



This curriculum combines daily Bible reading, spiritual disciplines, and a fasting focus to help individuals draw closer to God. Each day centers on a theme that nurtures your relationship with Him. Be sure to complete each activity every day. This curriculum more concise so that you can focus on spending more time with God. Read and meditate on every scripture. Feel free to read more if you desire. This will be 21 days of experiencing God and His miracles. Let's Get Started!

## Week 1: Drawing Near to God / Deepening Intimacy with God

### Day 1: Seeking God First / Prayer

- **Read & Meditate on these scriptures:** Matthew 6:24; Matthew 6:33; Psalm 42:1-2; Proverbs 3:1-35
- **Focus:** Establishing a prayer rhythm. Set aside three specific times for prayer today.
- **Activity:** *Create a prayer-list. Ask God to show you areas of your life that need prayer. As He reveals the areas, take a sheet of paper or the notes page on your phone and start a list then begin praying over your list everyday.*
- **Reflection:** What does it mean for you to seek God first in all areas of life? \_\_\_\_\_  
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- **Fasting Focus:** *Developing a prayer life that gets results.*

### Day 2: Meditation on Scripture / God's Faithfulness

- **Read & Meditate on these scriptures:** Joshua 1:5-9; Lamentations 3:22-24; Psalm 89:1-4
- **Focus:** Reflecting on God's Word.
- **Activity:** *Meditate on one passage and journal your thoughts.*
- **Reflection:** How has God shown His faithfulness to you recently? \_\_\_\_\_  
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- **Fasting Focus:** *Asking God for divine understanding and revelation knowledge of His word.*

**Day 3: Trusting God / Worship**

- **Read & Meditate on these scriptures:** Proverbs 3:5-6; Isaiah 26:3-4; Psalm 100.
- **Focus:** Offering praise to God.
- **Activity:** *Spend 30 minutes in personal worship through music or spoken praise.*
- **Reflection:** In what areas do you need to trust God more? \_\_\_\_\_  
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- **Fasting Focus:** *Creating a consistent time and place for personal worship in your life.*

**Day 4: Confession / God's Unchanging Nature**

- **Read & Meditate on these scriptures:** Hebrews 13:8; Malachi 3:6; 1 John 1:9.
- **Focus:** Seeking forgiveness and healing.
- **Activity:** *Confess your sins to God and, if applicable, to a trusted friend.*
- **Reflection:** How does God's consistency provide stability in your life? \_\_\_\_\_  
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- **Fasting Focus:** *Asking God to reveal any and all unconfessed sin's and asking Him to surround you with God-fearing friends that you can confess to and be held accountable by.*

**Day 5: God as Our Father / Listening to God**

- **Read & Meditate on these scriptures:** Matthew 6:9-13; Romans 8:15-17; Psalm 46:10.
- **Focus:** Cultivating silence to hear God's voice.
- **Activity:** *Set a timer and spend at-least 10 minutes in silent listening prayer.*
- **Reflection:** What does it mean to you that God is your Father? \_\_\_\_\_  
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- **Fasting Focus:** Asking God for the patience to embrace silence while listening for His voice.

**Day 6: Humility Before God / Gratitude**

- **Read & Meditate on these scriptures:** James 4:6-10; Micah 6:8; 1 Thessalonians 5:18.
- **Focus:** Thanking God for His blessings.
- **Activity:** *Write a gratitude list of 10 things.*
- **Reflection:** How can humility deepen your relationship with God? \_\_\_\_\_  
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- **Fasting Focus:** *Learning how to be thankful in every situation.*

### Day 7: Rest in God / Corporate Prayer

- **Read & Meditate on these scriptures:** Matthew 11:28-30; Psalm 62:1-2; Acts 2:42.
- **Focus:** Praying together as a body.
- **Activity:** *Attend the weekly prayer gathering.*
- **Reflection:** How can you find rest for your soul in God today? \_\_\_\_\_  
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- **Fasting Focus:** *Asking God to make you sensitive to prayer gatherings and to the prayer needs of others.*

## 2nd Seven Days (Week #2)

Congratulations! You made it through the first seven days of a 21 day fast. For some of you, this has been a rewarding challenge and for others it may have been a struggle. Perhaps you have done good and you have stuck with the fast or maybe you have fallen short. Either way, I encourage you to be even more intentional for this next set of seven days. We've been meeting at the church every morning at 6 AM for corporate prayer. I have been so blessed by the number of people that have been showing up. Even if you can't meet us in person at 6 AM I encourage you to still join us in prayer from wherever you are. The next seven days will prove to be even more challenging as it pushes you even closer to God's presence. Remember that this year will be the year that God reveals his presence to you in a way that confirms who He is and who we know Him to be. Stay focused, do the work and let's all grow in our relationship with God.

### Week 2: Building Godly Character / Walking with God

#### Day 8: Faith / Hearing God's Voice

- **Read and Meditate on these scriptures:** Hebrews 11:1; John 10:27-30; 1 Kings 19:11-18
- **Focus:** Trusting in God's promises.
- **Activity:** Write down areas where you need to trust God more.
- **Reflection:** What helps you recognize God's voice? \_\_\_\_\_  
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- **Fasting Focus:** Asking God to remove distractions from your life and anything that counteracts and anything that hinders you from hearing His voice and trusting His promises.

