



Breakfast Menu

Please order & pay at the front counter or order online
Public Holiday surcharge 15%, Sunday surcharge 10%

GF Options Available

19.8

SMASHED AVO ON SOURDOUGH (V)

Avocado | Cherry Tomato | Danish Feta | Balsamic Glaze
try it with bacon \$5 , add X1 egg \$3, X2 eggs \$5

14.8

EGGS ANYWAY WITH SOURDOUGH add your choice of sides (V)

The house made relish is really good! \$1

16.5

BLAT served on a wrap OR roll

Bacon | Lettuce | Avocado | Tomato | Cheese | Aioli
add scrambled egg OR Fried Egg \$3

20.5

EGGS BENEDICT

Spinach | Two Poached Eggs | Hollandaise Sauce | Sourdough
goes with mushroom \$5, ham \$4, bacon \$5

20.5

BUTTER GARLIC MUSHROOMS & SCRAMBLED EGGS

served on sourdough with relish
add bacon \$5

14

BACON & EGG ROLL WITH CHEESE

(Gluten free buns & bread available \$2)

Choice of sauce or relish | Great with Avocado \$2, Hash Brown \$2

32

POPPYSEED BIG BREAKFAST

Bacon | X2 Eggs | Hash brown | Chipolata | Mushroom | Grilled
tomato | Sourdough | Relish

8.5

TOASTED SOURDOUGH with butter, peanut butter, vegemite or jam (V)

8.5

FRUIT & WALNUT SOURDOUGH TOAST with butter (V)

10.5

HAM & CHEESE CROISSANT

add sliced tomato \$2, add relish \$1, add avo \$4

21.9

PANCAKE STACK (V)

X2 Large Buttermilk Pancakes
Butterscotch Sauce OR Maple syrup
Ice-cream | Mixed Berry Compote
add pancake \$4

9

KIDS SCRAMBLED EGGS on toast

add sauce or relish \$1, add bacon \$4

11.5

KIDS PANCAKES (V)

X1 Pancake w/ Butter | Maple Syrup
add scoop of ice-cream \$3

5

3

3

4

5

5

4

SIDES

X2 Poached Eggs

Hash Brown

Grilled Tomato

Avocado

Mushroom

Bacon

X1 Chipolata

Lunch Menu

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- 19.8** **SMASHED AVO ON SOURDOUGH** (V)
Avocado | Cherry Tomato | Danish Feta | Balsamic Glaze
try it with bacon \$5
- 16.5** **BLAT** served on a wrap OR roll
Bacon | Lettuce | Avocado | Tomato | Cheese | Aioli
add scrambled egg OR fried egg \$3
- 16.5** **MEDITERRANEAN TURKISH MELT**
Salami | Olives | Sun Dried Tomatoes | Red Onion | Spinach
Cheese | Pizza Sauce
add fries \$5.5
- 16.5** **PESTO CHICKEN MELT**
Grilled Chicken | Pesto | Cheese | Red Onion | Spinach | Aioli
add fries \$5.5
- 22.8** **POPPYSEED BURGER** comes with a side of fries
House made Beef Patty | Tasty Cheese | Onion
Tomato Sauce | Mustard | Lettuce | Tomato
add bacon \$5, add beetroot \$2, and a fried egg \$3
- 18.5** **CAESAR SALAD**
Chicken | Lettuce | Bacon | Parmesan | Croutons | Dressing
- 20.5** **ROAST PUMPKIN & FETA SALAD**
Lettuce | Pumpkin | Feta | Onion | Beetroot Relish | Tomato | Walnuts | Dressing
even better with chicken \$5
- 14** **BACON & EGG ROLL WITH CHEESE** (Gluten free buns & bread available \$2)
Choice of sauce or relish | Great with Avocado \$2, Hash Brown \$2
- From \$12** **TOASTIES**
Ham & Cheese \$12 | Tomato & Cheese \$12
Ham, Cheese & Tomato \$12.50
Chicken & Cheese \$13.50
Chicken, Avo & Cheese \$14.00
- 14.5** **SALAD WRAPS**
Ham & Salad OR Chicken Caesar Wrap
- 26.5** **BATTERED BARRAMUNDI**
served with chips, salad and tartare sauce
- 9** **BASKET OF FRIES** (GF,V)
great with aioli or a side of sauce \$1
- KIDS LUNCH MENU**
- 12** Chicken Chippies & Chips + sauce
- 12** Ham & Cheese Toastie



Hot Drinks

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4.2 | 4.7

Cup 5.5

Mug 6.3

Cup 6

Mug 6.8

0.8

0.8

0.8

Pot for 1

5.5

Espresso | Piccolo & Macchiato

Cappuccino, Latte, Flat White, Long Black, Mocha add +\$1

Hot Chocolate, Chai Latte, Dirty Chai Latte add +\$1

Specialty Hot Drinks

White Hot Chocolate | Beetroot Hot Chocolate

Beetroot Latte | Turmeric Latte | Peppermint Hot Chocolate

2.5 Baby Chino 0.5 Decaf

Alternative Milks | Lactose Free, Oat, Almond, Soy

Syrups | Caramel, Vanilla, Hazelnut,

Extra Shot

Loose Leaf Teas

English Breakfast | Earl Grey | Green Sencha | Masala Chai

Camomile | Forest Berry | Peppermint | Lemongrass & Ginger

Cold Drinks

9

Iced Drink | chocolate, coffee, mocha (add .5)
with ice-cream & whipped cream

7

Iced Latte | just ice, coffee & milk

7

Iced Chai | just ice, chai & milk

6.2

Iced Long Black | just ice, coffee & water

9

Smoothie | Banana, Berry, Tropical

7

Kids Smoothie | Banana, Berry, Tropical

6.5 | 8

Milkshakes | see milkshakes menu board

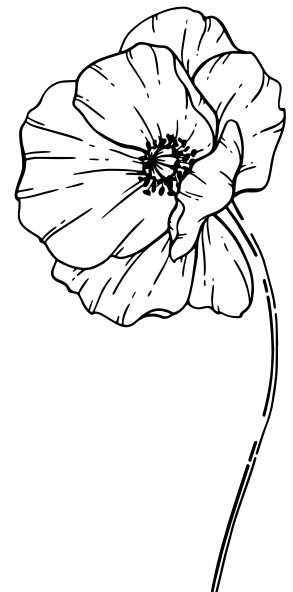
7.5 | 9.5

Thickshakes | see milkshakes menu board

6.5

Mumblepeg | fresh orange juice OR orange/passionfruit juice

Soft Drinks, Juice, Water | see our drinks fridge



Icecream

Icecream & Gelato | changing flavours (GF, V)

Cup 6 | 1 Scoop
8.5 | 2 Scoops

Waffle Cone 7 | 1 Scoop
9.5 | 2 Scoops