

The Dance Studio of Swift Current

Nurturing Successful Humans through DANCE!



2022-23 Information Booklet

Located at:
402 9th Ave NW
Swift Current, Sk.
S9H 1B1

306-773-2807

tdssc@icloud.com
www.tdsswiftcurrent.ca

This booklet was designed to give you an overview of our classes and information on the studio. If you have any further questions, please contact Miss Melissa at 306-773-2807 or by email at tdssc@icloud.com



***Miss Melissa Wallace, CDTA-L, ARAD, RAD RTS
Owner & Artistic Director***

- *CDTA Sk Branch President
- *CDTA Ballet Examiner
- *CDTA National Event Coordinator

- * Licentiate CDTA Ballet
- * Licentiate CDTA Tap
- *Licentiate CDTA Jazz
- *Associate CDTA Modern
- * Registered Teacher Royal Academy of Dance (RAD)
 - * ADAPT Accredited Teacher - Tap & Jazz
 - * Member SDTA Highland

- * Advanced Two RAD Ballet Certificate
 - * Acrobatic Arts Certified
- * Intermediate Three ADAPT Tap & Jazz Certificate
 - * Advanced CDTA Ballet, Tap & Jazz Certificate
- * Scottish Award Five SDTA Highland Certificate

- * Trained with:
 - o Drewitz School of Dance
 - o Maritime Conservatory of Performing Arts

- * Competition Adjudicator
- * Recipient of numerous choreography awards

- *Safe Places Certified

At The Dance Studio, we believe in nurturing the personal growth of every student while offering a high standard in quality dance education.

I am really looking forward to The Dance Studio's FIFTEENTH season and would like to thank you for enrolling your child in The Dance Studio. I look forward to getting to know your dancer and working with them to nurture and grow their passion for dance.

The Dance Studio is committed to offering qualified, professional instruction to students of all ages in the disciplines of Ballet, Tap, Jazz, Highland, Musical Theatre, Lyrical, Pointe, Acro, Conditioning, Pre-School & Adult Programs. Classes are taught following the professional syllabi of The Canadian Dance Teachers' Association (CDTA), Scottish Dance Teachers' Alliance (SDTA), Royal Academy of Dance (RAD), Associated Dance Arts for Professional Teachers (ADAPT) and Acrobatic Arts.

It is important that parents and dancers feel informed about all events, special dates, and happenings at The Dance Studio. To keep everyone informed, The Dance Studio will be sending out newsletters during the year as well as notices of upcoming events – holidays, exams, and performances. We will also be holding two viewing weeks where parents will be able to attend their child's class to see their progress. The first viewing week will be held the last week of September (Mon. Sept. 26th – Fri. Sept 30th, 2022).

Classes for the 2022-23 season commence Tuesday September 6th, 2022, and will run until the last week of May 2023.

Fall 2022-23 registration dates: **August 22-23, 2022**

Walk-in registrations during the hours of 2:00-4:00 PM
Registration by appointment during the hours of 4:00-8:00 PM

**New & Used Shoe Sales will be held at the studio during August registration
(watch our Website & social media pages for dates & times)**

FIRST STEPS Program

At The Dance Studio, we offer classes to children as young as two years old. Our First Steps Program introduces our youngest dancers to the joy of dance through music, movement, and the foundations of Ballet, Tap, Jazz & Highland.

The class structure in the First Steps Program is:

Small Stars... a class for 2-3 years old...first introduction to basic Ballet & Tap through music, movement, and storylines

Tiny Tappers... a class for 2.5-3.5 years old...progress further into the fundamentals of Ballet & Tap

Mini Movers... a class for 3-4 years old...build onto progressions of Ballet & Tap

Petite Performers... a class for 4-5 years old...build onto progressions of Ballet & Tap, with an introduction to Jazz & Highland...prepares students to transition from the First Steps Program into the Fundamentals Program

What to expect:

- **First Steps Program** is for all children ages 2-5
- **Weekly classes** (not including holidays)
- **Dress rehearsal** (prior to recital)
- **Picture days** (spring)
- **Perform on stage in year-end recital**



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PROGRESSIONS Program

The **Progressions Program** offers students performance-based evaluations, where students execute the steps/exercises they have learned in class for a trained and certified dance examiner who will award the students with feedback to help them progress in their dancing. Upon taking at least **one Progression** per season (minimum 1 discipline), dancers will continue to progress through the levels with their dance team.

