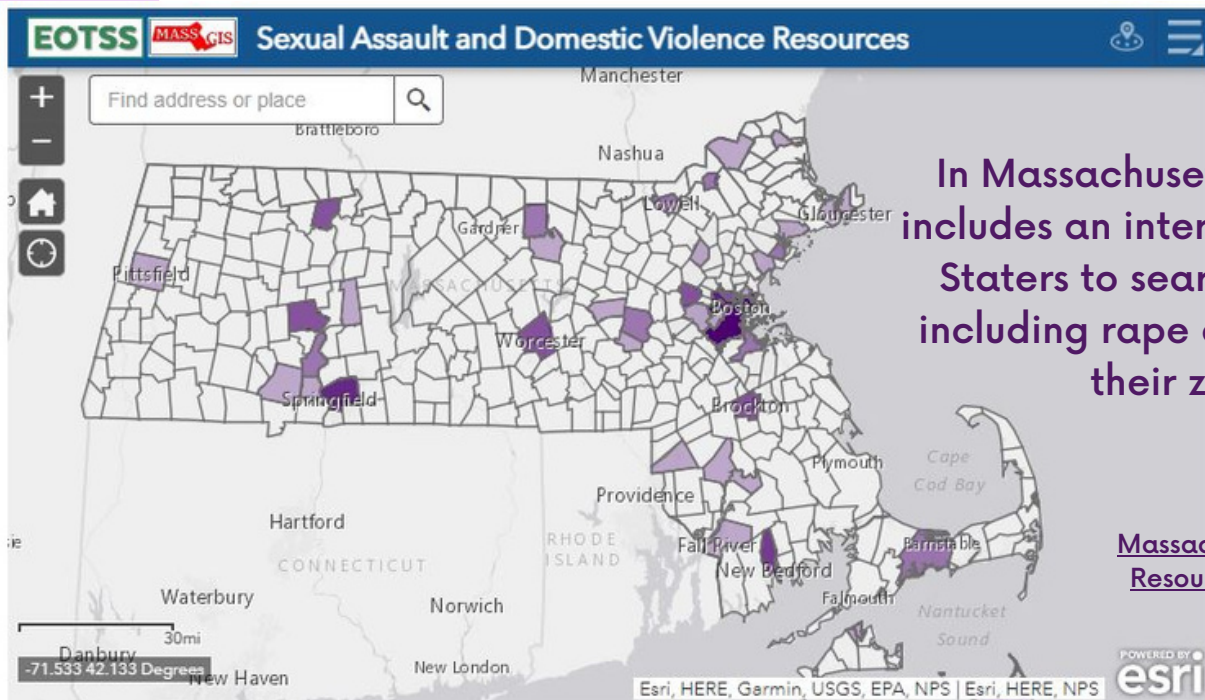


Live for Liv

IF YOU SEE SOMETHING SAY SOMETHING

In the United States, an estimated **10 million people** experience domestic violence every year. According to the National Coalition Against Domestic Violence, about **20 people per minute** are physically abused by an intimate partner. About **1 in 4 women** and **1 in 9 men** experience severe intimate partner physical and emotional abuse. It's all about **power and control**.

Are you aware of the forms of Domestic Violence?



In Massachusetts a new website includes an interactive map for Bay Staters to search for resources, including rape crisis centers, near their zip codes.

[Massachusetts Domestic Violence Resources Website - Click Here](#)

This interactive map will allow you or a loved one to find resources nearby.

On July 24th we completed the 12th Annual Ride for Liv/ Run for Liv.

We had more than 200 participants:
78+ 5K runners, 28+ 10K runners,
17+ 50 mile ride, 47+ 23 mile ride,
34+ Volunteers and over 47 Sponsors.
We raised over \$20,000!!!

A huge **THANK YOU** to all of our supporters, sponsors, participants and volunteers!!

[Click here for pictures of the event.](#)



It was a HOT one but we were SO grateful to be back in person!



OTHER NEWS.....

Earlier this fall Jody spoke at the Garden of Peace which is a memorial for victims of homicide.



Here's how we have helped some people in the community because of your support:

"I want to thank the Live for Liv foundation for helping victims of Domestic Violence. Understanding that it's an uncomfortable situation to be in. The Live of Liv foundation makes me feel hopeful. I can do anything, and that sometimes it takes help".

Jasmine
(Jasmine received money for an alarm system and a refrigerator from L4L.)

"Please know how grateful I am for all from Live for Liv. We thank you. The pain is real; Even under the (our) smiles. Please accept our sincere Thank you from the bottom of our hearts for all. Would not be here without you and Live for Liv. Jennifer
(L4L supported her with housing.)



If you would like to help out and/or volunteer on a committee, go to our website www/liveforliv.org/volunteer

LIVEFORLIV.ORG