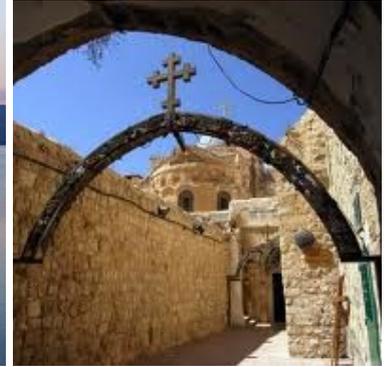
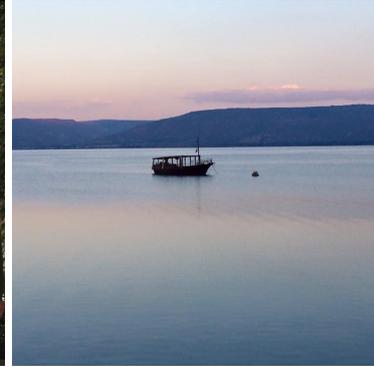




*McCabe*  
PILGRIMAGES



# A Pilgrimage to the Holy Land

led by Canon David Humphries &  
The Revd Amanda Adams

12-22 May 2020

11 days based in Jerusalem & Galilee





## A PILGRIMAGE TO THE HOLY LAND

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It is always very moving to make a pilgrimage to the Holy Land, there is so much to see and experience and learn together. St Jerome said: 'Five gospels record the life of Jesus. Four you will find in books and the one you will find in the land they call Holy. Read the fifth gospel and the world of the four will open to you.' We invite you to come and know

this for yourselves whether you are new to the Holy Land or have been many times before; there are always new sights and sounds to reflect upon. Reading the gospels will never be the same again and by visiting the Holy Land we are standing in solidarity with our brothers and sisters there too. To have the chance to meet the 'living stones', the local Palestinian and Israeli Christians who are the ongoing, living church in the region, is humbling.

Our pilgrimage will include the sites where the most important events in Our Lord's life and ministry took place: in Jerusalem and the surrounding area and further north in Galilee. We hope that if you have never been on pilgrimage to the Holy Land before you will choose to join us and, if you have been before, we welcome you back. Our journey is a life changing as well as faith changing experience.

We invite you to journey with us and to share in this great opportunity to see those places we read of in the Scriptures.

## TOUR INFORMATION

**The cost is £2,175** sharing a twin-bedded room with private facilities. We stay in two family owned and managed hotels: in Jerusalem, the three star Golden Walls Hotel overlooks the Old City walls and is within walking distance of the Holy Sepulchre. In Tiberias, we stay at the four star Ron Beach Hotel in a wonderful situation right on the lakeside. The tour is on a **full-board basis** with buffet breakfast, lunch and table d'hôte evening meal included daily.

Touring is by air-conditioned coach and we will be accompanied by a local guide who will share leadership responsibilities and look after the formalities of hotel check-ins, etc. All entrance fees and gratuities are included.

Flights are with Aer Lingus between Belfast and London Heathrow and

with EL AL Israel Airlines from Heathrow to Tel Aviv. All airport and security charges are included.

We have included most expenses in the tour cost but some items are listed separately: the travel insurance premium is £59 to age 74 and £89 if older. **No medical screening is required.** Travel insurance is essential but you may have annual or another suitable insurance.

**Single rooms are available at a supplementary cost of £525.**

Please see our note 'Travelling Alone' overleaf.

Any special requests should be noted on the booking form.

A deposit is payable now with the balance payable eight weeks prior to departure.

Your final travel documents will be posted to you approximately two weeks before departure.



## TO MAKE A RESERVATION

To reserve your place on this tour please complete the enclosed booking form and send it with a deposit of £200 plus the insurance premium of £59 / £89, to the tour leader/organiser. Please make cheques payable to 'McCabe Pilgrimages'.