Evaluation in the **Progressions Program** is based on several key components:

- **Dancer's memory** – the ability to retain the memory of each step/exercise and perform their best for feedback. Memory is gained through the repetition of practicing in class and at home.
- **Musicality** – the ability to dance in-time and in-rhythm to the music. Dance is a visual art that is enhanced by music. In training, students learn their steps/exercises to set music to help with the performances, style, and dynamics of the movements. Musicality is a very important part of each Progression, and practicing at home to the set music not only improves a dancer's skill and performance, but it helps to trigger memory.
- **Performance** – the ability to show expression and performance through the face, body, and movements to fit the mood of each step/exercise.
- **Technique** – the ability to correctly show the physical movement of each step/exercise to the best of the current ability of the student. Muscle memory comes from repetition and practice. In class, dancers are taught and guided on the proper technique, and then asked to practice at home to help retain the muscle memory.

Progressions are an important step in the growth of any dance student. At The Dance Studio, we train our dancers in high-quality, well-established professional dance syllabi. Each of these syllabi offers a different style & discipline of dance and Progressions at every level. Students have the opportunity to progress from the beginner level to Advanced levels, and then to Professional levels.

Positive Parent Support is another major key-component to the confidence level and success of students in their Progressions. The positive encouragement children receive at home to keep practicing and doing their best to work on Memory, Musicality, Performance, and Technique will help immensely with their outlook on Progressions. Parents are encouraged to remind their dancers to practice, to utilize the tools available (music, notes, videos) to better help their dancers practice, and to talk with their dancers about the growth & positives that come from taking part in **Progressions**.

Each time a student successfully completes a Progression level, they will move on to the next level the following season.

FUNDAMENTALS Program

At The Dance Studio, our Fundamentals Program is designed to enhance our young dancers' experience in dance through performance and goal-setting.

The classes offered in the Fundamentals Program are:

Ballet... required for all students to develop and train the proper base for technique, artistry, and performance

Tap

Jazz

Highland

Musical Theatre

Acro

What to expect:

- **Fundamentals Program** is for all children ages 6-11
- **Weekly classes** (not including holidays)
- Opportunity to participate in our **TDS Progressions Program**
- Perform in 1-2 **competitions**
- **Dress rehearsal** (prior to recital)
- **Picture days** (spring)
- **Perform on stage in year-end recital**



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CORE Program

At The Dance Studio, our Core Program is designed to help students grow toward realizing their potential as dancers through regular training, Progressions, and performance opportunities.

The classes offered in the Core Program are:

Ballet... required for all students to develop and train the proper base for technique, artistry, and performance

Tap

Jazz

Highland

Musical Theatre

Acro

Lyrical... offered to students in Grade 2-3 Ballet & up who are ALSO taking Jazz class.

What to expect:

- **Core Program** is for all children ages 10-14
- **Weekly classes** (not including holidays)
- Opportunity to participate in our **TDS Progressions Program**
- Perform in 2-3 **competitions**
- **Dress rehearsal** (prior to recital)
- **Picture days** (spring)
- **Perform on stage in year-end recital**



ELITE Program

At The Dance Studio, our Elite Program is designed to help students realize their dance dreams...
...whether it is dancing purely for the love of dance, or pursuing a career in dance.

