

## **River Dell Blackhawks Covid-19 Case response plan**

The following protocols are provided to assist teams when deciding how COVID-19 positive tests or exposures should be handled during the fall 2020 season.

### **Close Contact:**

Per the NJ Department of Health COVID-19 Public Health Recommendations for Local Health Departments for K-12 Schools, "close contact" is defined as being within six feet of someone with suspected or known COVID-19 for at least 10 consecutive minutes at least two days before the positive test or two days before symptoms appeared. CDC guidelines indicate close contact also means living in the same household or being in direct contact with secretions from someone with suspected or known COVID-19. Close contact does not include brief interactions, such as walking past someone.

### **Contact Tracing:**

The River Dell Blackhawks will utilize team snap to support contact tracing of who has attended practice and games. Coaches must support by assuring accurate tracking via TeamSnap.

*Goalkeeper and Parisi:* Due to Team snap set up there will be a google form required to be completed for those attending these sessions and club will provide via email prior to first session and require for each session

### **Return to Play:**

Any player who tests positive for COVID-19 must be cleared by either a Doctor of Osteopathic Medicine (DO) or a Doctor of Medicine (MD). Clearance must be provided in writing to the coach and River Dell Blackhawks board before return to play is allowed.

### **Reporting of positive tests to Opponents:**

If a River Dell Blackhawks player tests positive for COVID-19 the coach must notify the other team if they have played them within 2 days of the positive test (based on close contact guideline above).

### **Type of Test Required:**

Viral PCR test is required as is more accurate

Scenarios:

<p><b>Travel Quarantining Policy:</b> Travel policy adherence for those going away during spring season: Players and coaches returning from any U.S. state or territory beyond the immediate region (New York, Connecticut, Pennsylvania, and Delaware) should self-quarantine following recommendations from the CDC</p>	<ul style="list-style-type: none"> <li>- Travelers should consider getting tested with a viral test 3-5 days after the trip.</li> <li>- If travelers test positive, they should <b>self-isolate for at least 10 days</b></li> <li>- If travelers test negative, they should <b>quarantine for a full 7 days after travel.</b></li> <li>- If testing is not done (or if the results are delayed), travelers should <b>quarantine for 10 days after travel.</b></li> </ul>
<p><b>Scenario A-1: Family member showing symptoms</b> If a family member is showing any symptoms of COVID-19 but not yet tested (ie, sore throat, runny nose, fever)</p>	<p><b>Protocol for response:</b></p> <ul style="list-style-type: none"> <li>- The player must not attend practice/game until family member is tested/confirmed if they have COVID-19</li> <li>- If positive please refer to Scenario 2 response</li> <li>- If negative the player may return to play</li> </ul>
<p><b>Scenario A-2 : Family member quarantining</b> If a family member is placed under quarantine for having contact with a COVID-19 positive individual (e.g., A sibling had direct contact in class at school with a positive case and the school has instructed to quarantine; A parent at work had direct contact with a case).</p>	<p><b>Protocol for response:</b></p> <ul style="list-style-type: none"> <li>- The club asks that all family members review if family member is unable to physically quarantine (ie shares room with sibling or based on living situation cannot remain away from others in household)</li> <li>- If unable to quarantine appropriately we ask that the player also quarantine for 7 days to assure no risk to team</li> </ul>
<p><b>Scenario 1:</b> A player or coach has had close contact with a <b>suspected</b> COVID-19-positive individual outside the soccer environment (e.g. same household, party, or any other event outside of team activity)</p>	<p><b>Protocol for response:</b></p> <ul style="list-style-type: none"> <li>- Parent should contact their doctor and notify the River Dell Blackhawks coach and board ASAP.</li> <li>- Individual should be vigilant and check for symptoms multiple times a day.</li> <li>- If contact tests positive, refer to the next scenario below.</li> <li>- A player/coach may return:             <ul style="list-style-type: none"> <li>o After day 10 without testing</li> <li>o After day 7 after receiving a negative test result (test must occur on day 5 or later)</li> </ul> </li> <li>- <b>Team play may continue.</b></li> </ul>

<p><b>Scenario 2:</b> A player or coach has had close contact with a <b>positive</b> COVID-19 individual outside the athletic environment (e.g. same household, party, or any other event outside of team activity).</p>	<ul style="list-style-type: none"> <li>- Individual should quarantine immediately for 10 days.</li> <li>- Parent should contact their doctor and notify the River Dell Blackhawks coach and board ASAP.</li> <li>- A player/coach may return: <ul style="list-style-type: none"> <li>o After day 10 without testing</li> <li>o After day 7 after receiving a negative test result (test must occur on day 5 or later)</li> </ul> </li> <li>- <b>Team play may continue.</b></li> </ul>
<p><b>Scenario 3:</b> One player or coach tests positive, regardless of whether contact was inside or outside of Blackhawks environment.</p>	<ul style="list-style-type: none"> <li>- Infected person should quarantine immediately for 10 days from the first day of symptoms or day of positive test.</li> <li>- Parent should contact their doctor and notify the River Dell Blackhawks coach and board ASAP.</li> <li>- Any player or coach in close contact with the infected person two days prior to symptoms/positive test, must also quarantine for 10 days and monitor their symptoms.</li> <li>- A player / coach may return <ul style="list-style-type: none"> <li>o 10 days since symptoms first appeared and</li> <li>o At least 24 hours with no fever without fever-reducing medication and</li> <li>o Other symptoms of COVID-19 are improving</li> </ul> </li> <li>-</li> <li>- Team play may continue.</li> </ul>
<p><b>Scenario 4:</b> Two or more players or coaches on the same team test positive within 14 days of each other, and the cases are linked to a clear alternative exposure that is unrelated to team activities (i.e. same household, party, or any other event outside of team activity).</p>	<ul style="list-style-type: none"> <li>- Infected persons must quarantine immediately for 10 days from the first day of symptoms or day of positive test.</li> <li>- Each parent of infected person should contact their doctor and notify the River Dell Blackhawks coach and board ASAP.</li> <li>- Any player or coach in close contact with any infected person two days prior to symptoms/positive test, must also quarantine for 10 days and monitor their symptoms.</li> <li>- A player / coach may return <ul style="list-style-type: none"> <li>o 10 days since symptoms first appeared and</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>○ At least 24 hours with no fever without fever-reducing medication and</li> <li>○ Other symptoms of COVID-19 are improving</li> </ul> <p>- Team play may continue.</p>
<p><b>Scenario 5:</b> Two or more players or coaches on the same team test positive within 14 days of each other and (1) the cases are linked together by some team-based activity; or (2) the connection between positive cases cannot be easily identified.</p>	<ul style="list-style-type: none"> <li>- Consider shutting down team for 10 days</li> <li>- Restart based on negative testing</li> <li>- A player / coach may return <ul style="list-style-type: none"> <li>○ 10 days since symptoms first appeared and</li> <li>○ At least 24 hours with no fever without fever-reducing medication and</li> <li>○ Other symptoms of COVID-19 are improving</li> </ul> </li> <li>-</li> </ul>
<p><b>Scenario 6:</b> More than two players or coaches on multiple teams test positive within 14 days and a clear connection between positive cases cannot be easily identified.</p>	<ul style="list-style-type: none"> <li>- Consider shutting down club wide activity</li> </ul>
<p><b>Scenario 7:</b> The River Dell Community has seen an increased risk of viral transmission within the school or local community due to local uptick in cases</p>	<ul style="list-style-type: none"> <li>- Consider shutting down club wide activity</li> </ul>