Canon David Humphries  
53 Brook Meadow  
Doagh  
Ballyclare  
BT39 0QF

Tel: 028 9334 0225  
Email: wdhumphries@hotmail.com

# DAILY PROGRAMME



## Tuesday 12 May | TO JERUSALEM

Meet at Belfast City Airport for Aer Lingus flight EI930 departing at 08:45, arriving London Heathrow at 10:15. Our EL AL flight LY316 departs for Tel Aviv at 15:15 and arrives at 22:00. Transfer to Jerusalem. **Six night stay at the Golden Walls Hotel, close to the Old City and the biblical sites we shall be visiting.**

## Wednesday | MT OF OLIVES & BETHLEHEM

We start on the Mount of Olives, the place where Jesus began his triumphal entry into Jerusalem, and enjoy a panoramic view of the Old City. We walk down to visit the Church of the Ascension, the Church of the Pater Noster and the Basilica of Dominus Flevit, traditionally the place where Jesus wept over Jerusalem. En route to the Garden of Gethsemane, we pass the distinctive landmark of the Russian Orthodox Mary Magdalene Church, and arrive at the Church of All Nations with its beautiful mosaic façade. We then visit the Church of St Peter in Gallicantu, the site of the High Priest's House, before heading to Bethlehem. Lunch at The Tent restaurant and celebrate the Eucharist at Shepherds' Fields with time for shopping at a family-run co-operative. We visit Manger Square and the Basilica of the Nativity.

## Thursday | VIA DOLOROSA

We walk through the Jewish Quarter and spend time at the Western Wall to view Temple Mount (El Aqsa Mosque and the Dome of the Rock). We then walk to the Pool of Bethesda and the Church of St Anne. Lunch at Ecce Homo convent and see the Lithostrotos. We walk along the Via Dolorosa to the Church of the Holy Sepulchre stopping en route at some of the stations of the cross including the Church of the Flagellation. Continue to the Garden Tomb and end the day at Zedekiah's Cave opposite our hotel.

## Friday | DEAD SEA & MASADA

We drive into the Judean wilderness to Herod's desert fortress of Masada (going up by cable car). Continue to the Lot Hotel for lunch and an opportunity to float in the Dead Sea. Our return to Jerusalem takes us via Qumran where the Dead Sea Scrolls were discovered in 1947.

## Saturday | FREE DAY

Time to re-visit places of particular interest, take a walk around the Old City walls or spend time shopping in the souks. **Lunch is not included today.**

## Sunday | WADI QELT & JERICHO

We head to the desert oasis of Jericho, stopping en route at Wadi Qelt to celebrate the Eucharist overlooking St George's Monastery. We visit Nebi Musa (tomb of the prophet Moses) and continue to Jericho where we take the cable car up to the Mount of Temptation. Lunch at al-Rawdah garden restaurant. Afternoon visit to the Tomb of Lazarus and Jeel al Amal Boys' Home, supported by the McCabe Educational Trust.

## Monday | SAMARIA

We leave Jerusalem and head north via Ramallah to the town of Nablus and Jacob's Well. We continue to Sabastiya National Park. Lunch at the Samaria Restaurant. Visit to the remains of the Roman city built on the site of biblical Samaria where we can walk around the city walls. Continue to Tiberias and our **four night stay at the Ron Beach Hotel by the Sea of Galilee with visits to places associated with Jesus' early life and ministry.**

## Tuesday | THE LAKESIDE MINISTRY

We start at Yardenit, another possible site of Jesus' baptism, then drive to Capernaum, Jesus' Galilean base. Here we see some fascinating ruins, including the house of St Peter and a 4<sup>th</sup> century synagogue. We

continue to Tabgha, the traditional site of the Feeding of the Five Thousand, where we celebrate the Eucharist on the lakeside. We visit Mensa Christi chapel before ending our morning on the Mount of the Beatitudes with lunch in the convent guest house. Afternoon boat trip on the Sea of Galilee pausing in the middle of the lake for devotions.

## Wednesday | CAESAREA PHILIPPI

We drive north up to the Golan Heights and to Banias (biblical Caesarea Philippi). Enjoy a walk through the nature reserve with time for meditation and reflection. Lunch at Tanureen restaurant and return to Tiberias via the ancient Jewish city of Safed, one of Judaism's holiest cities. We visit the synagogues and craft shops and enjoy the views of snow-capped Mount Hermon.

## Thursday | NAZARETH

We drive to Nazareth via Cana, scene of Jesus' first miracle. Visit Nazareth Village, a living history of 1st century Galilean life, and walk through the old city from Mary's Well to the Basilica of the Annunciation via the synagogue church. Lunch at the Holy Land restaurant. Afternoon visit to the Basilica of the Transfiguration on Mount Tabor with wonderful views over the plain of Armageddon.

## Friday 22 May | HOME

A very early start for Ben Gurion airport. Our return EL AL flight LY315 departs at 10:10 arriving back at Heathrow at 13:35. Connecting flight EI935 departs at 15:15 and arrives at Belfast City Airport at 16:40.