#### Day 9: Humility / Obedience to God

- **Read and Meditate on these scriptures:** Philippians 2:2-4; John 14:15; 1 Samuel 15:22-23
- **Focus:** Surrendering pride.
- **Activity:** Be intentional and Serve someone in need today. Find someone who could use a little help and offer it to them.
- **Reflection:** Write down areas in your life where God is calling you to obey Him today? \_\_\_\_\_  
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- **Fasting Focus:** Asking God to reveal areas of pride in your life and to help you live a life of humility.

**Day 10: God’s Word as a Guide / Forgiveness**

- **Read and Meditate on these scriptures:** Psalm 119:105; 2 Timothy 3:16-17; Matthew 6:14-15.
- **Focus:** Letting go of offenses.
- **Activity:** Write a letter of forgiveness to someone who has hurt you (even if not sent).
- **Reflection:** How can you rely more on God’s Word for direction? \_\_\_\_\_

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- **Fasting Focus:** Asking God to help you forgive all offenses in your heart.

**Day 11: Generosity / Walking by Faith**

- **Read and Meditate on these scriptures:** 2 Corinthians 9:6-7; 2 Corinthians 5:7; Hebrews 11:1-6
- **Focus:** Giving sacrificially.
- **Activity:** Give to someone in need or donate to a ministry.
- **Reflection:** How can you step out in faith in your relationship with God? \_\_\_\_\_

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- **Fasting Focus:** Asking God to help you trust Him with your finances.

**Day 12: God’s Love for Us / Patience**

- **Read and Meditate on these scriptures:** Romans 8:35-39; 1 John 4:16-19; Psalm 27:14.
- **Focus:** Waiting on God.
- **Activity:** Spend time in prayer for something you’ve been waiting on.
- **Reflection:** How can you live more fully in God’s love?

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- **Fasting Focus:** Asking God what it really means to be patient and wait on Him.

**Day 13: Living in God’s Strength / Contentment**

- **Read and Meditate on these scriptures:** **Philippians 4:11-12; Isaiah 40:29-31; Philippians 4:13**
- **Focus:** Finding joy in all circumstances.
- **Activity:** Reflect on areas where you need to grow in contentment.
- **Reflection:** What does it mean to rely on God’s strength daily? \_\_\_\_\_

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- **Fasting Focus:** Asking God to help you find contentment in all circumstances.

**Day 14: God’s Presence with Us / Love**

- **Read and Meditate on these scriptures:** 1 Corinthians 13:4-7; Exodus 33:14-17; Psalm 16:11
- **Focus:** Loving as Christ loves.
- **Activity:** Perform a random act of kindness.
- **Reflection:** How does God’s presence change the way you live? \_\_\_\_\_

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- **Fasting Focus:** Asking God to teach you to love others the way He does.

**Week 3: FINAL WEEK - Advancing God’s Kingdom**

**Day 15: Evangelism / Living Fully for God**

- **Read and Meditate on these scriptures:** **Matthew 28:19-20; Jeremiah 29:11-13; Ephesians 2:10**
- **Focus:** Sharing the gospel.
- **Activity:** Share your faith story with one person.
- **Reflection:** What is God’s purpose for you in this season? \_\_\_\_\_

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**Day 16: The Fruit of the Spirit / : Intercession**

- **Read and Meditate on these scriptures** Galatians 5:22-25; John 15:5-8; 1 Timothy 2:1
- **Focus:** Praying for others.
- **Activity:** Pray for five people by name.
- **Reflection:** Which fruit of the Spirit do you want to grow in? \_\_\_\_\_

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### Day 17: Worship as a Lifestyle / Justice

- **Read and Meditate on these scriptures:** Micah 6:8; Romans 12:1-2; John 4:23-24
- **Focus:** Standing for what is right.
- **Activity:** Research a justice issue and pray for those affected.
- **Reflection:** How can your daily life reflect worship to God? \_\_\_\_\_  
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### Day 18: Praying Without Ceasing / Serving

- **Read and Meditate on these scriptures:** 1 Thessalonians 5:16-18; Philippians 4:6-7; Mark 10:45.
- **Focus:** Meeting others' needs.
- **Activity:** Volunteer or serve someone in your community.
- **Reflection:** How can you develop a habit of constant prayer? \_\_\_\_\_  
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### Day 19: Unity / Sharing God's Love

- **Read and Meditate on these scriptures:** John 17:20-23; Matthew 5:14-16; Matthew 28:19-20
- **Focus:** Strengthening the body of Christ.
- **Activity:** Pray for unity in your church.
- **Reflection:** How can you be a light to those around you? \_\_\_\_\_  
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### Day 20: Waiting on God / Boldness

- **Read and Meditate on these scriptures:** Psalm 27:13-14; Isaiah 30:18; Acts 4:31
- **Focus:** Being courageous in faith.

- **Activity:** Pray for boldness to fulfill your calling.
- **Reflection:** In what ways is God calling you to wait on Him? \_\_\_\_\_  
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### Day 21: Abiding in God's Love / Celebration

- **Read and Meditate on these scriptures:** John 15:9-11; Psalm 91:1-4; Psalm 150.
- **Focus:** Rejoicing in God's faithfulness.
- **Activity:** Attend the closing celebration service.
- **Reflection:** How can you continue to abide in God's love after this fast? \_\_\_\_\_  
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