The classes offered in the Elite Program are:

Ballet... required for all students to develop and train the proper base for technique, artistry, and performance

Pointe

Tap

Jazz

Highland

Musical Theatre

Acro

Lyrical

What to expect:

- **Elite Program** is for all children ages 11-18
- **Weekly classes** (not including holidays)
- Opportunity to participate in our **TDS Progressions Program**
- Perform in 2-3 **competitions**
- **Dress rehearsal** (prior to recital)
- **Picture days** (spring)
- **Perform on stage in year-end recital**



RECREATIONAL Program

At The Dance Studio, our Recreational Program is for the child ages 6-13 who wants to return to dance after some time away...and for the child new to dance, wanting to try dance with no commitment.

The classes offered in the Recreational Program are:

Ballet

Tap

Jazz

Highland

Hip Hop

Acro

What to expect:

- **Recreational Program** is for all children ages 6-13
- **8-week sessions** (not including holidays)
- Fun dance classes with no Progressions or Performances



Recreational...



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ADULT Program

At The Dance Studio, our Adult Program is for everyone age 19+, and offers a wide variety of dance styles. We welcome all levels of experience – from your very first class to trained dancers.

The classes offered in the Adult Program are:

Ballet

Tap

Jazz

Highland

Couples' Dance Classes

What to expect:

- **Adult Program** is for all children ages 11-18
- **8-week sessions** (not including holidays)
- Fun dance classes with no Progressions or Performances



Attire & Grooming for Class

Grooming for all students:

- Always wear the required outfit to class (as per attire charts below)
- Hair pull up neatly into a bun (bangs gelled back off face)
- No hanging jewelry
- No chewing gum

FIRST STEPS PROGRAM - Class Attire

ATTIRE

FIRST STEPS PROGRAM - Class Attire - Girls & Boys

Class	Shoes	Attire	Tights/Socks	Hair
All FIRST STEPS PROGRAM classes {Girls}	Pink <i>Bloch</i> Leather Full-Sole Ballet Slipper; Black <i>Capezio</i> Patent Tap Shoe	Pink or Purple <i>Mondor</i> bodysuit (can also wear a skirt)	#314 Ballerina Pink <i>Mondor</i> tights #314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
All FIRST STEPS PROGRAM classes {Boys}	White <i>Bloch</i> Leather Full-Sole Ballet Slipper; Black <i>Capezio</i> Patent Tap Shoe	Black shorts & White t-shirt	White socks	n/a

FUNDAMENTALS, CORE, ELITE, and RECREATIONAL PROGRAM - Class Attire

FUNDAMENTALS, CORE, & ELITE PROGRAM:

Ballet Class Attire - Girls & Boys

Class	Shoes	Attire	Tights/Socks	Hair
{Girls} Fundamentals Ballet	Pink <i>Bloch</i> Leather Full-Sole Ballet Slipper	Pink <i>Mondor RAD</i> tank style bodysuit (pinch front)	#314 Ballerina Pink <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Fundamentals Ballet	White <i>Bloch</i> Leather Full-Sole Ballet Slipper	Black shorts & White t-shirt	White socks	n/a
{Girls} Core Ballet	Pink <i>Bloch</i> Leather Full-Sole Ballet Slipper	Royal Purple <i>Mondor RAD</i> bodysuit	#314 Salmon <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Core Ballet	White <i>Bloch</i> Leather Full-Sole Ballet Slipper	Black shorts & White Leotard	White socks	n/a
{Girls} Elite Ballet	Pink <i>Bloch</i> Leather Split-Sole Ballet Slipper; <i>Gaynor Minden</i> Pointe Shoes	Black <i>Mondor RAD</i> bodysuit	#314 Salmon <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Elite Ballet	White <i>Bloch</i> Leather Split-Sole Ballet Slipper	White Leotard (tucked into tights)	White socks worn over black tights (with dance belt)	n/a