*Please note: the itinerary may be subject to change due to local conditions. There will be quite a bit of walking. If you are at all concerned about this, please speak to the tour leader or call the McCabe office.*



# OUR PILGRIMAGE

## The McCabe Educational Trust

For many, meeting the 'Living Stones' of The Land becomes a real highlight of their pilgrimage. The McCabe Educational Trust is an independent registered charity with the aim of helping inspiring people we meet on pilgrimage. On your pilgrimage you will meet some of these people. As 'the haves' encounter the 'have nots' the Trust has become a practical tool for one to help the other.

McCabe Pilgrimages invite all travellers to become partners in this work. A £15 voluntary donation to the Trust's work is added to every pilgrim's invoice and all money raised in this way is given in full to the projects the Trust supports. This scheme is voluntary and confidential with nobody put under any pressure to participate.



## TRAVELLING ALONE

Many of our passengers travel alone and object to expensive single room supplements. McCabe Pilgrimages will accept individual bookings on a 'guaranteed share' basis. We charge the basic price and accommodate you with a person of the same sex also requesting shared accommodation. If we do not find someone to share with you, you will be accommodated in a single room at only 50% of the usual single room supplement. For single travellers who do require single accommodation this should be requested when booking and, if available, the normal supplement will be payable.

## PASSPORTS, VISAS AND HEALTH

Please ensure that your passport is valid for at least six months after the time of this pilgrimage. If you need a new passport apply early as there can be considerable backlogs at the passport offices. A visa is issued free of charge on entering Israel and there are currently no further requirements for entering the Palestinian territories. **If you are holding a non-British passport, or require further advice, please consult the McCabe office.** No inoculations are required but we advise you to consult your doctor regarding your own personal requirements.

## TRAVEL INSURANCE

**A unique feature of the McCabe recommended policy is that you will not need to call a medical help line to discuss health issues. Most pre-existing health conditions are covered as long as your doctor agrees that you are fit to travel.**

Travel insurance is arranged by **Global Travel Insurance Services Ltd** for **McCabe Travel Ltd** who are an Appointed Representative of Global Travel Insurance Services Ltd, authorised and regulated by the Financial Conduct Authority. Our status can be checked on the FCA Register by visiting [www.fca.org.uk](http://www.fca.org.uk) or by contacting the FCA on 0845 606 9966. This Insurance is underwritten by ERV. ERV is authorised by the Bundesanstalt für Finanzdienstleistungsaufsicht (BAFIN – [www.bafin.de](http://www.bafin.de)) and the Prudential Regulation Authority and subject to limited regulation by the Financial Conduct Authority and Prudential Regulation Authority.

It has been specifically designed so that it covers all McCabe holidays; protecting you in full if you have to cancel and providing you with the very best and most effective protection if you are unfortunate enough to require medical attention whilst away.

Standard exclusions apply and are listed on the summary document. Please check that you are not affected by the Main Health Exclusions. You will not be covered for any ongoing tests or treatment of an undiagnosed condition, or for any terminal illness, or if you claim as a result of a condition arising within the past twelve months.

Note that you will pay an excess of £1,000 on any claim that results directly from a pre-existing medical condition. In our experience a very few claims result from pre-existing medical conditions. With this policy you are covered with no declaration of health required.

A full policy wording will be sent to you with confirmation of your booking, or ask us and we will send you a copy now. Full details are also on our website. If you would like more information or are unsure of any details, please call Global Travel Insurance Services Ltd for further advice on 01903 235042. This insurance is only available to persons who are permanently resident in the UK.

## AITO Quality Statement

McCabe Pilgrimages is a member of the Association of Independent Tour Operators. The Association represents Britain's leading independent tour operators and encourages high standards of quality and service. McCabe abides by the Association's Code of Conduct and adheres to the AITO Quality Charter which can be viewed on [www.aito.co.uk](http://www.aito.co.uk). Visit the website to find out more about the Association or call 020 8744 9280.

**This pilgrimage is ATOL protected by the Civil Aviation Authority.**

**The McCabe ATOL number is 2920.**



11 Hillgate Place London SW12 9ER

Email [info@mccabe-travel.co.uk](mailto:info@mccabe-travel.co.uk) Telephone 020 8675 6828 [www.mccabe-travel.co.uk](http://www.mccabe-travel.co.uk)