# LIV TO GIVE

Newsletter from The Live for Liv Foundation

### **MISSED MILESTONES**

A MESSAGE FROM JODY MARCHAND

My dear sweet Olivia, you missed your birthday on May 31st, you would have turned 29.

June 2010, you missed your high school graduation, a happy celebration.

September 2010, you missed your dream of attending the University of Vermont.

Seeing pictures of your best friend getting married this Spring, reminds me you missed a big beautiful, happy wedding day. Knowing how much your little nephews adored you, reminds me you missed being a great loving mom, with their happy grandmother following your fun kids around.

And every minute of each, and every day, I will forever miss you by my side.



# FUNDRAISING



Thank you doTERRA Healing Hands and your generous matching program!



A huge THANK YOU to all of our supporters, sponsors, participants and volunteers!!

We couldn't do this without you!!



I was in a dream— at least I thought I was. My relationship was special. I believed I was loved and that everything that was happening to me was because I was cherished so deeply. I never recognized that my relationship was so unhealthy. I was completely blinded— blinded by love—thinking that everything was that of a normal relationship. But it wasn't. I thought he was just being protective when I was constantly being asked where I was going and who I was with. I thought I was just lucky to have someone who loved me so dearly that he would tell me that he would die if I ever left him. I thought the intense jealousy meant true love. In reality, these were just the signs of an abusive relationship, the type of relationship that I thought I would never let happen to me.

– anonymous

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## By Nikia Fairchild

An abusive relationship does not necessarily include physical violence; emotional abuse is more difficult to recognize. It creeps in slowly, and is often the precursor to physical abuse. Behaviors may involve humiliation, criticism, and threats. There may be digital spying, controlling behaviors, and isolation from friends and family. Likely, the abuser places all of the blame on the victim, accepting no responsibility for their actions. The unpredictability of the abusers behavior, rapidly shifting from love to combative and threatening, leaves the victim feeling powerless and trapped.

https://breakthecycle.org- Supporting people between the ages 12 and 24 to build healthy relationships and create an abuse-free culture.

https://www.domesticshelters.org- Educational information, hotline, and searchable database of services in your area.

https://www.loveisrespect.org- Giving teens and young adults a chance to chat online, call, or text with advocates.

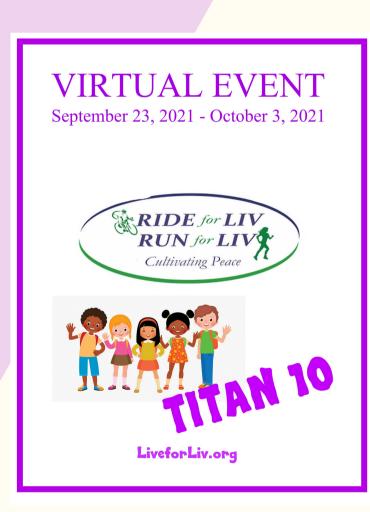
OTHER NEWS.

Nikia Fairchild
Westford Academy Class

as a volunteer for Live for Liv

Nikia is excited to be attending the University of Pittsburgh come August, where she has been admitted into their rigorous nursing program.





# **SAVE** the DATE!

We are excited for our 2nd virtual event. Stay tuned for more details.....