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# **JOB SHADOW EXPERIENCE**

## **Out of School Observation**

This form must be turned in to the school office no less than **1 week** prior to date of Job Shadow.

This out-of-school job shadowing experience will count towards your school attendance for the date approved *as long as you have a minimum of 6 hours at the job and this form is signed by the Career Mentor.*

### **STEP 1: Student fills out, gets parent signature and returns form for approval.**

Student Name:	Grade:	Date of Job Shadow:
Phone:	Email:	
Contact / Career Mentor:	Job Title:	
Phone:	Email:	
Business Name & Location:		

### **STEP 2: Parent Permission**

I hereby give permission for my child to participate in this job shadowing opportunity. I realize that some jobs and work environments hold inherent risks. I agree to absolve the school and any school official from any liability and responsibility, and hereby expressly waive all liability or responsibility, for any accident injury, illness, damage, or other result in conjunction with this activity.

Parent Signature:	Date:
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### **STEP 3: Student must write 3-5 goals for this job shadow experience.**


### **STEP 4: Principal Review & Approval Signature**

Principal Signature:	Date:
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### **STEP 5: Attend job shadow & obtain signature of Career Mentor**


Career Mentor Signature:	Date:
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# Job Shadow Experience **Assignment**

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## ► Interview Career Mentor:

 What did you do for a living before this?

 What academic subjects are important for you to know in order to do your job?


 Do you like your job?


 How did you get to where you are?

 Was your path typical / not typical?

 What might you do differently if you started over?

 What do you enjoy most/least about your work?

 Do you travel for work? Where have you been that is cool?

 Does your job have any "perks"?

Additional Notes:

## ► Write a 1 page paper detailing how you spent your day during the Job Shadow Experience.

Consider the following:

What did you do?

What you learned... Did anything surprise you?

How did you meet your goals?