RAD Ballet Class Attire - Girls & Boys

Class	Shoes	Attire	Tights/Socks	Hair
{Girls} Intermediate Foundation	Pink <i>Bloch</i> Leather Full-Sole Ballet Slipper with Ribbons; <i>Gaynor Minden</i> Pointe Shoes	Purple <i>Mondor RAD</i> bodysuit	#314 Salmon <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Intermediate Foundation	White <i>Bloch</i> Leather Full-Sole Ballet Slipper	White Leotard (tucked into tights)	White socks worn over black tights (with dance belt)	n/a
{Girls} Intermediate	Soft Blochs with Ribbons; <i>Gaynor Minden</i> Pointe Shoes	Black <i>Mondor RAD</i> bodysuit	#314 Salmon <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Intermediate	White <i>Bloch</i> Leather Full-Sole Ballet Slipper	White Leotard (tucked into tights)	White socks worn over black tights (with dance belt)	n/a
{Girls} Advanced Foundation - Advanced I	Soft Blochs with Ribbons; <i>Gaynor Minden</i> Pointe Shoes	Black <i>Mondor RAD</i> bodysuit; Black <i>RAD Mondor</i> short skirt (style 16207)	#314 Salmon <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Advanced Foundation - Advanced I	White <i>Bloch</i> Leather Full-Sole Ballet Slipper	White Leotard (tucked into tights)	White socks worn over black tights (with dance belt)	n/a
{Girls} Advanced II	Soft Blochs with Ribbons; <i>Gaynor Minden</i> Pointe Shoes	Black <i>Mondor RAD</i> bodysuit; Black <i>RAD Mondor</i> short skirt (style 16207)	#314 Salmon <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Advanced II	White <i>Bloch</i> Leather Split-Sole Ballet Slipper	White Leotard (tucked into tights)	White socks worn over black tights (with dance belt)	n/a

FUNDAMENTALS, CORE, ELITE, and RECREATIONAL PROGRAM - Class Attire

Tap & Jazz Class Attire - Girls & Boys

Class	Shoes	Attire	Tights/Socks	Hair
{Girls} Fundamentals & Core TAP	Beige <i>Bloch</i> Leather Buckle-Up Tap shoes	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Fundamentals & Core TAP	Black lace-up <i>Bloch</i> Tap Shoes	Black shorts & White t-shirt	White socks	n/a
{Girls} Fundamentals & Core JAZZ	Beige <i>Bloch</i> slip-on Jazz Shoe	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Fundamentals & Core JAZZ	Black <i>Bloch</i> slip-on Jazz Shoe	Black shorts & White t-shirt	White socks	n/a
{Girls} Elite TAP B	Beige <i>Bloch</i> or <i>Capezio</i> lace-up Tap shoes	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Elite TAP B	Black <i>Bloch</i> slip-on Tap Shoe	Black shorts & White t-shirt	White socks	n/a
{Girls} Elite JAZZ	Beige <i>Bloch</i> slip-on Jazz Shoe	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Elite JAZZ	Black <i>Bloch</i> slip-on Jazz Shoe	Black shorts & White t-shirt	White socks	n/a
{Girls} Elite TAP A	Black <i>Bloch</i> or <i>Capezio</i> lace-up Tap shoes	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.

FUNDAMENTALS, CORE, and ELITE PROGRAM:

SDTA Highland Class Attire - Girls & Boys

Class	Shoes	Attire	Tights/Socks	Hair
{Girls} Fundamentals Highland	Black full-sole Leather Highland Ghillies	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Fundamentals Highland	Black full-sole Leather Highland Ghillies	Black shorts & White t-shirt	White socks	n/a
{Girls} Core Highland	Black full-sole Leather Highland Ghillies	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Core Highland	Black full-sole Leather Highland Ghillies	Black shorts & White t-shirt	White socks	n/a
{Girls} Elite Highland	Black full-sole Leather Highland Ghillies; Red Jig Shoes	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Elite Highland	Black full-sole Leather Highland Ghillies; Red Jig Shoes	Black shorts & White t-shirt	White socks	n/a

FUNDAMENTALS, CORE, and ELITE PROGRAM:

