

**January and February 2026**

**Thursday Evenings from 7:00 to 9:00 PM**

**Rev. Ginger Glasser warmly invites you to a time of learning, practice, and meaningful reflection on the following topics:**

January 8<sup>th</sup>: A Daily Meditation Practice: the bridge to the innate wisdom and comfort of our spiritual self.

January 15<sup>th</sup>: Meeting your Higher Self and Soul: How these aspects of self are able to advise and support us.

January 22: Who are YOUR spirit guides?

January 29: Connecting with the Guidance of the Holy Spirit

February 5<sup>th</sup>: Working with Angels

February 12<sup>th</sup>: Who are the Ascended Masters?

February 19<sup>th</sup>: Simple daily rituals to help us in grounding, centering, and to move into high vibrational alignment.

February 26<sup>th</sup>: A sharing time on any of the previous weeks topics: to ask questions, to share successes and failures, to renew your practices, to encourage one another.

**These Thursday Evening Offerings are *FREE*.**

**A voluntary contribution may be made to**

**The Sacred Light Fellowship.**

