

My Community Map

We were never designed to navigate life alone. Healthy community gives us people to walk with us, pour into us, challenge us, and receive from us.

1. WHO IS IN MY COMMUNITY?

Think about the people currently in your life. Write a few names in each circle. Not everyone belongs in every space—and that's okay.

INNER CIRCLE | Who knows me deeply?

The people with the greatest access, trust, and responsibility in my life.

LIFE-SHARING COMMUNITY | Who walks through life with me?

Friends and peers who provide consistent presence, encouragement, belonging, and mutual support.

GROWTH RELATIONSHIPS | Who helps me grow—and who am I helping grow?

Mentors, spiritual guides, advisors, wise voices, professional relationships, and people I intentionally pour into.

BROADER COMMUNITY | Who am I connected to?

Acquaintances and relationships that may represent opportunities for deeper connection, service, collaboration, or community.

2. WHAT DO I NOTICE?

Looking at the people you listed, reflect without judging yourself:

Where is my community healthy and strong?

Where might I be missing something I need in this season?

- ☐ Spiritual guidance
- ☐ Genuine friendship / peer community
- ☐ Emotional support
- ☐ Wisdom or mentorship
- ☐ Professional/career relationships
- ☐ Someone I am pouring into
- ☐ Greater diversity of perspective or experience
- ☐ Other: _____

Is there someone already in my life with whom I should be more intentional?

3. WHAT IS MY NEXT STEP?

You don't have to rebuild your community overnight. Healthy relationships develop through proximity, consistency, vulnerability, wisdom, and time.

One relationship I want to be more intentional about:

One simple step I can take in the next 30 days:

What might God be inviting me to do differently in community?

A Final Thought

Community is not accidental—it is stewardship.

God often provides strength through shared life, wisdom through people, and direction through trusted counsel. The goal isn't to fill every blank or build the perfect circle. The goal is simply to become more aware of who you're walking with, who is shaping you, who you're shaping, and where deeper connection may be needed.