Acro, Lyrical & Musical Theatre Class Attire - Girls & Boys

Class	Shoes	Attire	Tights/Socks	Hair
{Girls} Acro	Bare Feet	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun
{Boys} Acro	Bare Feet	Black shorts & White t-shirt	n/a	n/a
{Girls} Lyrical	Beige <i>Capezio</i> Freeform Lyrical Shoes	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun
{Boys} Lyrical	Black <i>Bloch</i> slip-on Jazz Shoe	Black shorts & White t-shirt	White socks	n/a
{Girls} Musical Theatre	Beige <i>Bloch</i> slip-on Jazz Shoe	Ballet Bodysuit	#314 Suntan Beige <i>Mondor</i> tights	Hair pulled up in a bun with bangs gelled back.
{Boys} Musical Theatre	Black <i>Bloch</i> slip-on Jazz Shoe	Black shorts & White t-shirt	White socks	n/a

Recital

Recital is the annual year-end performance showcasing the students' dance skills and what they have learned throughout the year. This performance is a fun and wonderful opportunity for the students to present what they have worked on so diligently throughout the year. It offers parents, family members and friends of the students a chance to see what their dancers have been working towards.

As well as being a performance for the students, recital is a wonderful opportunity for the dancers to grow in confidence (performing for large audiences); dance ability (working hard all year on the steps they will put into the recital routines); and overall love and enjoyment of dancing.

At The Dance Studio, we feel it is very important for all students to participate in the recital as it gives them a goal to strive towards for the end of the year and promotes teamwork through dancing together in groups. All students are required to participate in the year-end recital.

A digital recital video keepsake purchase will be included with your September tuition. This will ensure your copy of this amazing video is reserved well in advance.

Dress rehearsal is another very important aspect of the year-end performance. This is the students' chance to practice their dances on stage in costume in the running order of the recital. It prepares them for dancing on the stage and gives them a sense of excitement and confidence so that they will have a fun and enjoyable experience during the actual performance. All students will be required to be at dress rehearsal in full costume, hair, and make-up to assure the show will run smoothly and that all students feel prepared.

In the spring, we will be taking pictures of all of the groups, solos, duos, and trios who perform in recital and competition. On picture day, we request that all students be present for the pictures in full costume, hair, and make-up. These pictures will be for sale to the dancers and parents as keepsakes for the years to come. You and your dancer will have the option to purchase a group picture, a group and individual picture, or no pictures depending on your preference.

We will be holding meetings about costumes and make-up, pictures, and recital in the spring. Dates will be sent out after Christmas.

Costumes

All dancers will be required to order one costume for each class they are in (excluding stretch) for competitions and the year-end recital. We will be ordering the costumes from suppliers across Canada and the U.S.

All costume fees will be due by November 1st, 2022. This allows ample time to order the costumes and receive them before our first performance.

Competition

Students participating in competition will be decided at the discretion of the instructor.

All dancers in the Fundamentals Program, Core Program, and Elite Program will be competing as part of their group(s) in 1-3 competitions. This season, our tentative dates for competition are:

March 10-11, 2023,

March 17-19, 2023,

April 14-16, 2023.

Competition is an exciting and wonderful opportunity for students. It is a chance for the dancers to showcase their talents in front of a live audience as well as professional adjudicators who offer the students invaluable insights about their dancing. Dancing in competition instills in the students a strong sense of self-confidence, teamwork, and respect for other dancers.

Competition choreography will be included in regular classes. After Christmas, the schedule may change slightly to allot more time for choreography. Information about any changes will be sent out as soon as possible.

Solos, Duos, and Trios

Students wishing to participate in solos, duos or trios in competition must show a strong work ethic in class, a positive attitude when at the studio, and a dedication to practicing their dances on their own.

Only students taking Progressions will be eligible for solos/duos/trios.

Solos, duos, and trios will be choreographed in private or semi-private lessons outside the regular class hours. These lessons will be scheduled between 11:00 am and 4:00 pm Mondays to Fridays.

A meeting with the instructor will be required before signing up to participate in a solo, duo or trio at competition.