



Informed Consent for Psychological Services: Couples

Treatment, Risks, & Length of Services:

Most people benefit from psychotherapy. It requires work and can be uncomfortable to discuss topics you have typically avoided. Therapy varies in length, depending upon your goals.

Confidentiality:

The privacy and confidentiality between us is generally legally protected. Normally, information can only be released with your written permission. Exceptions to confidentiality include:

1. Harm to a child or dependent.
2. Intent to commit suicide or homicide.

Dr. Sullivan makes every effort to work with clients through suicidal thoughts or intention, but if a person decides to follow through and attempt suicide, she is required to report it.

Dr. Sullivan keeps confidential records of every session. Please note that, though she makes every effort to keep communication secure, emails and texts could become compromised.

In order to maintain a high level of competency, she consults with other professionals and might consult about you. Personal identities and life situations are always disguised, and identifying information is kept confidential.

Though Dr. Sullivan does keep the information about you as a couple private, she does not keep secrets between you. If one of you tells her something the other does not know, she will be happy to help you figure out how best to share that information with your partner.

This consent form cannot cover every possible exception, and you are encouraged to ask for any further clarification if you have any questions.

Training, Experience, & Professional Activities:

Dr. Sullivan received her doctorate degree from Pacific Graduate School of Psychology (now called Palo Alto University) in Palo Alto, CA, and completed on year of post-doctoral training with adult ex-offenders. Since that time, she has provided services in a variety of services and modalities. Please ask if you have questions about her experience.

Coaching Calls:

If you are experiencing a crisis, you may call Dr. Sullivan. This is not a therapy session, but has a specific protocol, which will be explained to you. You will be billed for every 4 phone calls; otherwise, there is no extra charge for this service.

Please note that she will answer these calls if she is available and capable of providing a high quality of service; otherwise, you will not receive a response until she is able to do so.

Fees:

\$227.⁰⁰ per 50-minute session, \$340.⁰⁰ per 80-minute session. 4 coaching calls will be billed \$227.⁰⁰.

Cancellations:

Once we decide to work together, be aware that Dr. Sullivan reserves a special time specifically for you. You will be billed \$227.⁰⁰ for any missed appointments that are not cancelled at least 24 hours prior.

Emergency Services:

In an emergency or immediate crisis, contact 911, an emergency room, or a crisis service. For urgent, but non-emergency needs, please call for coaching. You may leave a message at (403) 690-2663. Dr. Sullivan will respond as soon as possible.

I have read and understand this agreement. All questions have been answered to my satisfaction. I accept, understand, and consent to participate in treatment. I give Bonnie J. Sullivan, Ph.D. permission to inform the individual who referred me to her that I followed through with this referral.

Print Name

Signature

Date

Print Name

Signature

Date